

THE RILEY BUGLE CALL

SEPTEMBER 2009



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Garrison Commander, Fort Riley, KS
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Irwin Army Community Hospital (IACH): **Immunizations**

Senior citizens, young adults and children can benefit from immunizations. Many adults become ill, disabled or die each year from diseases that could easily have been prevented by merely being immunized.

Immunizations prevent the spread of diseases among people in the community where they live and work. Work time and compensation are often lost due to doctor visits and hospitalizations as a direct result of illness.

Healthcare providers encourage people to keep timely immunizations to prevent becoming more susceptible to serious diseases caused by common infections. Recommend immunizations follow:

- Influenza (flu),
- Pneumococcal polysaccharide (PPSV),
- Td/Tdap (Tetanus, diphtheria, pertussis),
- MMR (measles, mumps and rubella),
- varicella (chickenpox), and
- Hepatitis B.

Additional immunizations may be required for college students, young women and travelers. People who have chronic illness such as heart disease, lung disease and liver disease are more vulnerable. Other risk factors include alcoholism, cigarette smoking and drug addiction.

For military personnel, immunizations are required because they protect personal health and help maintain mission readiness. Even though immunizations have reduced diseases to low levels in the United States, many diseases are still common in other parts of the world. Soldier readiness processing for deployments could require additional immunizations depending on associated geographical health risks.

Soldiers, Family members, and civilian personnel should work closely with their healthcare providers to schedule immunizations and ensure up-to-date immunizations. To request an appointment, call (785) 239-DOCS (3627) or visit TRICARE On-line at www.tricareonline.com. To cancel an appointment, call the 24-hour cancellation line at 239-8428.

Protect your eyes while playing sports

Sports related eye injuries happen as a result of direct contact with sporting equipment and other competitors. According to Prevent Blindness America, more than 40,000 people suffer eye injuries while playing sports on an annual basis. By understanding safety practices and merely using proper protective eyewear, the risk of eye injury can be decreased and prevented.

Protective eyewear is only effective when used. Wearing protective eyewear should be used no matter the age of the participants. Use is encouraged as a protective measure for all ages when playing any sport. Safety goggles with lensed polycarbonate protectors should be used for racquet sports or basketball.

In general, the sports with highest risk for sports-related eye injury for players not using protective equipment are basketball, racquetball, lacrosse, baseball and paintball. Sports that present a medium risk for sports-related eye injuries without the use of protective measures include tennis, football, golf and soccer.

When purchasing protective eyewear, make sure the eyewear is specifically designed for that sport or other activity. Check the label on the product to verify that the product has been tested, approved and certified. It's important to remember that whatever game, whatever age, participants need to protect their eyes.

Pharmacy Wait Times Improves at IACH

The IACH pharmacy staff continues to monitor daily business operations to increase overall customer satisfaction through investments in technology, manpower and furniture. According to daily IACH main pharmacy data, the rate of prescription fills and refills ranges from 706 to 2,358. Patients average two prescription requests per visit.

Process improvement initiatives for the main pharmacy were implemented June 15, 2009. IACH's goal is to fill 90% of the prescriptions in 15 minutes or less. This standard does not apply to patients with more than five prescriptions or to those requiring additional research to clarify the prescription.

One effort to reduce pharmacy wait times is the use of a new ticketing system with only one priority. The "Active Duty in uniform" category has been eliminated. The "A" ticket designation is for everyone on a first come, first served basis and the "B" ticket is for called in refills. Everyone has priority.

Another key effort that has transformed the IACH main pharmacy customer service is the Composite Health Care System, IACH's electronic health record system. CHCS provides instant access to invaluable patient medical information including current diagnosis, prescriptions and tests results. This information is essential to individual patient assessment results and prevents negative drug interactions.

Additionally, IACH continues to employ an aggressive employment recruitment campaign to develop a more robust pharmacy staff. In fact, seven employment vacancies for pharmacists have been advertised, three of which have been filled and two additional selected candidates are pending acceptance. By expanding the number of trained providers who see patients, the 15 minute wait time goal is very realistic.

To make the pharmacy visit experience as comfortable as possible, IACH has invested in modernized furniture for the waiting room. The new interior design evokes a comfortable atmosphere that will stand the test of time and durability.

The main pharmacy will fill any available prescription on formulary. "Phoned in" refill orders are dispensed exclusively at the IACH pharmacy. This eliminates the pharmacy's inability to fill a prescription that IACH does not carry. During visits with off-post providers, patients should encourage their provider to use the IACH formulary online at: <http://iach.amedd.army.mil>, and follow the "pharmacy" tab to the on-line formulary. The hours of operation for the main pharmacy are from 7:30 a.m. to 6:00 p.m., Monday through Friday and are open to all beneficiaries. The IACH main pharmacy is closed on weekends and Federal Holidays.

Officers Civilian Spouses Club (OCSC):

OCSC September Luncheon

"Polish Pottery Trivia"

September 17th, 11AM

Marriott in Junction City

RSVP at www.thefortrileyocsc.com or call 785-784-2509

Fort Riley Thrift Shop:

The Post Thrift Shop's summer operating schedule is Tuesday and Thursday from 9:30 a.m. to 2:30 p.m. and Wednesday from Noon to 6 p.m. The Dollar Bag Room will be open from Noon to 5 p.m. on Wednesdays. The 1st and 3rd Saturday hours remain the same opening at 10 a.m. and closing at 1 p.m. with the Dollar Bag Room closing at Noon. Consignments are Tuesday and Thursday 9:30 a.m. to 1 p.m., Wednesday from Noon to 5 p.m., and the first and third Saturdays from 10 a.m. to Noon.

Beginning 30 September the Thrift Shop will be switching to their Fall hours. The Shop will be open Tuesday through Thursday from 9:30 a.m. to 2:30 p.m. with consignments from 9:30 a.m. to 1 p.m. The Shop will continue being open on the 1st and 3rd Saturdays from 10 a.m. to 1 p.m. with consignments from 10 a.m. to Noon. The Dollar Bag Room will be open on Wednesday from 9:30 a.m. to 1 p.m., and Saturdays from 10 a.m. to Noon.

Directorate of Plans, Training, Mobilization & Security

The Security Office offers free fingerprinting for Ft. Riley Soldiers and Family members.

For more information, please call 239-6348

Location: Bldg 500, Room 105.

Please call 239-6348 to make an appointment.

Staff Judge Advocate:

The American Recovery and Reinvestment Act of 2009 –

The Making Work Pay Tax Credit Provision

Information for Individuals

General Information

In 2009 and 2010, the Making Work Pay provision of the American Recovery and Reinvestment Act will provide a refundable tax credit of up to \$400 for working individuals and up to \$800 for married taxpayers filing joint returns.

This tax credit will be calculated at a rate of 6.2 percent of earned income and will phase out for taxpayers with modified adjusted gross income in excess of \$75,000, or \$150,000 for married couples.

Check Your Withholding

How will the Making Work Pay tax credit affect you?

Most wage earners will benefit immediately — or already have — with a larger paycheck as a result of the changes made to the federal income tax withholding tables to implement the Making Work Pay tax credit. Some people may find that the changes built into the withholding tables result in less tax being withheld than they prefer.

If you're not eligible for the Making Work Pay tax credit, withholding changes could mean a smaller refund next spring. A limited number of people, including those who usually receive very

small refunds, could in some situations owe a small amount rather than receiving a refund. Those who should pay particular attention to their withholding include:

- Pensioners (see more information under Pensioners, below)
- Married couples with two incomes
- Individuals with multiple jobs
- Dependents
- Some Social Security recipients who work
- Workers without valid Social Security numbers

The Making Work Pay tax credit, normally a maximum of \$400 for working individuals and \$800 for working married couples, is reduced by the amount of any Economic Recovery Payment (\$250 per eligible recipient of Social Security, Supplemental Security Income, Railroad Retirement or Veteran's benefits) or Special Credit for Certain Government Retirees (\$250 per eligible federal or state retiree) that you receive. If you are affected by this reduction, you should review your withholding to ensure that sufficient funds have been withheld to meet your tax obligation.

If you believe your current withholding is not appropriate for your personal situation, you can perform a quick check using the IRS withholding calculator at www.irs.gov. Adjustments can be made by filing a revised Form W-4, Employee's Withholding Allowance Certificate, with your employer.

Pensioners

Pensioners do not qualify for the Making Work Pay credit, unless they receive earned income. However, because the February withholding tables also apply to pensioners, the IRS has provided pension plans with an optional adjustment procedure. If you are a pensioner with questions about your withholding, contact your pension plan administrator.

If desired, pensioners can adjust their withholding by filing [Form W-4P](#), Withholding Certificate for Pension or Annuity Payments.

Self-Employed

Self-employed individuals can also benefit now from the Making Work Pay tax credit by evaluating their expected income tax liability, allowing for this tax credit if they are eligible, and making the appropriate adjustment in the amount of their regularly scheduled estimated tax payments.

CUSTOMER MANAGEMENT SERVICES:

- **Web Based Customer Service Assessment - August 24 – September 18, 2009**
Customers who live, work or do business on Fort Riley will have an opportunity to provide detailed feedback about all of the post's services. The Customer Service Assessment is a web-based, diagnostic tool that allows IMCOM customers (supported organization leaders, Soldiers, Civilians, Retirees, Families, and Veterans) to tell us their perceptions of how our services are performing and how important our services are to their organizational mission accomplishment and individual needs. This is the only tool of its kind that asks installation leaders and individuals to provide direct feedback so Garrisons, Regions, and HQ IMCOM can analyze customer perceptions to ensure we are capturing the *voice of the customer*.
- Within the survey, customers will be asked to rate service performance on a scale of 1 (very poor) to 5 (excellent), and importance, also on a scale of 1 to 5. The customer will also have the opportunity to specifically comment on services and issues at Fort Riley. The more customers in each category who take the 20 to 30 minutes to complete the assessment, the more accurate and substantial the data collected.
- You can access the Customer Service Assessment through the internet at home or work by going to <http://www.myarmyvoice.org> from August 24 through September 18, 2009.
- The data will be returned to the installation, where it will be used to identify and document best practices in areas and develop plans for improvement in others. For more information about the Customer Service Assessments, call Fort Riley's Customer Service Officer at 239-2540.

COMMISSARY:

Our hours of operation are:

Monday- Saturday 9:00AM-8:00PM

Sunday- 10:00AM-6:00PM

Early bird shopping hours are 7:00-9:00AM

The Fort Riley Commissary will be having a Case lot sale on September 18 and 19 2009. The hours for the sale are 09:00-18:00. It will be a good time to stock up on paper products and other items in bulk.

Item are subject to availability, first come first serve.

We have 4 self checkouts for your shopping convenience

40 items or less, there is a customer service personnel here to assist you if you need help.

The deli –bakery and produce and meat department can do special order trays with 24 hrs advance.

The Commissary it's worth the trip where you save 30% on your total grocery bill.

Our phone # is 785-239-6621.

We value your service.

Fort Riley Veterinary Services: | Bldg. 226 Custer Ave. |

Bldg 226 Custer Avenue

- Operating Hours
Monday thru Friday 7:30 am – 3:30 pm
- Wednesday - Open until 5:00 pm
- Registration for pets is Thursday & Friday

All pets residing in Fort Riley Housing must be registered with Veterinary Services.

Pets (Cats/Dogs) must be registered within 10 days of arriving onto Fort Riley. Registration is free but must be done in person; this process cannot be done over the phone, bring proof of any vaccinations your pet may have already received. Registration may include the animal being micro chipped (if not done previously). The cost for the micro chip is \$15.00.

Veterinary Services does offer vaccinations and sick call for your furry family members. All appointments for treatment can be made by calling 239-3886 or 240-0307.

For more information on Veterinary Services visit www.riley.army.milUnitPage.aspx?unit=veter

Fort Riley Stray Animal Facility

Hours of operation are:

- Monday thru Friday 10:30 am – 3:30 pm
- Adoptions are done until 3:00 pm Monday thru Friday

Directorate of Family, Morale, Welfare, and Recreation (DFMWR):

Bowling Alley:

Custer Hill Lanes-Bowling Hours: Bldg. 7485, (785)239-4366.

Custer Hill Lanes and Snack Bar Hours:

Sunday thru Thursday 11:00am - 10:00pm

Friday & Saturday 11:00am - 12:00am

Strike Zone Bar Hours:

Sunday thru Thursday 5:00 - 10:00pm

Friday & Saturday 5:00pm - 12:00am

Custer Hill Golf Course: Bldg. 5205 (785)784-6000.

• **Hours of Operations:**

Pro Shop and Golf Course Hours:

September 1 – September 8, 2009

Monday	11:00am – 8:15pm
Tuesday - Friday	8:00am – 8:15pm
Saturday, Sundays, and Holidays	7:00am – 8:15pm

September 9, 2009 – September 20, 2009

Monday	11:00am – 8:00pm
Tuesday - Friday	8:00am – 8:00pm
Saturday, Sunday, and Holidays	7:00am – 8:00pm

September 21, 2009 – September 30, 2009

Monday	11:00am – 7:45pm
Tuesday - Friday	8:00am – 7:45pm
Saturday, Sunday, and Holidays	7:00am – 7:45pm

ALL RENTALS ARE DUE BACK INTO THE PRO SHOP 15 MINUTES PRIOR TO CLOSING. \$5.00 LATE FEE FOR ALL EQUIPMENT TURNED IN LATE

Snack Bar Hours:

Monday – Friday:	11:00 am – 1:00 pm
Saturday, Sunday, and Holidays	CLOSED

- **Driving Range:** The Driving Range is now open at night for your convenience. Purchase your tokens or keys in the Pro Shop, or our machine takes \$1 bills (only), and you can hit golf balls at night. All you have to do is turn on the lights, and don't worry; we'll turn off the lights when you are done.
- **Membership:** Didn't get your membership during the membership drive? PCSing or ETSing during the year? Deploying out? Don't worry. We can prorate your membership out to when you are leaving if you have your orders. Don't have your orders? We can refund the remainder of your membership when you receive your orders (will take effect the last day of the month that you leave).
- **CG Payday Scramble:** September 18 at Custer Hill Golf Course. Cost is \$40 for members and \$50 for non-members. This event will be a 4-person Scramble with a 10:30 Shotgun Start. **Check out our website at WWW.RILEYMWR.COM for an updated listing of events and tournaments.**

Rally Point: Bldg. 2600 (785) 784-5733.

- Rally Point will be closed from July 1, 2009 to approximately November 1, 2009 for renovations.

Riley's Conference Center: Bldg 446 Seitz Dr Main Post 784-1000

Office Hours:

Sunday, Monday	Closed
Tuesday, Wednesday, Friday	8:00am – 5:00pm
Thursday	10:00am – 7:00pm
Saturday	10:00am – 12:00pm

Sundae Sunday Brunch

Come out to Riley's Conference Center, September 20 for the sweetest brunch ever! Enjoy traditional brunch items like fresh fruit, scrambled eggs, and savory lunch items from 10am-2pm. This Sunday, we will feature a build your own sundae bar, complete with all the choice toppings.

\$13.95 per adult | \$6.95 per child
Call 784-1000 for reservations.

Arts & Crafts Center: Bldg. 6918 (785) 239-9205

Monday & Tuesday 1:00 – 8:30pm,
Wednesday, Saturday, & Sunday 9:00am – 4:30pm,
Closed on Thursday and Friday and Holidays

Classes – We offer a variety of classes; a specialized wood working area, a matting and framing area, Crochet and Knitting.

Coffee Groups, FRGs, and Scouts - come in for a crafts class set up just for your group.

Custom Services- Professional Matting & Framing, Imprint Shop, Laser Engraving.

Automotive Skills Center: Bldg. 7753 Apennines Dr, 239-9764/4028.

Wednesday-Friday 1:00 – 9:00pm
Saturday-Sunday 9:00am-5:00pm
Monday & Tuesday Closed
Automotive Car Wash Open 24 hours

- Our facility offers
 - Open bays with a complete tool set and roll-around bench for customer use.
 - 15-Suspension lift bays
 - 1-12,000lb lift bay for older vehicles that supports the vehicle's tires.
 - Trained mechanics available for assistance and advice
 - Complete tool room
 - Auto parts store located in facility
 - Mitchell on-demand technical information available on DVD
 - Body shop providing expert advice and instructions
 - Paint booth with drive through capability
 - State of the art engine rebuild and machine shop
 - 8-bay car wash with power washers and vacuum cleaners
 - Inline fuel filter removal bay
- Our Services Include
 - Overnight Parking
 - Tire Mounting, Balancing and Repair
 - Engine Computer Monitor
 - Air Conditioning Service
 - Brake Drums and Rotors Turned
 - Hydraulic Press
 - Welding Services
 - Flywheel Grinding
 - McPherson Strut Replacement
 - Broken Bolt Removal
 - Pack Wheel Bearings
 - Engine Rebuilding Services
 - Ball Joint Removal/Installation
 - Fuel Injector Cleaning
 - Valve Grinding

- We offer a free 25 point automotive vehicle check for deployed Soldier's Family members. Must have verification of Soldier or unit deployment, ID card and vehicle registration or title.
- Do you want to learn more about the vehicle you are driving? Why not take advantage of the free basic automotive repair class? The classes are scheduled every Thursday from 6:00 – 7:00pm. Call for more details.

Outdoor Recreation Center (ODR): Bldg. 9011 Rifle Range Rd, 785-239-2363.
Open 7 days a week from 9am – 5pm and closed all federal holidays.

Canoe Trip

September 5 \$15

Join us for a canoe trip down one of the local scenic rivers. Pack a lunch and bring a friend. River route will be determined based on current water levels. Stop by the Outdoor Recreation Center for more information and to check out our potential routes.

Horseback riding at Sun Rock Ranch.

September 12 \$30

Join us for a ride through the beautiful Flint Hills of Kansas. Riders must be 12 or older and riders under the age of 18 must be accompanied by a parent or guardian. Each ride will last approximately 1 hour and 15 minutes. Visit Outdoor Recreation for times and to sign up.

Paintball Tournament

September 26 \$20

Call for more information.

Rock Springs Ranch - Horseback riding and Canoeing

September 26 \$23

Join us for an exciting day of horseback riding and canoeing at Rock Springs. This is a great way for a Family to enjoy a day out together in the beautiful flint hills of Kansas. Take a relaxing canoe ride in the morning then enjoy lunch at the Rock Springs cafeteria, followed by a horseback ride.

Information, Ticketing & Registration (ITR): Bldg 6918 Call 239-5614 or 4415

ITR - Located in Bldg 6918, New Fall Hours: Mon-Fri 1000-1700, Closed Sat, Sun & Holidays. Call 785-239-5614 or 239-4415 for further information.

Silver Dollar City (Branson, Mo) - Don't miss Silver Dollar City's National Harvest Festival, Sep 12- Oct 31 which is Mid-America's largest fall festival. Discover 30 thrilling rides and attractions, hundreds of musicians and craftsmen from across the nation and the live stage production, "Headin' West". Your second day and children (one per adult) are free when purchasing your tickets through ITR. Discounts are also available for numerous other attractions and hotel accommodations in Branson.

KC Chiefs Football - Limited seats available through ITR. Grab some friends and tailgate at Arrowhead Stadium. Support your home town team.

- Sep 20 Oakland Raiders
- Oct 4 New York Giants
- Oct 11 Dallas Cowboys (SOLD OUT)
- Oct 25 San Diego Chargers
- Nov 22 Pittsburgh Steelers
- Dec 6 Denver Broncos
- Dec 13 Buffalo Bills
- Dec 20 Cleveland Browns

Stop by ITR for further information on numerous "Military Salutes" going on in Florida and California for Disney, Universal & Busch properties.

Fort Riley Library: Bldg. 5306, 239-9582

Hours of Operation Monday Closed
 Tuesday – Saturday 11:00am-6:00pm
 Sunday Noon-5:00pm

Sports: Facility Hours of Operation

FACILITIES

King Field House Bldg 202, Main Post 239-3868

5:00am-9:00pm Monday-Friday
9:00am-9:00pm Saturday/Sunday/Holidays

Leonard Fitness Center Bldg 7632, Custer Hill 239-5771

5:00am-8:00pm Monday-Friday
10:00am-5:00pm Saturday/Sunday/Holidays

Craig Fitness Center Bldg 7024, Custer Hill 239-5562

5:00am-9:00pm Monday-Friday
1:00-8:00pm Saturday/Sunday/Holidays

Long Fitness Center Bldg 8069, Custer Hill 239-4683

Long Fitness Center is closed until approximately November 9, 2009 for renovation.

Robinson Fitness Center |Bldg 7832, Custer Hill 239-4480

5:00am-8:00pm Monday-Friday
Noon-7:00pm Saturday/Sunday/Holidays

Skating Rink

- Riley Wheels Skating Rink is ready to host your next private party, with blocks of time available from 6:00pm to 10:00pm on Friday, 10:00am to noon on Saturday, and 3:00 pm to 5:00pm on Sunday. We will provide a clean and friendly atmosphere for you, your family and friends.
- If you don't need to party, then just come by the Skating Rink and enjoy our open skating sessions that are available. With two sessions available on Saturday, from 1:00pm to 4:00pm and 7:00pm to 10:00pm. Then another session on Sunday from 1:00pm to 3:00pm. Call 239-3764 for more details.

Pools:

Custer Hill Pool

Aug 17 - Sept 7:	Monday - Friday	4:00pm-8:00pm
	Saturday - Sunday	11:00am-8:00pm

Main Post Pool

Aug 17 - Sept 7:	Monday - Friday	2:00pm-6:00pm
	Saturday - Sunday	Noon-6:00pm

Eyster Pool

Until 7 September	Monday - Wednesday - Friday	5:00am-1:00pm
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	Tuesday - Thursday	11:00am-1:00pm
	Saturday - Sunday	Noon-4:00pm
Sept 8,'09 - May 29 2010:		
Monday - Wednesday - Friday	5am-1pm/4pm-8pm	
Tuesday - Thursday	11am-1pm/4pm-8pm	
Saturday - Sunday	Noon-6pm	

OUTDOOR POOLS WILL CLOSE 8 SEPTEMBER 2009

Fees: Daily Entry Fees:

FREE Lap Swimming
 \$3.00 - Guest (may be "signed in" by an active duty Soldier, spouse of active duty Soldier or retiree).

\$1.50 - ID card holder
 3 years and younger are FREE with a paying adult

Season Passes (September 1, 2008 - May 15, 2009):

	Single Soldier	Family
Quarterly (3 months)	\$15	\$35
Semi-Annual	\$60	\$80
Annual	\$110	\$150

Please note all children 12 years and younger as Family members must be accompanied by a parent or guardian 18 years of age or older.

STAR BRIGHT SWIM LESSONS: Private swim lessons with one instructor. 6 classes within a two week time frame that are 45 minutes long will cost \$70.

SPOT LIGHT LESSONS: Semi-Private swim lessons with no more than three students per one instructor. 6 classes within a two week time frame that are 45 minutes long will cost \$45/student.

- **MOMMY AND ME TIME:** (daddy's welcome too!) Come enjoy a fun and playful hour with your little ones at Eyster Pool 11:30am-12:30pm for \$3/family. May 9
- **Private Pool Parties:** Eyster Pool will be available for private pool parties on Friday nights after 8:00pm, Saturdays and Sundays before 1:00pm or after 6:00pm. Please call 239-9441 for available dates, times and quotes.

FITNESS - September

- The fitness department offers fitness classes seven days a week. Interval Boot Camp is back on the schedule and Circuit Breaker is another addition.
- Fitness assessments will be offered from 9:00-11:00 am on September 15th and 29th, 2009. The length of the assessment may vary, depending on the number of participants. Body composition testing will be offered from 12:00-1:00 pm on September 22nd. Body composition and fitness assessments are now offered through appointments, as well.

The 2009 Fort Riley Splash-N-Dash Sprint Triathlon consists of a 500 meter swim, 14.3 mile bike, and a 4.2 mile run. Registration for the event is open until September 9th and mail in registration is open until September 2nd. No same day registrations will be accepted. Splash-N-Dash registration forms can be found at www.rileymwr.com. Please call the fitness office (785)-239-2813 or (785)239-3146 for more information on our services.

BOSS:

5 on 5 Paintball Tournament

Fill up your air tanks...BOSS is hosting a 5 on 5 Paintball Tournament, Sept. 12. Don't have a gun? No worries, BOSS has your back. We will enjoy a day of paintball at the Ft Riley Outdoor Recreation Center.

Call 239-8147 for more information.

Comedy Club: Stanford & Sons in the Legends Plaza

Join BOSS for a good time and laughs, Sept 19. We will be taking a trip to Stanford & Sons Comedy Club in the Legends Plaza, KC. We will catch the famous comedian, Rob Little, with the best seats in the house.

BOSS will provide FREE transportation, and admission to the club is FREE. Sign up early, we are limited to 23 seats. The bus leaves ITR at 4:30pm. Only open to BOSS Soldiers. Call 239-8147 to reserve your spot.

Dave & Buster's / Legends Trip in September

Join BOSS for a trip to the Legends Plaza in Kansas City. BOSS will storm Dave and Busters, Sept. 25. This trip includes FREE transportation, leaving ITR at 11am. Only open to BOSS Soldiers. Sign-up with BOSS at 239-8147.

Child, Youth, & School Services (CYSS) (785) 239-9885:

CYS Central Enrollment Registry (CER) Bldg. 6620 Normandy Drive

Hours of Operation: Monday–Friday, 7:00am-5:00pm

Walk-in registration hours are Monday - Friday, 8:00am-12:00pm

SKIES Unlimited 785-239-9885

All participants must be registered with Child Youth & School (CYSS) Services, Bldg 6620. Space is limited. Classes are subject to change without notice. Sports Physicals are not required to enroll for SKIES classes. Four free classes to the child of a deployed Soldier, a copy of orders are needed! Instrument rental, uniforms and testing fees are not covered!

Wanted. Instructors are needed in a variety of areas to include: Art, English, Math, Science, Guitar, and Piano.

SKIES New Classes

- Intro to Public Speaking Workshop
Sessions: September 21-25 and October 19-23
Ages 12-18, 6:00pm-7:00pm
Cost: \$25 per workshop (*1 week in length*)
Classes held at CYSS Services, Bldg 6620
- Home Alone Class
Session Date: September 19
Session Time: 3:30pm-5:30pm
Ages: 10 and up
Cost: FREE to Families registered with CYSS
Classes held at SAS, Bldg 5800
- Introduction to Horseback Riding
Session Dates: September 12, October 10, and November 14
Session Times: 10:00am-12:00pm and 1:00pm-3:00pm
Cost: \$30
These will be group sessions of 10 kids per class and kids must be registered with CYSS.

- Jr. Golf
Session Dates: September 1-October 8
Session Times: 5:15pm-6:00pm on Tuesdays (ages 5-10)
5:15pm-6:00pm on Thursdays (ages 11-18)
Ages: 5-10 and 11-18
Cost: \$60 per 6 session workshop
Classes held at Custer Hill Golf Course, Bldg. 5202

Parent Education Plan

Parent Education Opportunities: For additional information contact CER 239-9885

**Held in the CYS Services Training Room, Bldg 6620 Normandy Drive unless otherwise stated*

- September 3, 2009, Homework Hints for Success, 5:00pm-5:45pm, no RSVP required.
- September 8, 2009, Child Abuse Prevention, 8:00am-10:15am, RSVP to 240-2822 by September 4th.
- September 16, 2009, My Food Pyramid, 12:00pm-1:00pm, Bldg 5800/MST, RSVP to 239-9923 by September 15th.
- September 16, 2009, Sign Language for young children, 6:30pm-8:00pm, Childcare will be provided at no charge but pre-registration is required. RSVP to 240-2822 by September 14th.
- September 22, 2009, Interpersonal Communication, 12:00pm-1:00pm, RSVP to 240-2822 by September 21st.
- September 23, 2009, Ideas for Tackling and Understanding Challenging Behaviors, 6:30pm-8:30pm, Childcare will be provided at no charge but pre-registration is required. RSVP to 240-2822 by September 21st.
- September 28, 2009, Put Reading First: Birth thru Preschool, 12:00pm – 12:45pm, RSVP to 240-2822 by September 25th.
- September 30, 2009, Positive Discipline for Preschoolers, 6:30pm-8:00pm. Childcare will be provided at no charge but pre-registration is required. RSVP to 240-2822 by September 28th.

Warren CDC

- We currently have additional Pre-toddler and Toddler spaces available! For more information please call 239-4847 or 240-3263.

Warren East CDC located near the old PX

- **NEW LOCATION: Free Saturday Deployment Care:** September 12 and 26 from 9:00am -1:00pm for children of deployed Soldiers. Children ages six weeks up to Kindergarten are eligible for the free care at the CDC. Lunch will be served. Children must be registered with CYS Services to participate in this program, and parents must make a reservation by noon.

School Age Services (SAS) Bldg. 5810 Thomas Ave:

- This elementary school age program is nationally accredited by the National After School Association (NAA) and provides Before and After School programs for Kindergarten-5th Grades. Transportation is provided to and from on-post schools. Hourly care is also available, however parents must make reservation by noon the day prior to ensure transportation. For more information please call 239-9220 or 239-9225.
- **Free Saturday Deployment Care:** September 12 and 26 from 9:00am -1:00pm SAS, Bldg. 5810, for children of deployed Soldiers. Reservations are required by noon each Thursday prior to the Saturday opening. This program is subject to cancellation if there are not enough reservations.

Middle School and Teen (MST)

Welcome Students to School Year 2009-2010. Permission slips for transportation to the teen center after school, are available at the teen center.

Upcoming Events:

- September 4, 2009, MST Dance, 8:00pm-10:30pm. Cost is \$1.50 for members, \$2.50 for non-members.
- September 12, 2009, Late Night Basketball Tournament, 8:00pm-11:00pm, Open to all teens, \$1.00 to watch. \$2.00 to play. Members can bring one guest.
- September 18, 2009, MST Dance, 8:00pm-10:30pm. Cost is \$1.50 for members, \$2.50 for non-members.

Join the Fort Riley Teen Center for our weekly activities which include: Sports, Smart Girls, Girls with a Future (GWAF), Tech Club, D&D Gaming, Anime Club, High School specific activities, Power Hour, Photography Club, Arts & Crafts, Passport to Manhood, and Cooking Club. These activities are all provided at no cost to the participating youth. For more details, please see the MST front desk or call 239-9222 for additional information.

Find MST on Facebook <http://www.facebook.com/fortrileyteen>

Follow MST on Twitter <http://twitter.com/fortrileyteen>

HIRED! - A career field exploration for 15-18 year old high school teenagers!

Teenagers get the opportunity to explore different career opportunities at facilities on Fort Riley AND attend workforce preparation workshops like resume writing, interview skills, problem solving, effective communication, financial management, college preparation, and a lot more! This is a great experience with lots of benefits for life after high school! For more information e-mail susanne.prindall@us.army.mil or call 785-239-9217.

Youth Sports

- Family Fitness Night, September 25, from 6:00 – 7:00 pm, at the Teen Center, Bldg. 5800. Families with children of all ages are invited to participant in this high energy program. For more information, please call the Youth Sports & Fitness office at 239-9223/9200.
- Outdoor Adventure Camping Trip. Grades 6-12, September 11-12 Grades 3-5, September 18-19., \$10 Registration fee includes supper Friday night, breakfast Saturday morning and transportation from bldg. 5800 to Milford Lake and back. To participate register at CYSS Central Registration Office, Bldg. 6620 by September 4 for older youth and September 11 for younger youth. For more information call 239-9223.

Call 239-9223 for additional information on youth sports programs. We need volunteer coaches.

School Liaison Services

239-1648
240-3261
240-3260

Youth Sponsorship Program

The Youth Sponsorship Program is available to all active, retired and reserve military youth in the Fort Riley area. The Youth Sponsorship Program has active volunteers at CYSS School Age Services and the CYSS Middle School Teen Center to welcome incoming youth and assist with their transition. Participation in the Youth Sponsorship Program as a volunteer or a new member of the Fort Riley community will: Promote youth awareness and involvement at Fort Riley, encourage new friendships, gain information about schools in the area, strengthen youth independence through Youth Sponsorship. Please call 785-240-3261

College Prep Series

Come take part in the new "College Prep Series"! You can pick and choose classes that meet the needs of your Family – Multiple classes for Parents and Students of all ages. Prizes awarded in May, based on participation throughout the series.

- September 16, 2009, Creating Portfolios, 7:00pm-8:00pm, Bldg. 6620.
- September 17, 2009, Transitioning for School Success, 7:00pm-8:00pm, Bldg. 6620.
- September 19, 2009, ACT Test Preparation, 7:00pm-8:00pm, Bldg. 6620.

USD 475 Junction City-Geary County Schools:

USD 475 (Geary County-Junction City, Fort Riley, Milford, and Grandview Plaza) website: <http://www.usd475.org/>
Tel: 785-717-4000

USD 383 Manhattan-Ogden Schools:

USD 383 (Manhattan-Ogden) website: <http://www.usd383.org/>
Tel: 785-587-2000

- To receive a listing of all 17 school district websites, calendar and other important SLO information go to the SLO website: <http://www.rileymwr.com/web-content/subpages/cysschool.html>.

Picerne Housing Office:

Utility Conservation Tips

You can view your statement and get conservation tips online. In order to view your statement use the following link www.ista-direct.com. Once you arrive at this page click on the Army icon, and then select the "My Account Tab." If it is your first time logging in you will need your account number. You can then set up a username and password. In addition to account updates, the website offers a variety of energy conservation tips for you and your family.

FREE Fall Carnival

Picerne's annual free Resident Fall Carnival will be Saturday, September 12, on the field next to Rally Point. The carnival will run 11 a.m. to 3 p.m. There will be plenty of free food and fun for everyone!

We will be offering multiple rounds of BINGO, cake walk, games with prizes, demonstrations and Water Wars! All the activities are free.

A children's pedal-pull will also be available, offering nine different age groups for children ages four to 12 years to participate. Registration for the free pedal pull will be from 11 a.m. to noon,

the day of the Carnival and the first age group will compete at noon. This is a sanctioned Pedal Pull, so winners will be qualified to compete at the Kansas State Fair in Hutchison, Kan. call 717-2218 for more information.

For additional information about the free Annual Resident Carnival contact your Neighborhood Office or call 717-2200.

Forsyth Neighborhood Center Grand Opening

The Forsyth Neighborhood Center Grand Opening ceremony will be Friday, September 25, at 1 p.m. Everyone is welcome to attend the ceremony and then take a tour of the 13,000 plus square foot facility. The Neighborhood Center will offer the neighborhood staff offices, fitness room, half court gymnasium, locker rooms, meeting room, Wi-Fi access and more. The swimming pool will open in 2010.

Labor Day hours

Neighborhood Offices will be open 9 a.m. to 1 p.m. on Labor Day, September 7.

Special Office Hours

All Neighborhood Offices will be closed on Saturday, September 12 for our annual Resident Carnival.

All Neighborhood Offices will be closed from Noon to 3 p.m. on Friday, September 25 for our Neighborhood Center grand opening.

Army Community Service (ACS): | 7264 Normandy Drive | 239-9435

Employment Readiness Program (ERP):

- The Employment Readiness Program (ERP) was established to provide employment assistance to members of the "Army Family". These services are offered on an appointment basis. Appointments cover topics such as: resume styles, editing and review of the client resumes, cover letter examples, job search information and eligibility for specialized programs. To schedule an appointment or questions on employment, please contact ERP at 239-9435, or via email teresa.jo.johnson@us.army.mil
- Listed below are some special programs every spouse should know about:
- Employment Readiness Program hosts weekly "Job Seekers" workshops on Tuesday and Thursday 1-4 pm. These classes are small and provide a great opportunity to visit one on one with the ERP Team. Additionally, instructors will provide you information on Employment Readiness Program and federal versus civilian resume styles. Call us for a spot in these classes.
- Career Advancement Accounts – the Department of Defense implemented the Military Spouse Career Advancement Account Program, providing assistance to spouses of active duty services members, Guard and Reserve with a spouse on orders for one year, supporting their pursuit of a successful, long-term, portable career. This virtual program, accessed through Military One Source, will provide counseling and funding, up to \$6,000, to assist with licensure, certification or education opportunities leading to portable employment opportunities. This Department of Defense funded program is available NOW. Program specifics are available for your review at www.militaryonesource.com, or by attending the weekly CAA Training offered by the Employment Readiness Program. ERP can be contacted at 785-239-9435
- Employment Readiness Program is hosting the Barton Community College GED Class. Class started 9 July 2009. Get ready to take your GED in a classroom setting. Call Barton or ERP for further class dates and information on the program.
- Unemployment Benefits – Quit a job to PCS with active duty sponsor? You might be entitled to unemployment. Pick up applications for the dislocated workers program at the ERP office or go to www.uibenefits.dol.ks.gov to put in an unemployment application today.
- ERP also offers monthly RESUMIX/Resume workshops. If you are interested in registering for any of our workshops, or for dates and times on the workshops check out the Employment Readiness website at:
www.rileymwr.com/pages/acsSUBpages/acsERP.html

Army Family Team Building (AFTB):

- If you are interested in learning about resources that are available to you or find that most are speaking a language that sounds more like alphabet soup than English, then you could benefit from the Army Family Team Building (AFTB) classes. Army Family Team Building offers classes every Friday, 11:30am-2:30pm, at ACS Bldg. 7264. Free childcare will be provided at Armed Services YMCA in Junction City at 111 E. 16th Street for those attending the classes.
- NOTE: You **must** contact the AFTB Program Manager to pre-register your children. For more information or to speak to the Program Manager please call 239-9435.
- If you, your unit/battalion, Family Readiness Group or other group would like to schedule separate Level I, II or III classes, please contact the Program Manager. These classes can be held at your location or at ACS Bldg. 7264 (room permitting). There is a minimum of five people required to hold a class and two weeks' notice is needed for planning.

Army Volunteer Corps (AVC):

- Army Community Service (ACS) is home to the Army Volunteer Corps, which is the center of volunteer recruitment, referral, recognition, and advocacy efforts for Fort Riley. Volunteers can be placed in a wide variety of positions throughout the installation. Through volunteer service, individuals can learn or enhance skills, get to know the community and meet new people, build their resumes, and more. For further information, please call the Army Volunteer Corps office at 239-9435. We look forward to seeing you in our community!
 - Become an ACS Volunteer!
 - At ACS our volunteers obtain valuable work experience and opportunities for training to learn new skills, opportunities to increase marketable job skills and to assume responsibility in leadership roles, the enjoyment of meeting and working with a variety of people, the satisfaction of contributing to their community, and recognition for their contributions.
 - **FREE CHILDCARE!** ACS volunteers are provided 25 free hours of childcare monthly per Family. We also actively participate in the Fort Riley volunteer awards program to recognize our volunteers. There are volunteer opportunities for everyone whether you want to give your time every week, once a month or once a year.
 - The different Volunteer positions that are offered here at Army Community Service are as follows: Information & Referral (I&R), Exceptional Family Member Program (EFMP), Relocation Readiness Program (RRP), New Parent Support Program (NPSP) and Army Family Team Building (AFTB) programs.
 - Getting started as a volunteer is easy: come into the AVC office to discuss what you might be interested in and fill out a registration form.
 - For information on volunteer opportunities at ACS, call the AVC office at 239-9435 or stop by to find the perfect volunteer opportunity for you.
 - Volunteer Management Information System (VMIS) The Volunteer Management Information System was developed to give the Army a real-time snapshot of volunteer activities at any given time, at any given installation. VMIS provides all of the tools needed to track AVC volunteer hours, manage and track volunteers, post open positions, print reports, and much more. All volunteer hours will be tracked through the VMIS System. You may visit www.myarmylifetoo.com for additional information on this new system. Volunteer Management Information System Classes: Introduction to using the VMIS system. Search and sign up for volunteer positions, track your hours, awards, training, and more!! Call the AVC office to find out about our next class or to schedule a group class for your organization.

Army Family Action Plan (AFAP):

- It is never too late or too early to submit issues to the AFAP Program Manager. As you see or encounter things on our installation or in the Army overall that need changed or implemented, submit the suggestions. Our leaders and directorates cannot make changes if they do not know a problem exists. Issues can be submitted by using the Fort Riley Web page (<http://www.riley.army.mil/UnitPage.aspx?unit=ACS.afap&nav=FamSvcs>) or by calling ACS at 239-9435.

Exceptional Family Member Program (EFMP):

- Eligibility for EFMP Respite Care: Funding will be based on EFMP enrollment, exceptional Family member's medical condition and deployment needs. Soldier and exceptional Family member must be enrolled in program. The qualifying Family is eligible to receive a maximum of 40 hours of respite care monthly for each certified Exceptional Family member. If Family receives respite care funds from another source, they would not qualify for EFMP respite care funds for that month. Respite Care money can now be used for Summer Camp for those who qualify. It is one camp per child per summer. The money spent on the camp may be more than what the Family currently qualifies for per month. If a Family opts for camp, they cannot access regular respite money for the month that the child attends camp. Contact ACS, Exceptional Family Member Program at (785) 239-9435.

Exceptional Family Member Program and New Parent Support Program offers:

- **Oh! Oh Baby it's Your Day.** This is a free program to all Military Families who have children from birth to Kindergarten, testing for Vision and Hearing health as well as a developmental assessment entitled Ages and Stages. Screening dates are September 16 and November 18, 2009, 1:30-4:30pm. Location for this is in the Army Community Service Building 7264, Normandy Drive, and call for more information 239-9435.

Family Advocacy Program:

Army Domestic Violence Prevention Month Campaign, October 2009

Theme: **"Make the Right Choice-ACT TO PREVENT DOMESTIC ABUSE"**

Each year The Family Advocacy Program in agreement with Department Of The Army rally together, to heighten community awareness to prevent domestic violence from occurring. Leaders at all levels of command and residents of our installation, will join together to create a community of ZERO tolerance of domestic abuse. You can also be a part of this effort! Contact Family Advocacy Program to learn what you can do ensure the safety and well-being of all Soldiers and Military Families.

Family Advocacy Program

239-9435

Army Community Service. Bldg. 7264 Normandy Drive

New Parent Support Program (NPSP):

NPSP FALL TRAINING SCHEDULE

SEPTEMBER 2009

- NPSP ANNUAL BIRTHDAY CELEBRATION!

9/3/09 3-5PM (ACS)

Once a year, the NPSP Families get together to celebrate all the birthdays of our little friends; and it's time again! Please plan to attend - we're planning a great time! Please RSVP by noon on September 2, 2009.

- Help Your Child Be All They Can Be!

Through Healthy Brain Development

September 9, 2009 9am-Noon (ACS)

Did you know that the first three years of every child's life offers magnificent opportunities for learning? The key to unlocking your child's potential is by understanding how their sweet little brains develop during these fun yet critical years. This session is designed to help parents and care givers of children birth to three years old learn practical - everyday- tips and techniques to maximize learning opportunities for little ones thus enhancing their brain development.

- **LETTERS FROM DAD**

September 10, 2009 1-2:30pm (ACS Annex)

Do you struggle with or sometimes worry about communicating your deepest most heartfelt thoughts, hopes and concerns to your loved ones? Would you like to learn how to gift these treasures to your wife, children and other extended family members?

- Join the Chaplains and the Family Advocacy Program for the "Letters From Dad" workshop. In this workshop you will learn to:

- . Write and say things you have always wanted to say but just didn't know how
- . Create letters of love that can be treasured by your Family
- . Speak these deep, heartfelt gifts to your Family

- **LOVE AND LOGIC; Early Childhood Parenting Made Fun!**

September 17, 2009 9am-Noon (ACS)

This course is designed for Families with children ages 0-6 years old and to help parents create happy Families and responsible kids by;

- . Learning to allow them to grow through their mistakes
- . Learning to allow them to learn from the consequences of their choices
- . Learning shared "control"
- . Learning shared "thinking and decision making"
- . Providing the opportunity to build "self-concept"

- **BEING A SINGLE PARENT**

September 22, 2009 10am-Noon (ACS)

This class is designed to give single parents and intermittently single parents ideas, tools and techniques that will boost parenting confidence, re-energize parenting goals and enhance parenting success.

LIMITED CHILD CARE AVAILABLE (MUST RSVP TWO DAYS PRIOR TO CLASS FOR CHILD CARE!!!); SHOT RECORDS A MUST!!

Mobilization & Deployment/Family Readiness:

2009 Class Schedule:

FRG Leader Class—Instruction and guidance to assist newly appointed FRG Leaders and Commanders:

September 16, 2009	Part I	6:00pm – 9:00pm
September 17, 2009	Part II	6:00pm– 9:00pm
October 3, 2009	Part I & II	9:00am– 4:30pm
November 18, 2009	Part I	9:00am- Noon
November 19, 2009	Part II	9:00am– Noon
December 16, 2009	Part I	6:00pm– 9:00pm
December 17, 2009	Part II	6:00pm– 9:00pm

Key Caller Class – Instruction and guidance to assist newly appointed FRG Key Callers:

10 Sep 09	6:00pm - 8:30pm
9 Oct 09	9:30am – Noon
5 Nov 09	6:00pm - 8:30pm
10 Dec 09	9:30am – Noon

Funds Custodian Class – Instruction and guidance to assist newly appointed

FRG Funds Custodians:

24 Sep 09 6:00pm – 8:00pm

10 Nov 09 6:00pm – 8:00pm

Free Child Care for all FRG Classes. You must pre-register when signing up for the classes.

Parents must bring up to date shot record for each child. (No sandals or flip-flops allowed) All children must have close toed shoes on if walking. Crawling children must have at least socks on their feet.

Relocation Readiness:

Stop by and visit with our Relocation Readiness staff. We have many programs to help serve you upon your arrival, and as you depart our installation. We look forward to meeting you soon! We are located at:

Army Community Service (ACS)

Custer Hill, 7264 Normandy Drive

Contact Information: 239-9435

Email rile.dmwracs@conus.army.mil

Additional information can be found on the Fort Riley website at <http://www.riley.army.mil/UnitPage.aspx?unit=ACS.relocation>

- **Welcome Center.** Army Community Service, Relocation Readiness would like you to know about our two Welcome Centers. Stop in and say “Hello,” if you are just arriving or happen to come in to use another service.

Marshall Airfield

Interstate 70, exit 301

885 Henry Drive

Monday–Friday

8:00am–6:00pm

Main Post

210 Custer Avenue

Monday–Friday

8:00am–4:00pm

“KIOSKS” Stop by one of the Army Community Service One Stop Kiosks – your direct link to online services, on-post services, way-finding maps and thousands of DoD web pages with vital information for work and play.

Locations:

ACS, 7264 Normandy Drive

ACS Annex–FRG, 1020 Huebner Road

ACS Welcome Center

Bldg 885

Carr Hall, 45 Barry Ave.

In-Processing, 210 Custer Ave.

Post Exchange, Bldg 6914

Soldier Family Assistance Center (SFAC), Bldg 671-A

- **“Discover Riley’s Treasures”** – This program is extending an invitation to all Soldiers, Families and civil service employees that are new to our community, or would like to learn more about the area. Come experience Fort Riley and what the surrounding communities have to offer during your stay here. Please contact the Relocation staff to reserve your seat now!

Time: 8:30am – 12:30pm
Date(s): Sep 24th
 RSVP By: Sep 21st
Date(s): Oct 29th Nov 26th Dec 24th
 RSVP By: Oct 26th Nov 23rd Dec 21st

*Relocation staff also present information on the Military Personnel and Family In-processing every Wednesday at Riley’s Conference Center 446 Seitz Drive off of Huebner Road (near the hospital).

- **Hearts Apart** is a time when a Family member with Soldiers on an unaccompanied tour, TDY or at present is currently deployed can come in to learn about resources, gather information and network among one another. Registration is a must and required one week in advance. Children that need childcare will be required to have their current shot records presented the day of the event.

Date: September 10th
 RSVP: September 7th
 Time: 6:30 – 8:00pm
Date: October 8th
 RSVP: October 5th
 Time: 10:00 – 11:30am
Date: November 12th
 RSVP: November 9th
 Time: 6:30 – 8:00pm
Date: December 10th
 RSVP: December 7th
 Time: 10:00 – 11:30am

- **Multi-Cultural:** This unique one-session program addresses many of the concerns foreign-born spouses have about life in the United States. Topics of discussion include support and networking, continuing education, finding a job and citizenship concerns. This workshop is open to all active duty Service members and Family members.

Time: 9:00 - 11:30am
Date(s): Nov 12th
 RSVP By: Nov 6th

- **Permanent Change of Station (PCS) Briefings:** Are you departing Fort Riley and trying to prepare for your new adventure? Come join us as we share information to help make your transition smoother. Enrollment for this required training is mandatory.

South Korea	Germany	Stateside	Overseas
1:00 - 3:00pm	1:00 - 3:00pm	1:00 - 2:00pm	1:00 - 2:00pm
September 1	September 8	September 15	September 22
October 6	October 13	October 20	October 27
November 3	November 10	November 17	November 24
December 1	December 8	December 15	December 22

- **Reentry.** As most Families in the military are aware, returning home to the United States from an overseas tour can be exciting, daunting and just outright scary at times. This workshop is for those of you who would like a little cultural integration back into the new and ever changing world of MP3s and more.

Time: 8:30am–12:30pm
Date(s): Sept 25th

RSVP By: Sept 21st
Date(s): Oct 23rd Nov 20th Dec 18th
RSVP By: Oct 19th Nov 16th Dec 14th

- **Sponsorship Training** is available online at <http://143.84.68.5/view/article.aspx?articled=731-2006-04-28-41017-93> or classroom training is available upon request. Please remember that training is available for Youth, as well as, Service members. Contact the Relocation Sponsorship Training Coordinator for more information, 239-9435.

Financial Readiness:

ATTENTION: ACS Financial Readiness Program and K-State Research and Extension present September's *Fall Into Financial Readiness* Campaign. All events are free and open to all Soldiers, Family Members and Employees on Fort Riley.

- **Title: Budgeting for Baby**

Date: September 9, 2009

Time: 1:30-3 p.m.

Location: ACS Annex

Description: Is the stork coming to your house? Do you have a new little bundle of joy? Learn how to budget for your growing family, including child care, insurance, and parental leave.

- **Title: Stretching your Food Dollars & Commissary Tour**

Date: September 14, 2009

Time: 10-11:30 a.m.

Location: Commissary

Description: Would you like to make your food budget go farther? Come learn how to use a combination of strategies to get more for your money when you shop for groceries. Fort Riley's K-State Research & Extension agents will present a program followed by a tour of the Commissary for a hands-on experience.

- **Title: Flavorful Frugal Foods for Families**

Date: September 21, 2009

Time: 1-3 p.m.

Location: ACS Annex lower level room & kitchen

Description: This cooking demonstration class will feature nutritious and delicious foods to fix for your Family. The class will provide recipes, ideas and samples.

- **Title: Money & Relationships**

Date: September 29

Time: 2-4 p.m.

Presenter: Kristy Archeleta, Ph. D., LMFT

Kansas State University, Institute of Personal Financial Planning Clinic

Location: ACS Annex

Description: Money can cause a lot of tension in relationships, especially if financial issues are not discussed. This presentation will offer guidelines for communicating about finances and making money decisions as a couple. Tips for handling finances when apart and how to keep financial stressors from affecting your relationships, especially when separated by deployment, will also be presented.

Dr. Archuleta is a licensed marriage and family therapist who teaches in K-State's personal financial planning program. The Institute of Personal Financial Planning Clinic blends financial counseling with marriage and family therapy to help individuals, couples and Families struggling both financially and emotionally. The institute is part of the K-State College of Human Ecology's School of Family Studies and Human Services.

- **The Wheels You Want...Successful Car-Buying Strategies**

Date: September 15, 2009

Time: 9-10:30 a.m.

Location: ACS Annex

Are you in the market for a new or used car? We can help you save money by doing your homework. This class will help you through purchasing and financing a car by helping you determine how much you can afford, and how much you will end up paying for the car. Tips on when to buy, deciding which options are necessary, comparing vehicles and warranties, buying vs. leasing, and selecting financing options will be presented.

- **Overhauling Your Credit Profile**

Date: September 24, 2009

Time: 9-10:30 a.m.

Location: ACS Building

Description: Did you know your credit score can affect your ability to purchase a home or a car? It can also affect the interest rate you are charged on a loan, your insurance rates, and in some cases even your ability to get a job. This class will teach you how to read and interpret a credit report, improve your credit score, correct errors in your credit file and gain a better understanding of how to improve your profile and score.

Soldier and Family Assistance Center (SFAC):

Fort Riley has established a dedicated Soldier and Family Assistance Center (SFAC) to support the Warrior Transition Battalion (WTB). The purpose of the SFAC is to ensure our Warriors and their Family members receive tailored, integrated, and streamlined services. The SFAC team is here to remove any barriers our injured or ill Warriors may face in support of the healing process. We do this by providing our Warriors and their Families a convenient connection to services, a supportive and friendly staff, and a leisure area to connect them to one another – and to a caring community. Located in Bldg 671A/673A, next to Irwin Army Community hospital. Hours of Operation, 7:30am–4:30pm.

- **Information & Referral Program**

- Sept 16/SFAC/1:00pm–2:30pm. Social Security Administration will be at the SFAC to assist with applying for Social Security Benefits. Also will be assisting with filing appeals.

All activities are scheduled from 11:30am–1:00pm, Building 671A.

Fort Riley Education Services (ACES):

Main Post Learning Center, 217 Custer Avenue (785) 239-6481

New Hours: 7:30am–5:00pm

Learning Center 1, 7604 Parker Street (785) 239-9845

New Hours: 8:00am–5:00pm

Learning Center 2, 7656 Graves Street (785) 239-9824

New Hours: 8:00am–5:00pm

Some classes that can be scheduled for your units through the unit counselors include: BSEP, College Classes, GT Improvement, GoArmyEd briefs. Please contact your unit counselor for more information.

Important News

Post 9/11 GI Bill Transferability Policy Quick Reference

To be eligible to transfer Post 9/11 GI Bill benefits a Soldier must meet three requirements:

1. Be eligible for the Post 9/11 GI Bill.
2. Have at least 6 years of military service when the request to transfer benefits is submitted; all military service counts towards the six year requirement except time in the Individual Ready Reserves.
3. Not have an adverse action flag. If all three requirements are met, a Soldier is eligible to submit a request to transfer benefits. Soldiers who transfer benefits incur an additional service obligation in accordance with the following rules:

Rule

Years of Service When Request is Submitted

Additional Service Obligation

1. At least six years but less than 10 years. Four years from the date the request was submitted.
2. 10 or more years. Four years or up to Retention Control Point or Mandatory Retirement date from the date the request was submitted, whichever is less. From 1 August 2009 until 1 August 2013, the below temporary rules for additional service obligation apply. Years of service for the temporary rules is always based on length of service as of 1 August 2009 regardless of when the request to transfer is submitted.

Rule

Years of Service as of 1 Aug 2009

Additional Service Obligation

3. 20 or more years. No additional service obligation.
 4. Approved retirement with a date from 1 September 2009 through 1 June 2010. No additional service obligation.
 5. 19 but less than 20 years. One year of service from the date the request was submitted.
 6. 18 but less than 19 years. Two years of service from the date the request was submitted.
 7. 17 but less than 18 years. Three years of service from the date the request was submitted.
- Eligible dependents are spouse and dependent children who are enrolled in DEERS and eligible for benefits under DEERS on the date the request to transfer is submitted. Dependents of dual military couple have to be sponsored by one Soldier but registered under both Soldiers.

Submitting a Request to Transfer Benefits

1. Using CAC card or DFAS pin, log on to the DoD Transferability of Education Benefits (TEB) web page located at <https://www.dmdc.osd.mil/TEB/>.
2. The Soldiers name and Family Members who are eligible for benefits under DEERS will be shown.
3. Soldiers must click all boxes to indicate that they have read and understand each statement on the transfer request page. Soldiers who are eligible for MGIB, REAP, or MGIB-SR benefits are required to make an irrevocable decision to convert from one of those education benefit programs to the Post 9/11 GI Bill. Submission of a request to transfer benefits is considered an irrevocable conversion from one of these three programs to the Post 9/11 GI Bill. For those Soldiers who are not eligible for one of these three programs, all statements on the transfer page regarding conversion from these three programs do not apply. However, those Soldiers must still mark those statements.
4. To transfer benefits to an eligible dependent, click the edit button on their name line. (If the dependent name is grayed out or the edit button does not work, it means that dependent is not eligible for DEERS benefits and thus is not eligible to receive transferred benefits.)
 - a. List the number of months of benefits to transfer to that dependent.

b. Select the start date you want the dependent to be able to use transferred benefits. You can use either the calendar on the page or type in the start date. Format for date is YYYY-MM-DD. If you type in the date, be sure to use the dashes. When selecting the start date, remember that the VA will not pay benefits to a dependent prior to that date.

c. Select the end date after which your dependent can no longer use transferred benefits. Select this date carefully. After this date the VA will not pay benefits to a dependent even if the dependent has months of benefits remaining. When selecting this date consider that a spouse can use benefits up to 15 years after you leave active duty and that children can use the benefits up to their twenty-sixth birthday.

d. After you have filled in the number of months to transfer to the dependent and selected the start and end dates, hit the save button. Make sure revoke is not checked unless it is your intent to revoke benefits transfer.

e. After the request is submitted, the TEB site will return to the original page with all your eligible dependents. To transfer benefits to another dependent, repeat the above steps. Remember the total months you can transfer to your dependents can be no more than 36 months or the number of months of Post 9/11 GI Bill benefits to which you are entitled, whichever is less.

5. After you have completed your request to transfer benefits, in the upper left corner of the TEB site, you will see your name, status submitted, and the date of status will be blank. The TEB site does track the date submitted and the certifying official will see it. You will not receive any confirmation number or any electronic message. Confirmation that your request has been submitted is the status submitted as shown on the TEB site.

6. To track the status of your request, you will have to return to the TEB page and monitor the status.

7. After the request is submitted, it will enter a queue of submitted requests. Currently, the certification site does not allow certification officials to retrieve a specific request. System upgrades are being made and it is expected that certification officials will be able to process specific requests by the last week of July. In the meantime, requests are being processed as quickly as possible within current system limitations. After a request is approved, the status of your request will change to approved and the date of status will be the date you submitted your request.

8. Once your request is approved, your dependent has to submit a request for a certificate of eligibility to the VA. They must submit a VA Form 22-1990e. The VA Form 22-1990e is not on the VA's VONAPP sight. They expect to have the VA Form 22-1990e on the VONAPP page by 17 July 2009. Once it is on the VONAPP site, it can be completed and submitted to the VA electronically. The link to the VA VONAPP website is at

<http://vabenefits.vba.va.gov/vonapp/main.asp> <<http://vabenefits.vba.va.gov/vonapp/main.asp>>

A hard copy of the VA Form 22-1990e is at <http://www.vba.va.gov/pubs/forms/VBA-22-1990e-ARE.pdf> <<http://www.vba.va.gov/pubs/forms/VBA-22-1990e-ARE.pdf>> This form has to be

mailed in and it recommends additional information be submitted with the form. The recommended additional information is not required. The TEB site will automatically transfer the data to the VA which is needed to process a dependent's request for a certificate of eligibility.

9. After the dependent receives the VA certificate of eligibility, it must be presented to the school. The school will have to complete a VA Form 22-1999 which will be sent to the VA. If the school is participating in the Yellow Ribbon Program and your dependent has received Yellow Ribbon Program funds from the school, the school needs to indicate that on the VA Form 22-1999 prior to sending to the VA.

10. Tuition funds will be sent direct from the VA to the school. Children using transferred benefits will receive the monthly living stipend and the books and supplies stipend. Spouses using transferred benefits will only receive the monthly living stipend and the books and supplies stipend if they use the benefits after you separate from active duty.

Post 9/11 GI Bill Estimator

This estimator tool is very important. Soldiers and veterans alike need to be reminded that once they elect to convert to the Post 9/11 GI Bill (e.g., by filling out a VA-Form 22-1990 OR submitting the TEB (Transferability of Education Benefits) application, they are making an irrevocable decision to convert from their current GI Bill to the Post 9/11 GI Bill. There are numerous instances in which an individual is better off by NOT converting to the Post 9/11 GI Bill.

For more information, visit: <http://gibill.va.gov/CH33Estimator>

ASE Certification

The semi-annual Automotive Service Excellence (ASE) certification exam will be administered on 5, 10, and 12 November 2009 at Education Services, Bldg 217 to all eligible Active Duty, Reserve and National Guard personnel. All potential examinees must pre-register in order to take these exams. The non refundable registration fee is \$36 and covers the cost of three regular ASE exams. The registration window will be open until 15 September 2009. Please stop by one of the three on post education centers, Bldg, 217, 7604 or 7656 and see an education counselor for further details. Since 1972, ASE certification has been the standard of automotive service professionals, recognized by both industry and the consumers they serve. ASE certification provides a proven measure of the knowledge and skills defined by the industry as being necessary for success. ASE certification is a standard of achievement highly regarded by employers. Currently, about 400,000 professionals hold ASE certifications. ASE certification occurs when a prospective candidate passes one or more of ASE's 40-plus exams and provides proof of two or more years of relevant full-time hands-on work experience. The tests are divided into specialties such as: automobile, medium/heavy/truck, truck equipment, school bus, collision repair technicians, engine machinists, alternate fuels technicians, parts specialists, auto service consultants, and collision damage estimators. Please check out the enhanced "Service Professionals" section at www.ase.com/testprep for ASE Official Study Guides, one for each test series, the guides give information on what's covered on each test and contain example questions found on ASE tests.

Change to Upfront Tuition Assistance (TA) Process for Education Personnel

Effective 1 Oct 09, Army will pay TA directly to all accredited colleges and universities, both Letter of Instruction (LOI) schools and Non-LOI schools. Currently, Active Duty Soldiers attending Non-LOI schools use www.goarmyed.com to submit their TA reimbursement requests, but pay their tuition directly to the school. Beginning 1 Oct 09, these Soldiers will receive TA upfront; the Army will pay tuition directly to the school.

Registering to GoArmyEd

Effective 1 April, Department of the Army (ACES) and Army Education Services completely transitioned over to the GoArmyEd portal. That means all Soldiers (regardless of rank) must establish an account in GoArmyEd to receive education services. The services include on-duty military programs like GT Improvement, Leadership Development, Army Personnel testing, In- and Out-Processing, and college enrollments.

Soldiers must go to www.goarmyed.com and click on the "New User" tab to establish an account. You will be asked to change your password, then complete the "Required In-Processing Steps" to finish the process.

If you have problems or decide not to pre-register, you will have to complete these steps the next time you visit one of our centers.

- * Learning Center #1, 7604 Parker St (785) 239-9485
- * Learning Center #2, 7656 Graves St (785) 239-9824

* Main Post Learning Center, 217 Custer Ave (785) 239-6841

Family Members, DAC, Retirees, Veterans who wish to receive (or continue to receive) our services, as in counseling, LSEC courses and testing, must visit one of the Learning Centers to establish their GoArmyEd account.

Leader Skills Enhancement Courses (LSEC)

LSEC is designed to assist in the training of Noncommissioned Officers and Soldiers demonstrating leadership potential in the advanced skills needed to perform at higher-level leadership and staff positions. LSEC benefits the Army by providing the Soldier specific leadership training which will enhance performance of the Soldier and the unit. Commanders can schedule training to meet unit needs or enroll the Soldier in an open scheduled class. Classes are available to Family Members, Military Retirees, and Department of Defense Civilians on space-available basis. Tuition is at no cost to the student and books are provided for all courses. Enrollment can be completed online or through the Barton office at Building 217. Online enrollment must be completed thru <http://www.bartonline.org/> and GOARMYED (<https://www.goarmyed.com/Login.aspx>).

Upcoming LSEC Cycles are as follows:

Cycle 7: September 15 – October 28, 2009

Active Duty enroll with Education Counselor starting July 21

Other enrollments begin August 12

Class Schedule: <http://www.bartonccc.edu/military/>

Basic Skills Education Program Classes (BSEP)

BSEP is designed to assist Soldiers and Family Members needing instruction or review of Basic Skills in Math and Reading. GT Improvement classes are also available for Soldiers wanting to raise their GT Score. Review in Math, Vocabulary, and Reading Comprehension prepare the individual to re-take the Armed Forces Classification Test (AFCT). Unit classes are available and can be coordinated with unit education counselor.

Upcoming BSEP Classes:

- Cycle 14 September 2009 – 2 October 2009
- Classes are in Building 8044 Normandy.

To enroll please see an Army Education Counselor.

Army Tuition Assistance (TA) FY09 End of Fiscal Year Guidance

As we approach the beginning of a new fiscal year and in preparation for year-end close-out, the following guidance is provided concerning use of end-of-year Army Tuition Assistance (TA).

All course enrollments with start dates through 30 Sep 09 must be requested in GoArmyEd before 11:59 PM, Eastern Standard Time (EST) on 29 Sep 09. Attempts to enroll in courses after 11:59 PM, EST on 29 Sep 09 will not be approved. This enrollment cut-off is necessary to allow for the fiscal year “change-over”.

GoArmyEd will not be operational 30 Sep 09 in support of the fiscal year cut-off and due to scheduled downtime in support of software release, which takes effect 1 Oct 09. This enrollment cut-off has no impact on registration for courses starting 1 Oct 09 or later (FY10 enrollments). Please note that as always, FY10 enrollments are subject to availability of funds.

Questions regarding this article may be directed to any of the Learning Centers or email: RILE_EdSvcs@conus.army.mil.

Troops to Teachers Helps Soldiers Transition to the Classroom

The Troops to Teachers (TTT) program enriches the quality of the American education by helping to place and retain mature, motivated, experienced and dedicated personnel in our nation's classrooms. Thousands of current and former military personnel are discovering new and rewarding careers in teaching, helping to build and sustain our nation's communities. Military members with at least six years of service and a bachelor's degree may be eligible for financial assistance through the Troops to Teachers program. Eligible military members can receive up to a \$5,000 stipend for educational expenses to obtain a teacher's license. Additionally, eligible military members who work in a low-income school for at least three years may receive a \$10,000 bonus. If a military member accepts the \$5,000 stipend they are only eligible to receive a \$5,000 bonus so the maximum financial assistance available through Troops to Teachers is \$10,000. Military members interested in financial assistance can visit www.proudtoserveagain.com to determine eligibility requirements. In addition to the financial assistance, the Troops to Teachers program also provides information on a variety of teacher licensure programs and state licensure requirements. Troops to Teachers has a national network of education specialists available to assist military members to obtain their initial teacher's license, transfer a license from state to state, obtain a second endorsement or secure employment. For additional information on the benefits and services available through Troops to Teachers please contact Colleen Schulteis at cschulteis@mwttt.com or visit www.mwttt.com.

Buyer Beware "Diploma Mills"

GoArmyEd wants students to be cautious of "Diploma Mills." These are schools who offer certificates, degrees and diplomas for a fee. These schools are not accredited by an accrediting body recognized by the Department of Education. Tuition Assistance is not approved, promotion points are not authorized and the credentials will not be posted to Official Military Personnel Records (OMPF) from these agencies. Soldiers can confirm the status of a school by checking the list of approved schools in GoArmyEd, contacting the local Army Education Center or the Personnel Administration Center. Furthermore, if it is found that a fraudulent diploma has been entered onto the OMPF the action is punishable administratively under UMCJ.

FORT RILEY TUTOR CENTER

The Army Education Center and Barton Community College have teamed up to provide ALL adult students and prospective students the opportunity for one-on-one tutoring. The Tutor Center is co-located with Learning Center #2, 7656 Graves Street. Hours are Monday-Tuesday –Thursday - 9:00am-5:00pm, Wednesday 9:00 am-7:00 pm, Friday 9:00 am-3:00 pm, and Saturday 11:00 am-3:00 pm. The phone number is (785) 240-3617. The center can provide tutoring for ALL students taking college courses:

- On-site and on-line college courses
- LSEC and BSEP programs

All staff members are College Reading and Learning Association (CRLA) certified. The tutor center has two tutors that are Level III (Master) certified, two tutors that are Level II (Advanced) certified, and two peer tutors that are Level I (Regular) certified. Computers are available for students to use for the hybrid and online courses. Units can reserve computers for platoons and squads to complete Army Correspondences courses and other educational courses.

FORT RILEY CONSORTIUM

Barton Community College

Barton Community College provides opportunities for Soldiers, Family Members, retirees, and off post civilians to earn an Associate Arts/Science or Associate of Applied Science degrees in the traditional, hybrid and on line classrooms. Barton provides daytime, lunch hour, evening, and weekend classes for students requiring flexibility in determining their class schedules.

- The daytime classes meet five days a week for six (6) weeks for 1 hour and 20 minute (80 minutes) class sessions.
- Lunch hour classes are from 12:00 noon – 12:45 pm with the same time as the daytime classes, but are hybrid with class lecture and assignments/research completed on line.
- Evening classes are available in Hybrid or Traditional classes. Traditional classes meet for three (3) hours, two (2) nights each week for eight (8) weeks. Hybrid classes meet three hours one night a week with assignments completed on line.
- Weekend classes are from 9:00 am – 12:00 noon, Saturday morning for eight (8) weeks.

Bartonline provides you the opportunity to complete an Associate Degree online. Visit our website at <http://www.bartonline.org/> for further details on the programs and courses we offer. You can sign up for any of the courses listed - today! Please email inquiry@bartonline.org or call (785) 784-6606 if you need assistance or have questions.

2 + 2 Programs with Barton

The 2+2 Programs provide students the option to complete an Associate Degree with Barton and to proceed onto other Universities to obtain a bachelor degree. The 2 + 2 plan provides a listing of courses that must be taken to receive the degree. The associate degree credits are accepted at the 2 + 2 University. Barton's 2 + 2 are listed in the following link: <http://www.bartonccc.edu/learningonline/2+2.htm>.

Central Michigan University:

Central Michigan University will conduct registration for the Fall II Online Term September 7 - 18, 2009. The term dates are October 26 - December 18, 2009. In addition during this time it will conduct registration for the Fort Riley Onsite Class MSA 635, Financial Management. The class dates are October 2 - 31, 2009.

Central Michigan University has available to military personnel book and tuition scholarships. Visit the CMU website, www.cel.cmich.edu. Hit the military link and locate the CMU Military Scholarship Link at the bottom of the page.

Central Michigan University offers Career Advancement Certificate programs thru Gatlin Education Services. Military spouses qualify for \$100 discount for each certificate program. For more information visit www.cel.cmich.edu/gatlin.

The Central Michigan University is located in Building 215 on Historic Main Post Fort Riley. Phone number: (785) 784-4402.

Southwestern College:

What is most important to Southwestern College's military students? Flexibility and convenience! Southwestern College's 6-week classes allow you to learn on your schedule. Uncertain about deployments or need to take time off from studies? Southwestern College Professional Studies allows you to complete an Elementary, Early Childhood, or Secondary Education degree on-ground or online. Southwestern College is accredited by the National Council for Accreditation of Teacher Education and the Kansas State Department of Education.

- Military tuition discount for active duty and their spouses, National Guard, Reservists, and DOD civilians
- Progressive transfer policies maximizing hours earned through military training
- A quality education on your schedule

Southwestern College, a regionally accredited institution founded in 1885, is deeply committed to serving the educational needs of our armed forces.

Visit us online at www.southwesterncollege.org/frp or call us at (785) 784-9930

Upper Iowa University:

Interested in earning your Bachelor's Degree? Upper Iowa University offers classes in an eight-week term, two nights per week. Classes are also available on-line and through external degree. Stop by Upper Iowa University office to get an unofficial evaluation and degree plan developed so you can map your future. Articulation agreements with local schools help students make a smooth transition to upper level courses, as well as accepting relevant MOS and military training credit.

New accelerated class available over 3 weekends during June term. If you want more of these classes, contact UIU.

Upper Iowa University contact information:

Fort Riley office: 215 Custer Ave, phone (785) 239-8254 or (785) 784-5225

Mon-Thurs 8:00 am - 4:30 pm, Fri 8:00 am - 3:30 pm

Web Site: www.uiu.edu/fortriley

bembryw@uiu.edu

University of Mary:

Join your kids, go back to school!!!

Get Your Masters of Business Administration (MBA) with the University of Mary by attending class one night per week and completing the program in as little as 15 months!!!

Further your education and register for our upcoming classes beginning September 2, 2009!

- New classes start every 5 weeks
- Program open to military active duty, National Guard members, Family Members, DoD personnel and retirees.
- Ask us about our military discount

Hours of Operation: Monday - Friday 10:00 am – 3:00 pm

Contact us at: (785) 239-6792 or (785) 784-2158

Kansas State University:

Kansas State University offers convenient 8-week classes to help you complete a class in less time. These 8-week sessions are offered twice during fall term (August and October start dates), twice during spring term (January and March start dates), and once during summer term. For more information, visit the Fort Riley office in Building 215 or call (785) 784-5930.

Transferability link: www.k-state.edu/admit/tran_info.html

Fort Riley Dental Activity (DENTAC):

- **Oral Health Initiative (OHI):** The OHI Program is underway and is getting rave reviews! Dental Fitness Classification 1 is the goal of this Department of Defense funded program. The Fort Riley DENTAC and local private sector dentists have teamed up together to ensure that all the routine dental needs are taken care of for Fort Riley's Soldiers. This is a no-cost voluntary program for the Soldier, but it does require a referral by the DENTAC. Qualified Soldiers may receive dental care with the same private sector dentist that their Family members see or any participating dentist in local area. We can refer you to a dentist in Abilene, Junction City, Manhattan, Riley and Topeka if you like—ask your DENTAC OHI Coordinator for your options. Note: The DENTAC must initiate all referrals otherwise the Soldier will incur the monetary responsibility for any fees. Referrals are easy. Stop by your dental clinic today to see if you qualify for the OHI Program!

For more information call (785) 239-4060; Catholic information (785) 240-1443

- Beginning September 9, 2009 at Main Post Chapel Wednesday night Religious Education program for the whole family. 6:00 pm – 6:45 pm Dinner/Potluck; 6:45 – 7:45 Studies for all ages. For more information please call (785) 239-0979 or (785) 239-3359

□ Kapaun Chapel is closed for renovation: Contemporary Protestant Services will be held At the Normandy Chapel, Sundays at 10:30 am with Children's Church and Nursery Available until renovations are complete.

□ CHILD CARE PROVIDERS NEEDED: Great Pay and Flexible Hours!

The Garrison Chaplain's Office is looking for qualified individuals to provide child care for various chapels and events.

Must be at least 18 yrs old

CPR certified (will train)

Must pass a State background check (free)

If interested, contact 239-8346.

CHAPEL SERVICES, Times and Locations:

□ Gospel – Morris Hill Chapel, 5315 Jackson St.

Sunday School 9:00 am

Sunday Service at 10:30 am

Children's Church for ages 3-11; Nursery Available, 6 weeks to 3 years

□ Contemporary Protestant – Normandy Chapel

Sunday at 10:30am

Children's Church ages 3 & up; Nursery available for 6 weeks-3 years

□ Protestant Community Worship Service – Main Post Chapel, Bldg 6 Barry

Sunday at 10:30am

Children's Church ages 3 year thru Kindergarten

Nursery available for 6 weeks–3 years

□ Roman Catholic – Saturdays- Saint Mary's Chapel, Bldg 3 Barry

Saturdays at 4:30pm (No child watch at this Mass)

□ Roman Catholic – Sundays – Morris Hill Chapel, 5315 Jackson St.

Sundays at 9:00 am

Nursery available for 6 weeks – 3 years

□ Roman Catholic - Sundays – Saint Mary's Chapel, Bldg 3, Barry

Sundays 11:00 am (No child watch in this Mass).

□ Catholic Field Mass –Camp Funston, Building 1885 C

Sunday at 11:00 am (No child watch at this Mass)

□ Catholic Mass (weekday) - Irwin Army Community Hospital Chapel, 600 Huebner Rd.

Tuesday & Thursday at 12:00 noon

□ Catholic Mass (weekday) - St. Mary's Chapel, Bldg 3, Barry

. Wednesday & Friday at 12:00 noon

□ Jewish Information - Manhattan Jewish Congregation, 1506 Wreath Ave., Manhattan, KS.

For additional information, please call 539-8462.

□ Muslim Religious Services - 1224 Hilton Heights Road, Manhattan, KS.

For additional information, please call 776-1033.

□ LDS Services

Singles, 1820 Claflin Road, Manhattan, KS 537-7870

Families, 2812 Marlatt Avenue, Manhattan, KS 539-084 or

Junction City, 115 West Spruce, Junction City, KS 238-2951.

RELIGIOUS EDUCATION:

□ INSTALLATION YOUTH ACTIVITIES:

6th -12th Grade For more information please contact 539-0312 or YouthforChrist.ck@gmail.com

☐ Middle School-

Monday's Club Beyond from 4:00-5:00pm in Teen Center (non-Teen Center Members Welcome!)

Wednesdays Club Beyond from 6:00–8:00pm at the Teen Center

Contact Director, Religious Education 239-0979

☐ Protestant Chapel Youth – Kapaun, 7086 Normandy Dr.

Sundays 5:00-6:30 pm Chapel Youth Group

For more information please contact 707-4285.

☐ Catholic Youth: 9th-12th grades

For information contact the Youth Group Coordinator at (913) 314-7947 or Director Religious Education at 240-1443.

SUNDAY SCHOOL AND CHILDRENS CHURCH

☐ Gospel at Morris Hill Chapel: Sunday school every Sunday at 9:00 am for ages 3 years old and up.

☐ Contemporary at Kapaun Chapel: Children's Church available during the Sunday service for children ages 3 years old thru 4th grade

☐ Roman Catholic at Morris Hill Chapel: Faith Formation for children, teens, and adults Sundays 10:30 – 11:30 (call for schedule)

☐ Baptism preparation class for parents and Godparents. Call Director, Religious Education 240-1443 RSO, 228 Beeman Place.

☐ LDS Institute "Pearl of Great Price": Will be held every Wednesday Night at 1820 Claflin Road, Manhattan Office

ACTIVITIES:

☐ Protestant Women of the Chapel (PWOC) – Morris Hill Chapel Meets every Tuesday morning at 9:00 am

Enjoy women, fellowship and bible study in one of the small care groups.

Childcare available, For more information please call PWOC President at 210-7562

• Military Council of Catholic Women (MCCW)

Will begin August 19, 2009, the women meet on Wednesdays 9-11 am at St. Mary's Chapel. Child care is available. We will be studying "Epic: A Journey Through Church History" Please call (785) 240-1443 for more information.

☐ Covenant Women - Morris Hill Chapel

4th Monday of each month at 6:30 pm

Fellowship and bible study. Open to all women ages 20 and older.

2nd Monday of each month is the Covenant Women's Board Meeting also at 6:30 pm.

For more information contact Covenant Women Coordinator at god4me2@embarqmail.com.

☐ Pre-Marital Classes - Family Life Ministries Center, Building 500

(Classes are required before a chapel wedding can be performed)

For additional information and registration, call 239-3436.

☐ Strong Bonds Program for Building Healthy Soldier Relationships:

seeks to increase Soldier readiness by boosting skills in building and maintaining life-long relationships. Strong Bonds is the Commander's program executed by the unit chaplain, as lead officer. For additional information and training, contact a unit chaplain or call 239-2818, Division Chaplain's Office.

☐ Community Bible Study opportunities:

Wednesdays, Bible Study at 7:00pm in Kapaun Chapel Fellowship hall. For more Information call 240-7193 or (931) 980-3012.

- Wednesday night Religious Education program for the whole Family. 6:00 pm – 6:45 pm Dinner/Potluck; 6:45 – 7:45 Studies for all ages. For more information please call (785) 239-0979 or (785) 239-3359

1st and 3rd Wednesdays, Catholic Bible Study in St. Mary's Chapel.

Pizza time 6:00- 6:30pm with study following from 6:30-7:30pm.

For more information please call 239-4273.

Thursdays, 12:00-1:00pm, at the Division Chaplain's Office, Bldg 580, Rm 512 Pizza provided. Contact 240-1145 for more information.

☐ GOSPEL CALENDAR OF EVENTS: For more information call 239-5711

Dance Ministry: Tuesday, 6:00-7:00pm. All ages are welcome to come and praise the Lord with us.

Adult Choir Rehearsal every Tuesday at 7:00pm

Youth Choir Rehearsal (middle school and high school) Tuesday before the 2nd Sunday at 7:00 pm

Children Choir Rehearsal- Will Resume after September 1st.

Open to pre-school and elementary children.

Marriage Enrichment Seminar: 1st & 3rd Monday, 6:30pm.

Covenant Women: 2nd and 4th Monday, 6:30pm. All ladies age 20 and older are invited to attend

MHGS Family Prayer: Wednesdays, 6:00-6:30pm.

Bible Study: Wednesdays, 6:30pm.

☐ CONTEMPORARY PROTESTANT CALENDAR OF EVENTS

For more information call 239-4818

Bible Study: Wednesdays in the Fellowship Hall at 7:00pm. For information call 240-7193 or (931) 980-3012.

Praise Team Practice: Thursdays at 7:00pm. For more information call 375-1122. Includes vocal and instrumental practice.

WOW (Women of Warriors): Fellowship time and devotional first Friday of every month beginning September 11, 2009 at 6:00pm, childcare available with registration. For more information and to register call 783-0164.

Fellowship Dinner 4th Sunday of every month following the service at the Kapaun Chapel

☐ CATHOLIC CALENDAR OF EVENTS

For more information call 240-1443.

Public Works:

- **Energy/Water Conservation:**

- Funds saved in the energy account go to improving the quality of life for Soldiers and Families.
- Authorized thermostat settings for heating season are 65 to 70 degrees.
- Close exterior doors and windows when the outside temperature drops below the thermostat setting.
- Turn off computer monitors, appliances and lights when not needed.

- **Hunting and Fishing:**

- Rainbow trout stocking in Cameron Spring and Moon Lake begin in mid October.
- A Kansas Trout Stamp and Kansas Fishing License (unless exempt) are required for all persons actively pursuing trout at either location.
- Information on Fort Riley's deer seasons is available at the Conservation Office, Bldg. 1020. For more information, call 239-6211 or visit the Conservation Office.

- **Household Hazardous Waste Service Available to Residents:** Fort Riley operates a Household Hazardous Waste (HHW) facility for residents to dispose of or pick up, free of charge, common household products. This service is particularly helpful when residents are moving because these items should not be thrown away and they cannot be shipped with household goods. While only active duty military personnel living on the installation may drop-off items, any government ID cardholder may pick-up items. Examples of products the facility accepts (and offers for pick up)-cleaning products, paints, disinfectants, drain openers, insecticides, automotive fluids, and mothballs. The HHW facility is located at the Environmental Waste Management Center, Bldg. 1945 in Camp Funston. For more information call 239-6797.

- **Fuel wood:**

- Fort Riley's fuel wood regulation (FR200-4) was updated last spring.

- A permit can be purchased for \$25.00 which now allows the permit holder 90 days to cut up to two cords of wood.
- A cord is a stack of wood 4 feet high x 4 feet wide x 8 feet long.
- Permits can be purchased at the Outdoor Recreation Center (ORC), MWR.

Call for more information to ORC at 239-6368 or to Conservation and Restoration Branch, PW at 239-6211.

- **Restoration Advisory Board:** The Restoration Advisory Board is a group of private citizens, State and Federal Regulatory agency personnel, and Installation personnel, who meet as needed to discuss efforts to clean up areas contaminated by past practices under the Comprehensive Environmental Response, Compensation, and Liabilities Act, or CERCLA. CERCLA is commonly known as "Superfund," and this meeting will include a public comment meeting on the proposed plan to address the remaining contamination in the ground water at the former dry cleaning facility on Main Post. The public is welcome to attend. For more information, please call the Conservation and Restoration Branch, at 239-6211.

Commissary:

Our phone number is 239-6621

Commissary hours are as follows:

Monday 7:00am-8:00pm

Tuesday 7:00am-8:00pm

Wednesday 7:00am-8:00pm

Thursday 7:00am-8:00pm

Friday 7:00am-8:00pm

Saturday 7:00am-8:00pm

Sunday 10:00am-6:00pm

Early Bird Shopping Hours are from 7:00-9:00am

40 items or less:

Express Lines -15 items or less

We have Sushi bar, trays can be special ordered

Deli-Bakery can also do special orders as well

Meat and Produce also can take special order for all your party needs

Boy Scouts:

To join, please contact 238-5684 for more information. The Boy scouts web page is located at <http://www.coronadoscout.org>. Current scouting information can be found there.

Girl Scouts of Northeast Kansas and Northwest Missouri:

The Kaw Valley Girl Scouts have merged with 2 other councils and our new name is Girl Scouts of Northeast Kansas and Northwest Missouri. Funding for the council comes from the United Way of Geary County. If you are interested in being a Girl Scout leader or a Girl Scout please contact 776-1488. We are always looking for Adult Leaders and volunteers to help out with the Service Unit Team Meetings. The Girl Scout website is www.girlscoutsksmo.org where many other events can be found. We are always looking for adult volunteers to help with special events. If you are interested, please contact 776-1488.

Armed Services YMCA (ASYMCA):

Take advantage of our childcare programs, while your children are enjoying their day with fun filled learning activities, and socializing with others you are able to take time for yourself knowing your children are safe and well cared for. Please contact the ASYMCA for more information 785-238-2972.

** Reservations are required one week in advance for all childcare programs. **

Parent's Work Out:

Monday through Friday 8:30-10:45am

- Please provide a snack for your child
- \$3.75 1st child
- \$3.00 Per additional child
- \$4.50 Children under 2
- \$3.75 Per additional child under 2

Parent's Day Out:

Monday through Friday 11:00am-3:00pm

- You must provide a sack lunch and a snack for your children
- \$9.50 1st child
- \$8.75 per additional child
- \$10.25 for children under 2
- \$9.50 per additional child under 2
- Parent's Night Out: Enjoy an evening, go to dinner and a movie, or just get your grocery shopping done while your children are being well cared for in a safe environment. Friday 5:30-10:00pm
- You must provide a sack lunch and a snack for your children
- \$9.50 1st child
- \$8.75 per additional child
- \$10.25 for children under 2
- \$9.50 per additional child under 2
- Dates Available:

September 11 & 18

October 2 & 23

November 13 & 20

December 4 & 11

All childcare program prices are for the entire program this is not an hourly rate.

Free Childcare: Two Saturdays a month for Families of deployed Soldiers.

Saturday 12:30-4:30pm

- Dates Available:
 - September 12 & 19
 - October 3 & 24
 - November 14 & 21
 - December 5 & 12

Operation Kid Comfort: Program designed for children of deployed Soldiers to help them through the difficult time of their parent being away. Parents are taught how to make and design a quilt with pictures of the family, deployed Soldier, or things that bring comfort to them. All supplies are provided. A \$5.00 fee is charged per family for childcare if needed.

- Building Rentals:
 - The ASYMCA is available for your FRG Meetings free of charge with the availability for childcare on site for a minimal fee. Call to schedule.
 - Need a place to hold a Kid's Birthday Party, Baby Shower, Bridal Shower, Cub Scouts, Girl Scouts, etc. We offer our building for rentals. \$25.00 for 3hrs

- Car Seat Loan Program: GEICO insurance has provided us with car seats that are available to loan for ONE (1) month at no fee. The seats accommodate newborns to children up to 40 pounds.
- Operation Wheels: Free transportation service for activity duty military or their dependents living on Fort Riley or in Junction City. This is available for those that do not have a vehicle or for those who do not drive. We will provide 4 round trips per month at no charge to active duty or their dependents.

The following locations are available for transportation:

1. WIC Bldg. #7264
2. ACS Bldg #7264
3. Irwin Army Community Hospital Bldg #600
4. Self Help Bldg. #289
5. Post Chaplain Services
6. Respite Care At ASYMCA
7. Geary Community Hospital
8. Junction City Health Department

Appointments: Please call 24 hours in advance at 762-4780 to schedule a pick-up.

- For more information- Please call 238-2972, email asymca@nqks.com, or stop by at 111 East 16th Street, Junction City.

United Way of Junction City-Geary County:



The United Way of Junction City–Geary County (CFC #98013) provides support services for the military community through 15 local not-for-profits. The following list includes the services and contact numbers provided through Fort Riley’s nearest United Way. Call United Way at 238-2117, email director@unitedwayjcg.org or get more information on any of these agencies at www.unitedwayjcg.org We are here to help!

- **Operation Wheels at Armed Services YMCA:** transportation for military Family members to medical appointments 238-2972 asymca@nqks.com
- **Fourth Grade Learn to Swim:** program at the Family YMCA 762-4780 ymca@nqks.com
- **Scholarship memberships for Girl Scouts:** 238-2323 www.girlscoutsksmo.org
- **Boy Scout internships:** for KSU students to fill in for deployed troop leaders 238-5684 www.Coronadoscout.org
- **Dental clinic** at Konza Prairie Community Health Center 238-4711
- **The Crisis Center:** for victims of abuse and sexual assault 762-8835 ccijcks@carrollswb.com
- **Kansas Legal Services:** for victims of domestic violence (800) 723-6953
- **The Open Door:** emergency shelter 238-3599 opendoor@nqks.com
- **The Food Pantry:** emergency food 762-8830 vogelsang@embarqmail.com
- **Smarter Fun in the Sun:** summer activity through Boys and Girls Club 717-4020

- **Transportation for Special Olympics participants:** 209-1996
jtgeh2003@yahoo.com
- **Emergency aid for victims of disasters by the Red Cross:** 238-3163
- **Security checks:** for volunteers with Big Brothers/Big Sisters, adult mentors for at-risk children 238-1650
- **Volunteer Recruitment for CASA:** Court Appointed Special Advocates of the 8th Judicial District 762-3907
- **Habitat for Humanity:** funding for the next home built by Habitat 238-3126

Kansas Children's Service League (KCSL):

- In Kansas alone over 6,000 children each year need the care and support of foster and adoptive Families. People just like you are building brighter futures for these children by serving as foster and adoptive parents, relative caregivers, and advocates. You too can change a life. Help support our state's most vulnerable children so they can realize their full potential. Learn more by calling (877) 530-5275 or by visiting the Kansas Children's Service League Adoption & Foster Care website at www.kcsl.org.
- Upcoming classes offered by KCSL:
- MAPP Training: This 10-week preparatory class is offered **free of charge** to individuals and Families interested in fostering and adopting. The classes are Tuesday nights from 6:00-9:00pm. For more information or to enroll call 1-877-530-5275.
- The Oasis program will provide **free and voluntary services to Families** with youth 10-18 who are at-risk to run away or have already run away. The goal of the program is to prevent youth homelessness, out of home placement, and to safely reunite the youth and Family by providing crisis intervention, temporary shelter, and support services. For additional information call 539-3193 ext.1701 or call the Oasis cell phone at 643-6615.

Thrift Shop:

POST THRIFT SHOP CHANGES HOURS

The Post Thrift Shop has changed to its summer operating schedule. Open hours will be Tuesday and Thursday from 9:30am to 2:30pm and Wednesdays from Noon to 6:00pm The Dollar Bag Room will be open from Noon to 5:00pm on Wednesdays. The 1st and 3rd Saturday hours remain the same opening at 10:00am and closing at 1:00pm with the Dollar Bag Room closing at Noon.

Army Career and Alumni Program (ACAP):

- **Transitioning Service Members:** Are you a Soldier planning to transition from the military? If so, schedule your mandatory Pre-separation Briefing by logging onto ACAP Express at <https://www.acapexpress.army.mil> or by calling 785-239-2278. Briefings are held Monday, Tuesday, Thursday, and Friday at 9:00am and 1:00pm. You may start the ACAP process up to 12 months prior to separation for ETSing Soldiers and up to 24 months prior to anticipated retirement date for Retiring Soldiers. In no event should the process begin later than 90 days prior to separation. All Soldiers regardless of reason being separated are required to complete this briefing. You do not need orders to begin the ACAP process. ACAP is here to assist Soldiers in determining whether to "get out" or "stay in".
- In addition to the Pre-separation Briefing, all Soldiers are required to attend a 4-hour VA Benefits Briefing prior to separating. This briefing is held Thursdays 9:00am-2:00pm. Soldiers injured while in service or wanting more information on the Vocation Rehabilitation program are welcome to attend the DTAP VA Briefing, Thursdays 2:00-4:00pm.
- Interested in Resume Writing? Interviewing Skills? ACAP offers a 2.5 day Job Workshop (TAP) weekly. The workshop also focuses on assessing skills, defining career goals, researching employment opportunities, and planning effective job searches.

- Our main office is located at 210 Custer Avenue, Room 006. In addition, we offer ACAP services for eligible Soldiers and Families assigned to the WTB and/or pending an MEB/PEB at the Soldier and Family Assistance Center (SFAC) 671A 3 Street, 785-239-8368.
- On September 25 from 10:00-11:30am, ACAP will be offering a D.A. Federal Resume Seminar. This seminar is now open to all ACAPing Soldiers that have completed their Pre-separation Briefing. This class is offered monthly.
- Spouses are welcome and encouraged to attend ACAP services. Briefings/seminars are by appointment only! Soldiers and spouses must have a valid AKO account to utilize ACAP services. Soldiers reporting for their initial Pre-separation Briefing without an AKO account will be required to re-schedule.

Historical and Archaeological Society of Fort Riley (HASFR):

The Fall Apple Day Festival will be September 19, 2009. Volunteers are needed to help make apple pies September 14 - 18. To sign up, or to pre-order your apple pies, please contact at snodderly@ymail.com or (785) 477-2677.

Civil Air Patrol (CAP) USAF Auxiliary:

Would you like to honor and serve America? Do you want to prepare for your future while making new friends? Then rise to the challenge of cadet membership in the CAP. Cadets fly, hike, camp, get in shape, learn to lead and push themselves to new limits. If you are dreaming about a career in aviation, space or the military, CAP's Cadet Program is for you. An average of 10% of the cadets at the U.S. Air Force Academy got their start in CAP. To become a cadet you must be aged 12-18. Cadets meet two (2) hours per week and for some Saturday activities and have opportunities to attend leadership encampments, career academies and international exchanges during the summer. We meet every Tuesday at Freeman Field Airport, Junction City from 7:00-9:00pm or call 209-8213 for more information.

**Fort Riley, Kansas
"Home of the Big Red One"**



***NOTE: Announcements for the October "Riley Bugle Call" are due by COB, OCTOBER 9, 2009, by: Email: rile.dmwracs@conus.army.mil If you have any questions, please call 239-9435.**