



11D and Fort Riley Monthly News Update



Managing Military ID Cards Just Got Easier



The Defense Manpower Data Center is making it easier for Service members and their families to get and maintain identification cards. The center has launched its Real-time Automated Personnel Identification System (RAPID), a self-service portal to allow anyone with the Defense Department's common access card, or CAC to apply for family ID or retirement cards or update dependents' statuses online. The change may seem procedural, but its impact will be big for those who, without it, have had to spend countless hours waiting in line with their families to get ID cards. Before RAPIDS, Service members, retirees and families had to go together to a Defense Manpower Data Center to submit an application form and wait while the ID card is being made. To read this article in full, please go to: <http://www.defense.gov/news/newsarticle.aspx?id=117899>

(Courtesy of AUSA)

New DOD Safe Helpline Mobile App Now Available



The Department of Defense (DoD) announced its new DoD Safe Helpline Mobile application. With this new app, Service members transitioning to civilian life will have access to critical resources that assists in managing the short and long-term effects of sexual assault. The DoD Safe Helpline Mobile App is free and available for download from the Apple and Android app stores. DoD administers Safe Helpline via a contract with the non-profit Rape, Abuse and Incest National Network (RAINN), the nation's largest anti-sexual violence organization. To learn more, please go to: <http://thankyouforyourservice.us/issue/september-2012/article/new-dod-safe-helpline-mobile-app-now-available>

(Courtesy of AUSA)

October 5, 2012

Calendar of Events:

- October 5 -8 - Division Training Holiday
- October 10 - National Disability Awareness Observance 1:00pm
- October 13 - Teen AFAP Conference
- October 16- 18 - Adult AFAP Conference
- October 26 - Network Meeting 10:30am
- October 27 - Military Appreciation Family BBQ 11:00am
- October 28 - HASFR Ghost Tours 4:00pm
- October 31 - Trick or Treat 5:30pm

Program Eases Voting for Military Families

See pages 13 & 14 for more calendar updates.



Federal voting officials want to ensure that Service members and their families are prepared for their votes to be counted. The Federal Voting Assistance Program has made the voting process easier for Americans serving overseas. The website includes a tab for each state's deadlines for registering to vote and casting absentee ballots. Additionally, it has online registration and absentee ballot assistance, and includes a mobile app. If you prefer to go in person, there are 221 installation voting offices, all of which the program supports. The Military Postal Service Agency provides free, expedited ballot delivery and ballot tracking to your local election office for overseas-based Service members and their families. Go to your local post office or postal clerk, use the Label 11 DOD form on your absentee ballot envelope and mail it. Go to <http://www.usps.com> to track the status of your ballot, according to the program's website. In order to view this entire article, please go to: <http://www.defense.gov/news/newsarticle.aspx?id=117826>

(Courtesy of AUSA)

Military Spouses Receive Fellowships to Conduct Financial Counseling

Fifty military spouses throughout the U.S. and overseas have been awarded the FINRA (Financial Industry Regulatory Authority) Investor Education Foundation's 2012 Military Spouse Fellowship. The fellowship provides spouses with the training they need to earn the Accredited Financial Counselor® (AFC®) designation. This accreditation will give these military spouses marketable job skills and the resources and expertise they need to help military families overcome financial obstacles.

The program, which began in 2006, is administered in partnership with the Association for Financial Counseling and Planning Education® (AFCPE®) and the National Military Family Association. The fellowship covers the costs associated with completing the AFC® training and testing. Since its inception in 2006, the program has awarded more than 1,200 fellowships to military spouses across the United States and around the world.

Recipients of the Military Spouse Fellowship commit to completing the courses of study and working in the financial counseling field serving their communities for up to two years. To date, spouse fellows have logged more than 337,000 hours assisting service members and their communities. Current accredited spouses serve as financial counselors at family readiness and support centers, credit counseling and tax centers, financial aid offices and local military credit unions throughout the U.S. and abroad.

For more information on the Fellowship visit <http://www.saveandinvest.org/MilitaryCenter/index.htm>

(Courtesy National Military Family Association)

New Resilience App Available

The Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury's (DCoE) National Center for Telehealth and Technology (T2) division created a new mobile application (app) called LifeArmor. The app provides information on 17 different areas related to common post-deployment issues and stressors that impact service members, along with their families and friends. The topics include: mild Traumatic Brain Injury; substance abuse; military sexual trauma; life stress; and anxiety.

The app provides interactive ways to engage users and offers available resources for support. For example, if a user wants to know if they have a sleep problem, they can use the tool to assess themselves, learn ways to cope, and connect with help, such as Military OneSource and the DCoE Outreach Center.

LifeArmor is available for iPhone, iPad, and Android systems. To learn more about the app, go to <http://t2health.org/apps/lifearmor%20>.

(Courtesy National Military Family Association)

Are you at Risk for Identity Theft?

To protect yourself from the frustrating and potentially financially damaging effects of identity theft, you should be on the lookout for a number of signs that someone may have accessed your personal or financial information.

Signs You May Be an Identity Theft Victim

The most obvious and common sign of identity fraud is charges you did not make showing up on your credit or debit card statement, but there are other, more subtle signs you should also watch for, including:

- You receive calls from creditors or collection agencies related to merchandise or services you did not purchase.
- Your credit card is declined though you know your account should be in good standing. Contact the card issuer immediately to find out if someone else has run up debts on your card.
- You don't receive your credit card bill in the mail. Someone may have stolen your information and had the statements rerouted to their address.
- You receive bills for medical services you did not receive. Accessing personal information through medical records is another form of identity theft that's on the rise.
- You receive a credit or debit card you didn't apply for in the mail or you receive bills for credit cards you don't hold.
- You're denied a loan or credit card or offered a higher interest rate even though you've always had good credit. This could be a sign that someone else has opened accounts using your identity and run up unpaid debts.
- Your credit report contains false information such as wrong addresses, employers, Social Security number, name, or other personal information.
- Your credit report includes inquiries from businesses or credit card companies you do not recognize. This could be a sign that someone is using your identity to apply for credit or loans or open bank accounts.
- You receive a notice of change of address or mail hold that you did not request from the post office.

You should check your credit report once a year at www.annualcreditreport.com, the government-approved source for free credit reports. This helps you know what is happening with your credit.

Roth TSP Implementation Continues

Throughout the year, we have shared information about the Thrift Savings Plan (TSP) accepting Roth TSP contributions. As of October 1, 2012 active duty members of the Army, Navy, and Air Force may elect Roth TSP. Active duty Marine Corps members, reservists, and all civilians paid by Defense Finance and Accounting Service (DFAS) have been able to participate in the Roth TSP since June 2012. Other branches of the National Guard and Reserves will be able to make Roth TSP contributions by 2013.

Eligible to Participate in the Roth TSP as of October 1, 2012

- Marine Corps, including active duty and Reserve members
- Federal Civilian Employees
- Active duty Army, Air Force, and Navy members

Eligible to Participate in the Roth TSP in 2013

- Reserve members of the Army, Air Force, and Navy
- National Guard members of the Army and Air Force

The introduction of the Roth TSP provides service members with an additional retirement savings option in the TSP plan. It provides greater flexibility in the tax treatment of your contributions. It will allow you to make after-tax contributions to your TSP account. These Roth contributions are tax-free when withdrawn; their earnings are also tax-free as long as certain IRS requirements are met. Service members should note that money already in a TSP account cannot be converted to a Roth account.

To begin making Roth TSP contributions, service members should determine how much of their pay is eligible. Service members are required to contribute an amount equaling 1 percent of their eligible pay to begin TSP contributions. For those who are not participating in traditional TSP investments, the initial Roth TSP election must meet this 1 percent requirement. The IRS maximum contribution to Roth TSP is currently \$17,000 per year. Service members can use pay earned in combat zones, and are excluded from federal taxes to contribute to Roth TSP. Eligible service members can go to <https://mypay.dfas.mil/mypay.aspx> or complete the Thrift Savings Plan TSP-U-1 Forms located at the www.tsp.gov website to begin deductions.

As with all tax matters, service members should seek advice from a qualified tax or financial advisor for information pertaining to your specific tax situation. In the meantime, visit the www.tsp.gov to find answers to general questions about Roth TSP. Additional information is on the way, including a Roth Decision Wizard (or calculator), which will allow you to compare the impact—now on your paycheck, and later on your account balance—of selecting Roth contributions or traditional contributions. Many Forms and Publications as well as website content, have been updated to include the Roth feature.

(Courtesy National Military Family Association)

PAY IT FORWARD PARENTING COM- PLIMENTARY ONE- YEAR ACCESS

Inspired by Joining Forces, Positive Parenting Solutions <http://www.positiveparentingsolutions.com> is proud to sponsor Pay It Forward Parenting, a program designed to give back and give thanks to military families for their service and sacrifice. Through Pay It Forward Parenting, Positive Parenting Solutions provides complimentary 1-year access to the award-winning Positive Parenting Solutions Online course (\$199 value). This comprehensive online training teaches parents of toddlers to teens step-by-step solutions to put an end back-talk, whining, tantrums, sibling rivalry, battles over homework & chores and just about any power struggle your kids can dream up! Since the training is on-demand, you can access the program 24/7 and learn at your own pace when it's convenient for you. Pay It Forward Parenting is available to all eligible military service members. This includes Active, Veteran, Reserve or Guard service members of the Army, Navy, Air Force and Marines. To enroll: <http://www.positiveparentingsolutions.com/giving-back>



DON'T TURN YOUR BACK ON DOMESTIC VIOLENCE

OCTOBER 2012



1st Annual DVA 5K "Domestic Violence Awareness"
Walk/Run
29 September 2012; 4:00pm to 6:00pm

Junction City Domestic Violence Taskforce is hosting their first Annual DVA 5K. Participants can run 5K or walk one mile in support of making the community aware of the impact of domestic violence in our community.

Location: Junction City High School Track

Call 785-762-4210 to register; there is a \$10 registration fee

Self Centered Marriage
12 October 2012 1:00pm-4:00pm (RSVP by Noon 10/19/12)



This workshop will introduce the approach of calmly focusing on one's own behavior, choices, and moods (which you can control) rather than your spouse's (which you cannot) which is the first step toward creating the relationship you really want. Bob Clifton, former New Parent Support Program Home Visitor, will lead this session.

Location: Army Community Service, Bldg 7264; Ft. Riley, KS

THE INFORMATION PRESENTED DURING THIS SESSION WAS PREVIOUSLY TITLED SCREAMFREE MARRIAGE BY HAL & JENNY RUNKEL.

Call 785-239-9435 to register

Applied Suicide Intervention Skills Training (ASIST)
10/3/12-10/4/12 & 10/15/12-10/16/12; 10:00am to 12:00pm
To teach participants how to become gatekeepers: identify potential warning signs, become vigilant of others who may experience a significant lost or problem that can lead to suicidal thoughts, how to properly respond (intervene), and become knowledgeable of community resources. This training is open to entire installation.

Location: Army Substance Abuse Program, Bldg 7424; Ft. Riley, KS

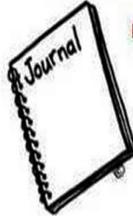
Call 785-240-5169 to register

"Journal To The Self"
18 October 2012 9:00am to 4:00pm

This opportunity is designed to increase understanding of the importance of journaling to release stress, tension and other strong emotions. This presentation is presented by the Human Service Department of Washburn University.

Location: Resiliency Learning Center; Bldg. 7285; Ft. Riley, KS

Please call 785-239-9435 to register



TBI Family Care Giving
4 October 2012 9:00am to 11:00am

Defense and Veteran's Brain Injury Center of Brookes Army Medical Center, San Antonio, TX will offer this VTC (video telephone conference) to educate civilian and military professional, social workers, health services personnel about various types of "challenges related to care giving."

Location: Warrior Transition Battalion Conference Room, Bldg 671; Ft. Riley, KS

Call 785-239-9435 to register

Master Resiliency Training (MRT)
3 November 2012 08:30am - 4:30pm



This course focuses on enhancing self awareness, self regulation, optimism, mental agility, strength of character, and connections especially as these competencies contribute to resilience.

Location: Army Community Service, Bldg 7264; Ft. Riley, KS

Please call 785-239-9435 to register

MY HERO

Stories by and about the 'Big Red One' Family

WHO IS YOUR BRO HERO?

Send a photo of your Big Red One hero and a few sentences about what makes your hero one of the best in the division to:

fightingfirstdivision@gmail.com

Submit your stories and photos by Oct. 24 for a chance to be featured in the Veterans Day edition of the 1st Infantry Division Post.

For more information, visit the 1st Infantry Division Facebook or contact Mollie Miller at 239-6821.

JAMIE JARBOE
FOUNDATION

Envision Xpress is teaming up with the Jamie Jarboe Foundation and we are asking for donations of all your old boots.

ANY COLORS AND IN ANY CONDITION!!

The Jamie Jarboe foundation was founded in 2012 in honor of fallen soldier SSG. Jamie Jarboe. SSG Jarboe passed away March 21, 2012 after being shot in the Zhari District of Afghanistan in April 2011. SSG Jarboe was assigned to 4th Squadron, 4th Cavalry Regiment, 1st ID. Let's help honor one of our own.

DROP OFF LOCATION:

ENVISION XPRESS
7929 Apennines Drive
Fort Riley, KS



Any Questions Contact
Stephanie Swint @ 785-239-4801.

If you want your soldier; active duty, reserve or veteran to be honored please submit photo with short bio!

www.jamiejarboe.org
www.facebook.com/jamiejarboefoundation
8554TeamJJF

Mailing address
PO BOX 3926
Topeka, KS 66604

Fort Riley's Army Family Action Plan (AFAP) Conference

First Army's Commanding General encourages leaders to discuss issues affecting all areas of readiness. To support Family Readiness, First Army conducted its first AFAP Conference in October 2009, which represented a diverse cross-section and demographic of First Army units, and served as a forum to make recommendations to improve the standard of living for all Soldiers and their Family members. Information on Fort Riley's annual AFAP Conferences are as follows: The Teen Conference that will be held at the Middle School/Teen Center Bldg 5800. This is for all middle and high school students of active duty, retiree, reserve and DA Civilians to discuss changes they would like to have here on Fort Riley. Their conference will be from 0900-1500 on 13 Oct. Lunch and snacks will be provided. There will be one or two from each group selected to out-brief the Command team at approximately 1100 on 18 Oct in Bldg 6620 gym. This will require the parent to request a release from school and arrange for the student to be brought to the out-brief and returned to school.

The Adult conference is 16-18 Oct and will be held in CYSS-Parent Central Bldg 6620. The conference times are 0830-1430. We will have childcare available and all parents MUST pre-register with me in order to reserve a slot. We encourage all Soldiers, Family members, retirees, reserve, DA Civilians etc. interested to complete the attached delegate registration form and either send back to me or drop off to me at Bldg 7264 - Main ACS.

What is AFAP?

AFAP is a grassroots process which identifies issues of concern for Army Families, and provides a way for you to let Army leadership know what works, what doesn't, and how you think problems should be resolved. The process begins with you and goes all the way to Headquarters, Department of the Army. The focus of AFAP is to improve Family programs, benefits, and entitlements for active duty, US Army National Guard, US Army Reserve, retirees, Department of the Army civilians, and Family members. The Chief of Staff of the Army implemented AFAP in 1983 to identify and resolve Soldier and Family issues which impacts the overall readiness of the Army. Many of the issues submitted through the AFAP process have resulted in legislative changes, policy and regulatory changes, and improvements to programs and services.

What is an AFAP "issue" and how do I submit an issue?

An AFAP issue is anything that concerns the well-being of any Active Duty, National Guard or Reserve Soldier, Family member, retiree, or civilian. It may be an issue that affects your local community specifically (e.g., physical fitness facilities) or a recommendation with Army-wide impact (e.g., benefits). Army Family Action Plan (AFAP) offers the Fort Riley community an issue resolution process through the quarterly AFAP Steering Committee and the annual AFAP Conference held in October. Utilize this form for issues beyond the scope of the Interactive Customer Evaluation (ICE) feedback system, whether it affects you here at Fort Riley or throughout the Army, your feedback is important. Email the completed form to becky.d.willis.civ@mail.mil or call AFAP at (785) 239-9435 with questions

What does AFAP/ ACS need from you?

1. ISSUES! Encourage your folks, active duty, Family members, retirees, DA civilians etc. to submit issues starting now. They can submit on the attached form or simply email to Mrs. Willis at becky.d.willis.civ@mail.mil the problem and how they would like to see it resolved. We want to have as many issues to begin with as possible and want to hear from as many as can't attend as possible. Even though a person plans to attend we would still like to have issues up front to begin discussions. No limits on the number of issues or the organizations.
2. VOLUNTEERS! We are also looking for Facilitators, Recorders, Transcribers and Issue Support (FRTIs) to help staff both teen and adult conferences. If interested please complete the FRTI registration form and send back to Mrs. Willis. There will be training for delegates and FRTIs will be scheduled and mandatory. We have tentative dates scheduled - Delegate Training 15 Oct, 1330-1500, Resilience Learning Center Bldg 7285. Following the training delegates will be given their group assignments and issues that have been submitted for that group. FRTI Training is being scheduled. Mrs. Willis is working to lock that in and will send out the date to interested folks as soon as she has a confirmation on date and times.

Point of Contact Information again is Mrs. Becky Willis , Readiness Branch Manager, Army Volunteer Coordinator at Fort Riley's ACS 7264 Normandy Blvd Fort Riley KS 66442 w) 785-239-4593/9435 or BB at 785-226-5761 or email at becky.d.willis.civ@mail.mil

See back page for issue forms.

Out and About the Fort Riley Area



ICE BREAKER TOURNAMENT

Oct. 12-13, 2012

The ARMY Hockey Team is Coming to Kansas City!

The 16th Annual Ice Breaker Tournament will hit the ice at the Sprint Center in Kansas City on October 12 & 13 featuring: **ARMY**, Notre Dame, University of Maine and University of Nebraska-Omaha

A limited number of tickets are available. Seats are located in the Sprint Center's lower bowl, Section 107 – behind the ARMY team bench. Tickets are sold as an "all-session pass" for \$50. That's 4 great games for \$50!

Interested in being part of a group representing Ft. Riley and the Flint Hills? Please contact Rich Crowley at (785) 307-0139.

Friday, Oct. 12 at 6:30 PM:
 Game 1: Notre Dame v. Maine
 Game 2: UNO v. ARMY

Sat., Oct. 13 at 3:30 PM:
 Game 1: Two losers
 Game 2: Two winners



The West Point Society of the Flint Hills cordially invites you to its Fall 2012 Picnic



Who:
USMA Grads and Families

What:
2012 West Point Society of the Flint Hills Fall Picnic

When:
Saturday, October 20, 2012; 4:30 – 7:30 PM

Where:
Anneberg Park Pavilion, 3801 Anderson Ave, Manhattan

Why:
Fun and Fellowship

Please RSVP NLT Wednesday, October 17:
 FLINTHILLSAOG@HOTMAIL.COM

Food: The society will provide burgers, hotdogs, soft drinks & water. BYOB.

Entertainment: Bounce house for the kids, and maybe a kickball game between the young and old grads...




REGISTRATION DEADLINE OCTOBER 22, 2012



YMCA 1st and 2nd CO-ED Basketball 2012 Registration Form

REGISTRATION DEADLINE: Monday, October 22nd, 2012

SEASON BEGINS: Season begins in November

Games will be played on Saturday mornings

FEE: \$27.00 (Includes T-shirt) We accept cash or check only.

NOTE: The 3rd - 6th grade basketball programs will start in January.



This league is for boys & girls in 1st & 2nd grade

NO PHYSICAL REQUIRED

\$5.00 late fee if not turned in by the October 22nd deadline

VOLUNTEER COACHES NEEDED. PLEASE CALL THE YMCA AT 762-4780

CHILD'S NAME: _____ Male Female PHONE: _____

ADDRESS: _____ CITY: _____

AGE: _____ DATE OF BIRTH: _____ GRADE: _____ SCHOOL: _____
 ** If in 6th grade, put elementary school you attended last year

SHIRT SIZE: Youth Medium Youth Large Adult Small Adult Medium Adult Large X-Large

Pd _____ W _____
 Recp. _____
 Name _____

The Junction City Family YMCA **does not** provide medical or accident insurance for any youth programs. It is the responsibility of the participant's parents or legal guardian to provide such insurance if desired. In consideration of my acceptance in these programs, I do, release and forever discharge, the Junction City Family YMCA, its officers, employees and agents, and its successors and assigns from any and all claims of demands which I may have or might have at any time now or in the future, arising or resulting directly from my child's participation in these programs, including but not limited to any illness, injury or occurrence arising there from. Furthermore, I declare my child to be in good medical condition for the participation in the above program. It is the Junction City Family YMCA's policy that all children wanting to participate in any YMCA sports program and can't afford to pay the fee, the YMCA will waive the fee. A \$5.00 processing fee is charged for any refund.

PRINT PARENT OR GUARDIAN NAME: _____

SIGNATURE OF PARENT OR GUARDIAN: _____

RELATIONSHIP TO PARTICIPANT: _____ DATE: _____

E-MAIL ADDRESS OF PARENT OR GUARDIAN: _____

Volunteer Coaching Information

I am willing to be a Volunteer Coach Yes or No If yes, please indicate what grade level _____

Name _____ Phone _____

FOR YOUTH DEVELOPMENT
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

Please Return Form to:

Junction City Family YMCA
 1703 McFarland Road
 Junction City, 66441
 Phone: (785) 762-4780

Partnered with:



Reference herein to any specific commercial products, process, or service by trade name, trademark, manufacturer, or otherwise, does not necessarily constitute or imply its endorsement, recommendation, or favoring by the United States Government. The views and opinions of authors expressed herein do not necessarily state or reflect those of the United States Government, and shall not be used for advertising or product endorsement purposes.

Out and About the Fort Riley Area



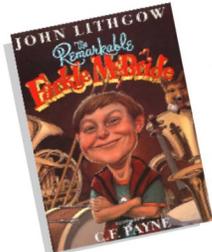
Tell Me A Story:

Making Connections and Finding Support through Literature

TMAS Event:

November 18, 2012

SAVE THE DATE



This story illustrates not only trying again and again, but how perseverance pays off in the end.

TMAS Event Book:

The Remarkable Farkle McBride

By John Lithgow

Sunday

November 18, 2012

3:00 PM

CYSS Building 6620

Fort Riley, KS

ADMISSION IS FREE

but space is limited!



Please reserve your space by emailing by November 11th:

PtoP.Riley@MilitaryChild.org

Or calling: (580) 284-8806

The Military Child Education Coalition's Tell Me A Story: Making Connections and Finding Support through Literature (TMAS) is an initiative created to empower our military children by using literature and their own stories. Tell Me A Story is geared toward children ages 4-12. Each family will receive a copy of the featured book. Hands-on activities, snacks, and a fun learning experience will be provided!

Questions about the MCEC Tell Me A Story Program? Contact Judy Glennon at 254.953.1923 or Judy.Glennon@MilitaryChild.org. To learn more about other MCEC programs and initiatives, visit www.MilitaryChild.org

909 Mountain Lion Circle • Harker Heights, Texas 76548 • Tel: 254.953.1923 • CFC #10261

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Job Fair

Riley's Conference Center

Oct. 23
Noon-4pm

"OPPORTUNITIES FOR ALL"
REGIONAL EMPLOYERS, CHILD AND YOUTH SERVICES, FORT RILEY PERSONNEL, EDUCATION AND TRAINING PROVIDERS, AND MANY MORE.

This Job Fair is open to Soldiers, military spouses and Families, Veterans and the public.
Don't miss your employment or education opportunity.

For More Information: Contact ACS Employment Readiness Program (785) 239-9435

BBQ FOR THE TROOPS

OCTOBER 27, 11AM-2PM
RILEY'S CONFERENCE CENTER
Free BBQ and fixings for the first 1,500

Prizes and drawings
CGMCG Wagon Rides
Family games
11D Band
Square dancing
USO Pumpkin Painting
Children's Activities

For more information: 785-239-4593

BBQ Brought to you by:
Scott Community Foundation, Clark Crew BBQ

SPONSORED BY:
University of Phoenix, USA Discounters, Little Apple Toyota/Honda, Freedom, Kansas State University, Pkzense, Raizes

Fort Riley Kansas Education Fair

Riley's Conference Center
November 13, 2012
446 Seitz Dr.
Fort Riley, KS 66442

1:00 PM to 5:00 PM

Over 60 Universities, Colleges, and Technical Schools from across the country available to provide guidance for you and your family members' path to higher education. Army Education Counselors and the Veterans Administration on hand for general education assistance and GI Bill Information.

This fair is open to all Fort Riley Soldiers and their Families, Veterans, DOD Cardholders and Surrounding Communities.

Contact the Fort Riley Army Education Center for further information at 785-239-6481 or email usarmy.riley.incom.mbx.education-service@mail.mil

Out and About the Fort Riley Area for Fall Events

Salina Area:

Sunny Side Pumpkin Patch -- 11500 S. Hopkins Road, Assaria, So. on Old 81 (Ninth St.) to Lappley Rd., turn left & follow signs, <http://sunnysidepatch.com> for directions or call 785-667-4668.

Pumpkin PaZoola- Oct. 13 –Rolling Hills Wildlife Adventure, (kids 12 & under get free pumpkin & free admission with paid adult), 9am-4pm

“Unleash the Terror” Haunted House, Oct. 26-27 – Smoky Hill Museum, 7-10pm (scary, fun!)



Malloween, Oct. 27 – Central Mall, 11am-3:30pm, booths, costume contest

Halloween Party, Oct. 28 – Bicentennial Center, 2-4:30pm, Parks & Rec event

FaBOOlous Feet, Oct. 28 – Salina Community Theatre, 5-9pm, treats & a dance show

Pumpkin Fest, Oct. 25 & 30 – Lakewood Discovery Center, 6:30pm (need reservations, Parks & Rec, 309-5765)

Oct. 31

Big BooRama– – Lee District, safe trick-or-treating downtown, 4-5pm

Halloween Party – Salina Public Library, 4pm, kids in costume parade around library, treats, and activities

Trick-or-Treat Street – Planet Ave., 10am-4pm, off S. Ninth Street, starts across from Central Mall, safe trick-or-treating

Safe Trick-or-Treating – Central Mall, 2259 S. Ninth, 5-7pm

Manhattan Area:

Pioneer Bluffs Fall Festival - Oct. 6

The annual Pioneer Bluffs Fall Festival, one of KANSAS! Magazine's 20 Reasons to Love Kansas, will be held Saturday, October 6. Bigger and better than ever, the Fall Festival will include a juried art show in the barn, quilt exhibit, old-time games, petting zoo, arts and crafts fair, demonstrations by spinners and weavers, music by area bands, and hog roast with locally grown food. An antique tractor ride and show that day is sponsored by Freddy's Frozen Custard and Steakburgers. Football fans will be able to watch the KU-KSU football game that day in HDTV in the loft of the 1916 granary at Pioneer Bluffs, thanks to Tom VanSickle, Inc., a Dish authorized retailer.



The Wizard of Oz - Sep. 28 - Oct. 14

We are bringing back our annual show "The Wizard of Oz" to coincide with OZtoberfest this year. Join us as we bring this classic to life and watch Dorothy discover "there is no place like home."

Where: Columbian Theatre, Wamego

When: September 28, 29 & 30. October 5, 6, 7, 12, 13 & 14. Friday/Saturday 7:30PM. Sunday 2:00PM.

Where: Sunset Zoo, 2333 Oak Street, Manhattan, KS 66502

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Out and About the Fort Riley Area for Fall Events



Manhattan area Continued:

SPOOKtacular -Saturday, October 20 through Sunday, October 21 at the Sunset Zoo, 2333 Oak Street, Manhattan, KS 66502. Trick or Treat through the animal collection from Noon - 4:30pm each day! A variety of local businesses & not-for-profits sponsor candy booths throughout the park. Come in costume, no matter the age! Promotional sponsorship provided by Manhattan Broadcasting's Z96.3, B104.7, KROCK 101.5 and KMAN 1350.

Fall Festival at the Lazy T Ranch - Oct. 6 - Oct. 28

Ron and Chris Wilson invite you to the Fall Festival at the Lazy T Ranch

Fun for the whole family!

Select and bring home pumpkins of various sizes

- Zoom down the Flint Hills Fun Slide
- Enjoy tasty concessions in the Cowboy Cafe
- Walk through the Meadow that's never been plowed and see the native prairie grasses and wildflowers
- Rope a genuine longhorn steer head
- Visit the animals—meet horses, beef cattle, llamas, dairy goats, sheep, rabbits, chickens
- Ride a pony
- Climb through the straw bale Kid's Castle
- Fire the giant Hedge Ball Slingshot
- Play on the Great Pumpkin Bounce House
- Leap off the Loading Chute Jump
- Play in a grain "bin"
- Visit the historic Persons Barn & Granary—on the National Register of Historic Places
- Ride in a pumpkin train or in the Purple Powercat train cars around the ranch
- Find your way through the Hay bale maze
- Enjoy fresh cider, juicy apples, hot popcorn, and other autumn treats

Where: Lazy T Ranch

When: October 6, 7, 13, 14, 20, 21, 27, 28 Saturdays 10 a.m. - 6 p.m.

Sundays 1-5 p.m.

Cost: \$5



Harvest Moon Dance at Blue Sage Barn at Prairiewood - Oct. 25

- Chuck Wagon Meal with all the trimmings by Cox Bros BBQ
- Two Step Dance Lesson by Washington Dance Studio with Ben and Jennie Stout
- Live Music by the Aaron Woods Band from Stillwater, Oklahoma
- Campfire throughout evening (including marshmallow roasting!) with live Cowboy Guitar Music by Dave Zerfas
- 2 Barn Bucks good for 2 drinks at Cash Bar
- Complimentary Cider and Root Beer

Where: Blue Sage Barn at Prairiewood

When: 6:00-10:00pm

Cost: \$50 per guest- (adult only event). Includes entire festivities listed in description

Boo Party - Oct. 31

Indoor trick-or-treating in a fun, climate-controlled atmosphere from 5:30-7:30 pm at Manhattan Town Center.

Where: Manhattan Town Center

Continued on page 8

Reference herein to any specific commercial products, process, or service by trade name, trademark, manufacturer, or otherwise, does not necessarily constitute or imply its endorsement, recommendation, or favoring by the United States Government. The views and opinions of authors expressed herein do not necessarily state or reflect those of the United States Government, and shall not be used for advertising or product endorsement purposes.

Out and About the Fort Riley Area for Fall Events

Manhattan area Continued:

Aggieville's Trick-or-Treat followed by the **K-State Homecoming Parade** - Oct. 26
Bring the little goblins and ghouls and enjoy traffic-free Moro Street and goodies galore! (some merchants have doggy treats too!) The K-State Homecoming Parade starts at 5pm. Be sure to check out the windows of your favorite merchant for "Paint the 'Ville"--student organizations paint spirited themed scenes during the week to add to the Homecoming atmosphere.

Where: Aggieville

When: 3:00 - 6:30PM

Cost: Free!



Junction City Area:

All Treats Day- Monday October 29th, 5:15pm (Line up between 9th & 10th Street for Parade) The parade of costumed children forms at the corner of Washington & 9th Street at 5:15pm, then marches down to 6th Street, preceded by the JCHS Marching Band. Downtown businesses then pass out candy and treats to the children. Kids of all ages and parents welcome to be in the Costume Parade.. Just Show up. Afterwards, children can enjoy games at the JC Municipal Bldg. located at 700 N. Jefferson Street beginning at 6:00pm. Admission is Free! For more information contact JC Area Chamber of Commerce at 785-762-2632.

Monster Myths by Moonlight- Saturday, October 13th from 6:00pm -8:00pm. Ride the hayrack and come explore the nature trail by moonlight. Learn the truth about spiders, snakes, bats, owls and other Halloween "Monsters". Come in costume if you would like, they will be in theirs! Enjoy cookies and cider with our own Mother Nature. This will all take place at the Milford State Park, 3612 State Park Rd. Event is Free however, a \$3.70 Daily Permit is required for entrance into State Park (if you have state park tag, you will not need to pay) For more information, contact 785-238-5323.



Zombie Toxin Haunted House- Friday October 5- 31, Weekends only (Thur - Sat, except first week and it will be Fri and Sat only), located at 417 Franklin Street, Junction City, KS. For more information and ticket prices please visit www.zombietoxin.com. They have special deals on certain nights so definitely visit their website.

Fort Riley Area:

OktoberFest - Prices: Single Ticket \$1.50, 10 Tickets \$13.00, 25 ticket package \$25.00, Wrist Bands (4 hr) \$15, Wrist Band Periods - Fri: 6-10 pm Sat/Sun: 1-5 pm and 6-10 pm, Mon: 4-8 pm
Located at the Rally Point Field.

Volksmarch - Sun, 7 Oct (starts at 1000, complete by 1700) \$5.00 per person (Children 12 and under free.) Begin and end at Rally Point. Paid participants receive memento at end of march (Pin plus choice of t-shirt, mug or glass.) Refreshments at turn around points 4k and 8k . Registration on day of event (registration closes at 1400).

BOSS Trunk or Treat - BOSS has planned an installation wide Trunk or Treat at the Commissary parking lot October 31st from 6pm-9pm. The event will consist of vehicles lining the parking lot with their trunk decorated in a Halloween theme. BOSS and the Commissary will be providing candy and Treats to children who do not wish to go door to door.
Post Trick or Treat, October 31, 5:30pm - Trick or treats can roam the streets of Fort Riley collecting candy and treats. Please watch for children running from house to house when driving through the housing areas.



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HASFR's Annual "Ghost Tours" set for October 28

Put on a comfortable pair of walking shoes, grab a jacket and flashlight and listen to the stories and legends that have haunted historic Fort Riley. The annual Ghost Tours, sponsored by the Historical and Archeological Society of Fort Riley, will begin at 4:00pm Oct. 28.

The first tour begins at 4:00pm and every 15 minutes after at Artillery Parade Field on historic Main Post. The last tour leaves at 7:00pm. Tours last about 1-1.5 hours.

Guides will lead groups of approximately 50 people to each of the eight stops on the 1-mile walking tour. Visitors will stop and hear tales of the unexplained and ghost stories that have been shared by past and/or present building inhabitants. The tours are free and open to the public, but donations are welcome. For a suggested \$5 donation, guests can get a "Fast Pass" to avoid the long waits. Fast Passes can be reserved in advance by contacting the HASFR Ghostess at hasfrghostess@gmail.com.

Refreshments will be served for a minimal cost. Proceeds and donations will go to HASFR to support community scholarships and future ghost tours. No reservations are needed, and the tour is stroller-friendly. Tour participants are asked to not bring pets, however. Artillery Parade Field is located on historic Main Post (same site as the Fall Apple Days Festival). Visitors are asked to park in the lot near Artillery Parade Field, off Pershing Court.

Those interested in volunteering – guides, storytellers, etc. – or for more information, contact Kim Wagenblast at hasfrghostess@gmail.com. For additional details, visit the HASFR Facebook page at www.facebook.com/fortrileyhistory

Our Community Spouse Club of Fort Riley presents:



The OCSC October luncheon!

We hope you can join us!

Date: Oct 18, 2012

Time: 11am-1pm

Location: Riley's Conference Center

Cupcake Wars!

Do you enjoy decorating cupcakes? How about eating them? Do you just love everything about cupcakes?

If your answer to any of those questions is "YES!" then invite a few friends and join us for the OCSC version of Cupcake Wars! All luncheon attendees are invited to submit one dozen decorated cupcakes for judging - prizes and bragging rights are awarded.



Make your reservations online at:

<http://www.fortrileyocsc.com/reservations>

or email us at:

reservations@fortrileyocsc.com

Join us for good deeds, good times and good friends...

All are welcome!



Fort Riley is Gearing Up for Flu Season

This year, Fort Riley's Department of Public Health will run their first Drive-Thru Flu exercise. The event is open to all military beneficiaries and will be from 11 a.m. to 1 p.m. Oct. 15 in the Riley's Conference Center parking lot.* Public Health aims to provide a convenient way for patrons to get their vaccinations, but this also will be an opportunity to evaluate concepts that will increase the installation's capacity to effectively respond to a disaster, like a flu pandemic.

Two areas in particular that will be assessed include social distancing, which is vital to decreasing illness, and the effectiveness of setting up and running a Point of Distribution site. Call 240-FLU for the latest updates on vaccine availability.

Occupational Health Section will be providing Influenza vaccinations at the Main PX and Commissary on these dates/times. This is for ID Card Holders, DoD employees. PX: 10 October 1200-1630, 24 October 1200-1630, 7 November 1200-1630, Commissary: 17 October 1000-1630, 1 November 1000-1630. Army Public Health Nursing is coordinating the Drive Through Influenza Clinic. I added CPT Bazan on this message as she can provide more information if needed. The Medical Homes, except Farrelly, have walk-in Influenza hours, Monday-Friday, 0830-1100, 1300-1600. Farrelly has Influenza vaccinations by appointments. Call 239-DOCS to schedule. All have extended hours Tuesday and Thursday, 1600-1700.

Running Technique Clinic



Do you want to learn to run more efficiently and with less strain on your back and knees? Do you need to run faster for your next APFT or race? Are your lungs on fire when you run uphill? Do your joints hurt when you run downhill? This 90 minute clinic will teach you how to position your body and foot strike to maximize your momentum and reduce your injuries. The clinics will be scheduled a few times a month at King Field House and Long Gym. There are only 4-5 minutes of running during the clinic for gait analysis so the clinic is fine for brand new runners. Clinics can also be scheduled for groups (unit PT, FRGs, etc) by contacting Angi. The clinic costs \$15 per person and includes instructional handouts. Please come dressed in running clothes to start the clinic indoors and then move outside for the gait analysis and uphill and downhill running section.

If possible, please sign-up and pay in advance with Vincent Spencer (Fitness Coordinator) upstairs in the Functional Fitness Area at King Field House. For questions or upcoming April and May dates, please contact Angi Buckley at angibuckley@yahoo.com.

2012

Fall Fest & Pumpkin Patch

Everyone of all ages come join us!
Fun, games and prizes

OCT 20
10am-noon

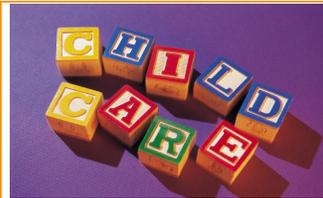
ACS Bldg. 7264 Normandy Drive
Registration is required by October 15
usarmy.riley.imcom.mbx.acs@mail.mil

785-239-9435

ARMY COMMUNITY SERVICE
ACS
Quality Solutions for Successful Army Lives

Families need to be involved with EFMP, NPSP, FAP or registered with the Hearts Apart Program.

FREE Child Care for FRG Meetings!!!



Fort Riley Child & Youth Services now provides free childcare for Family Readiness Group Meetings. This is open to all units on Fort Riley. Contact your FRG leader or Family Readiness Support Assistant (FRSA) to make your childcare reservation once CYS registration has been completed. CYS registration of your child or children is mandatory!

Location of childcare will be determined by the age of child/children; the sites of childcare are Warren Road Child Development Center, Bldg. 6950 and/or School Age Services, Bldg. 5810. Time of childcare offered is from 6:30pm to 8:30pm. Reservations for care will be taken up to three days prior to scheduled childcare opening!

Future dates of childcare are as follows:
October - 9th & 23rd
November - 13th & 27th

For more information, please contact the Central Registration office at (785)239-9885 or stop by Bldg. 6620 Normandy Dr.

For more information, please contact the Central Registration office at (785)239-9885 or stop by Bldg. 6620 Normandy Dr.

Kids Lock In Night

October 13
6pm-1am

Unlimited drinks and bowling
Cost is \$7.50 per child
Must be at least 10yrs old.

Parents must sign in and sign out when picking up child.
Emergency Contact information MUST accompany child.
No one else will be permitted to pick them up.

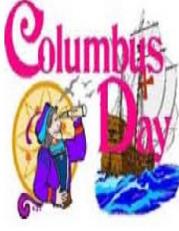
Bowling

For more information call: 785-239-4366
www.rileymwr.com/bowling

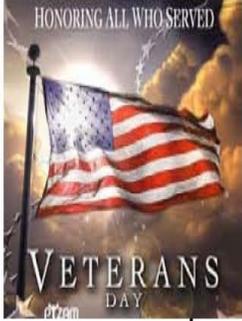
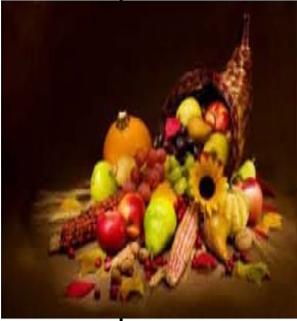
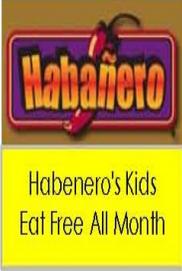
Ever wish you could compliment someone for doing a good job or wanted to make a complaint but didn't know where to go? Click on the following link and leave your ICE Comment and it goes to the appropriate personnel to take care of your concern. http://ice.disa.mil/index.cfm?fa=site&site_id=17



October

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 KSU Landon Lecture Series featuring Chairman of the Joint Chiefs of Staff GEN Martin Dempsev	2	3 97th MP BN Change of Command and Change of Responsibility 10:00am Manhattanh MRC Luncheon 11:30am	4 Garrison ORG Day Memorial Service (T) 11:00am	5 Garrison RDO Day Little Apple BDE Hail and Farewell	6
						Division Training Holiday 5-8 OCT
7	8 Columbus Day	9	10 National Disability Employment Awareness Observance 1:00pm	11	12 USO "No Dough" Dinner 5:00pm @ Fire Station 5	13 Teen AFAP Conference Eisenhower Presidential Wreath Laying Ceremony 10:30am Army/Air Force Flag Football Game 1:00pm
Division Training Holiday 5-8 OCT						
Fort Riley Oktoberfest 5-8 October						
14 SCCA at Marshall Airfield	15	16	17	18 OCSC Luncheon "Cupcake Wars" 11:00am	19 Garrison RDO Annual Retiree App Day 8:00am	20 Fort Riley Pumpkin Patch 10:00am
AFAP Conference 16-18 OCT (FERTI Training 15 OCT 9:00am-12:00pm)						
21 Army Ten Miller	22	23 Fall Job Fair at Riley's Conference Center 12:00pm	24 FRG Senior Spouse Council Mtg (VTC for satellite units) 9:00am	25 Defensive Driving Course for Spouses and Dependents	26 Ft. Riley Network Meeting 10:30am Warren- Petersen Halloween Fun House - Picerne 5:00pm	27 Halloween Spooktakular Run 10:00am Military Family Appreciation BBQ 11:00am
AUSA Conference in Washington DC 22-24 October						
28 HASFR Ghost Tours 4:00pm	29 Custer Hill Bowling Lanes Grand Opening	30 USO "No Dough" Dinner 5:00pm	31 Halloween Post Retirement Ceremony 10:00am Post Trick or Treat 5:30pm BOSS Trunk or Treat 6:00pm			

November

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3 KSU Military Appreciation Game
4 Daylight Savings Time End	5 Operation Santa Claus Opening Ceremony 10:00am	6 Volunteer of the Quarter Ceremony 6:00pm	7 Manhattan MRC Luncheon 11:30am	8	9 Garrison RDO Manhattan's Veteran's Day Parade 9:30am (T)	10 1940's USO Hanger Dance
Division Training Holiday 9-12 November						
11 Veteran's Day American Legion Breakfast	12 Veteran's Day OBS.	13	14 USO "No Dough" Dinner 5:00pm	15 OCSC Luncheon "Make it, Bake it, Fake it" 11:00am	16 German/Italian Memorial Ceremony 10:00am	17 Turkey 2 Miler 7:30am 11D St. Barbara's Day Ball
Division Training Holiday 9-12 November						
18	19	20	21 Native American /Indian Heritage Observance 11:45am	22 Thanksgiving	23	24
Division Training Holiday 22-26 November						
25	26	27	28 FRG Senior Spouse Council Mtg (VTC for satellite units) 9:00am NOV/DEC Combined Retirement Ceremony 10:00am	29	30 Ft. Riley Network Meeting 10:30am	

Send your events, news, contact information, etc., to:

Stacie Dumas
1st Inf. Div. FRSA Building
580, Room 333

All information needs to be received by September 24, 2012 for the next monthly newsletter.

Phone: (785)240-1251
Fax: (785)239-0416

E-mail:
stacie.r.dumas.civ@mail.mil
or
stacie.dumas@us.army.mil

GOT NEWS!!!



On the Web!

1st Infantry Division & Fort Riley Homepage - www.riley.army.mil

Fort Riley MWR - www.rileymwr.com

Army vFRG - www.armyfrg.org

Fort Riley Religious Support - www.riley.army.mil/UnitPage.aspx?

US Army Homepage - www.army.mil

MyPay - <https://mypay.dfas.mil>

Irwin Army Community Hospital - <http://iach.amedd.army.mil>

Ready Army - www.riley.army.mil/areainfo/readyarmy.aspx

Fort Riley MWR Twitter Page - <http://twitter.com/rileyfmwrbear>

1ID Facebook Page - <http://www.facebook.com/1stInfantryDivision>

Fort Riley Facebook Page - <http://www.facebook.com/FortRiley>

1ID Flickr Page - <http://www.flickr.com/photos/firstinfantrydivision/>



Did You Know?



United Nations formally established when necessary number of members ratified charter, October 24, 1945.

- More American Presidents were born in the month of October than any other month. They were John Adams, Rutherford B. Hayes, Chester Arthur, Theodore Roosevelt, Dwight Eisenhower and Jimmy Carter.
- October ends on the same day of the week as February every year.
- Football usually dominates the scene in October. Hockey also begins its season in October. And, the World Series will steal some of the spotlight from other sports.
- Free rural delivery of mail began in the United States, October 1, 1896.
- First "Model T" Ford put on the market, October 1, 1908.
- Abolitionist John Brown and his men seized the United States arsenal at Harpers Ferry, Va. (now W. Va.), October 17, 1859.
- First general court in New England held, Boston, October 19, 1630.
- Battle for Leyte Gulf in the Philippines began in World War II, October 23, 1944.
- First transcontinental telegram sent, October 24, 1861.
- Harvard College founded, October 28, 1636.
- Statue of Liberty dedicated, October 28, 1886.
- Blackest day in stock market history, October 29, 1929.
- October is Domestic Violence Awareness month.
- President Harry S. Truman made the first presidential telecast address from the White House, October 5, 1947.
- Chicago fire began, and burned for about 30 hours, October 8, 1871.
- U.S. Naval Academy opened at Annapolis, Md., October 10, 1845.



Fort Riley

AFAP Issue Resolution Form

Army Family Action Plan (AFAP) offers the Fort Riley community an issue resolution process through the quarterly AFAP Steering Committee and the annual AFAP Conference held in October. Utilize this form for issues beyond the scope of the Interactive Customer Evaluation (ICE) feedback system, whether it affects you here at Fort Riley or throughout the Army, your feedback is important. Email the completed form to becky.d.willis.civ@mail.mil

Call AFAP at (785) 239-9435 with questions.

Issue Information
Issue Title: (what is the problem) example: Increase Service Member's Group Life Insurance Benefits
Scope: Why is it a problem?
What is the impact of the problem?
Provide facts and other pertinent information.
Whom does the issue affect? <small>(Click all that apply)</small> <input type="checkbox"/> Soldiers <input type="checkbox"/> Family Members <input type="checkbox"/> Civilians <input type="checkbox"/> Retirees <input type="checkbox"/> Veterans <input type="checkbox"/> Other <u>Please describe</u>
Recommendation: what is your desired outcome, what do you want to happen, does it require change to regulations
1.
2.
3.
Contact Information (optional): Personal information is not shared or used for any purpose other than to verify information on issue resolution form. Name: _____ Phone: _____ Email: _____



Fort Riley



Demographic Data

What constituent group do you identify with the most?

(Please select one)

- Active Duty
 National Guard
 Army Reserve
 Family Member
 Civilian (AF, NAF, or DOD)
 Civilian Contractor
 Retiree
 Veteran
 Other Service
 Surviving Spouse
 Teen
 Other Please describe

What is your military status or that of your spouse?

(Please select one)

- Junior Enlisted
 Senior Enlisted
 Warrant Officer
 Company Grade Officer
 Field Grade Officer
 N/A

Marital Status?

(Please select one)

- Single
 Married
 Unaccompanied

Family Status?

- Do you have children? Yes No
 Are you a single parent? Yes No
 Are you dual Military Parent? Yes No

Where do you reside?

(Please select one)

- Barracks/BOQ/BEQ
 On-Post Housing
 Off-Post Housing

Please submit prior to October 12, 2012