

# The Riley Bugle Call Newsletter | 2010

## JULY



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Garrison Commander  
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Garrison CSM



**\*\*\*\*NOTE: Announcements for the AUGUST 2010 "Riley Bugle Call" are due by COB 13 July, 2010. If you have questions or would like to add something to The Riley Bugle Call please call 239-9433\*\*\*\*.**

### **Kansas State Research and Extension (KSRE)**

Who: Military Families

What: The Book Club

When: 2<sup>nd</sup> Wednesday of the month (morning & evening)  
9:30am – 11:00am and 6:00pm – 7:30pm

Why: Reading group for parents to discuss family relationships, parenting, and child development topics in an informal social setting.

Who: Given to Military Families who have special needs Family members.

What: EFMP Support Group

When: July 27th, 2010  
6:00pm – 7:30pm

Where: Army Community Service, 7264 Normandy Drive

Who: Open to the General Public

What: Pickle a Peck of Produce

When: Monday, July 12th  
6:00pm – 8:00pm

Where: USO DFAC, 7856 Drum St

Why: Educate on pickling and produce

Who: Spouses of Wounded Warriors

What: WSOS Support Group

Where: SFAC

When: 3rd Thursday of every month, 6:30pm – 8:00pm

Why: Support for Spouses of Wounded Warriors

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Who: Children ages 5-12

What: Feed the Pig

When: Tuesday, July 20, 2010

1:00pm – 2:30pm

Where: ACS bldg, room 30

Why: Youth program running concurrently with the Raising Money Smart Kids program.

Children will make a piggy bank and participate in other fun activities while learning about money and saving.

Who: Parents of children all ages

What: Raising Money Smart Kids

When: Tuesday, July 20, 2010,

1:00pm – 2:30pm

Where: ACS bldg, Relo room

Why: Parents teach their children many things, both directly and by example. What type of messages are you sending your children when it comes to money? This class is designed to help parents use teachable moments to help their children become money savvy, by working money skills into everyday activities.

Who: Open to the General Public

What: Total Tomatoes Food Preservation Class

When: Wednesday, July 28th

5:30pm – 9:00pm

Where: USO DFAC, 7856 Drum St

Why: Provide education on how to care for your tomatoes and preserve them.

Who: Parents with babys Birth to 6 months.

What: Infant Massage

When: Thursday, August 8th & 12th

10:00am – 12:00pm

Where: ACS, Bldg 7264 Normandy Dr

Why: This two session course is designed to guide parents on how to massage their own babies (birth to 6 months only please). Parents are asked to bring a soft comfortable blanket, special toy for baby, dress infant in easy to remove clothing and to be prepared to feed baby if necessary and to sit on the floor. Infants Massage benefits are as follows: Strengthens loving, intimate communication and bond between parent and child, Strengthens and regulates baby's primary systems, reduces gas and colic, helps baby sleep better.

Contact Information:

K-State Research and Extension, Fort Riley

7264 Normandy Drive, Custer Hill

Fort Riley, Kansas 66442

785-239-9991

[friley@ksu.edu](mailto:friley@ksu.edu)

[www.fortriley.ksu.edu](http://www.fortriley.ksu.edu)

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### **Irwin Army Community Hospital (IACH):**

#### **School, sports and camp physical examinations**

Students who are new to the school district or those who anticipate participating in school or child youth school sports, extracurricular activities or summer camps require participation physicals.

Throughout the summer, school physical examinations will be scheduled every 15 minutes Monday through Friday to offer optimal access to care. Nearly 3000 appointments will be offered.

Students must be accompanied by a parent or guardian. A completed pre-participation physical evaluation form and a copy of shot records will be required at the appointment. The physical evaluation document can be obtained by visiting the IACH website at <http://iach.amedd.army.mil> under the "quick links" tab.

To schedule an appointment, call 785-239-3627 (DOCS).

#### **IACH introduces patient-centered medical home concept**

The bottom line patients will see in the opening of the new Farrelly Health Clinic is increased continuity of care and improved overall satisfaction with health care services.

The premier facility will formally introduce a patient-centered medical home model to Fort Riley, treating Soldiers and Family members under one roof.

FHC will provide outpatient healthcare to Soldier's and Family Members from 1st and 4th Brigade Combat Teams, 1st Engineer Battalion and 1st Infantry Division Headquarters and Headquarters Battalion. Family members assigned to these units will continue to receive outpatient care at the FHC throughout deployments.

When the medical home teams are put into place, Soldiers and Families will be assigned to a medical home team and clinic according to their unit. This will make it easier to keep track of which providers are seeing which units and their Families and will allow better relationships between patient and caregiver.

Patients have services available to them in the disciplines of radiology, physical therapy, occupational therapy, behavioral health, optometry and radiology at the clinic. Other available services include patient administration, pharmacy and laboratory.

Chiropractic care also will be accessible only to active duty service members.

The program will allow patients to be seen by the same provider in the same medical home team each time they make an appointment.

The facility was named in honor of Pfc. Hubert Farrelly, who was awarded the Distinguished Service Cross for his exceptionally valorous actions as a medical aidman in an armored ambulance during a military operation involving conflict with an armed hostile force in the Republic of Vietnam in 1966. Farrelly served with Troop C, 1st Squadron, 4th Cavalry Regiment, 1st Infantry Division and died March 22, 2009.

FHC started seeing patients June 14. Hours of operations are 7 a.m. to 6 p.m. Monday through Friday.

To reach the clinic from Custer Hill, simply follow Trooper Road past Burger King until you reach its end at the roundabout. Head north and the clinic will be the first building on your left.

If coming from main post, begin your travel on Caisson Hill Road. Make a right on 1st Division Road until you reach its end at the roundabout. Go straight and the clinic will be the first building on your left.

For additional information about the Farrelly Health Clinic and the patient-centered medical home concept, call 239-8341.

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### **Thrift Shop:**

- The Fort Riley Thrift Shop is open Tuesday through Thursday and the 1st and 3rd Saturdays of the month from 9:30 a.m. to 2:30 p.m. with consignments from 9:30 a.m. to 1:00 p.m. The Dollar Bag Room will be open Wednesdays and Saturdays from 9:30 a.m. to 1:00 p.m.
- The Thrift Shop continues to seek energetic volunteers. Childcare reimbursement for volunteers is available. Please inquire at the shop.
- The Fort Riley Thrift Shop continues to run the “Eyes for Education” program. This program is designed to assist military Families on Fort Riley. Applications can be picked up at all the local schools, the PX optical shop, IACH Optometry Clinic and at the Thrift Shop. There are several criteria to be met before receiving financial assistance; however, ALL applications will be considered on a case-by-case basis if one or more of the criteria are not fully met.

Please note the Thrift Shop will be closed July 3rd.

### **Directorate of Plans, Training, Mobilization & Security**

The Security Office offers **FREE** fingerprinting for Fort Riley Soldiers and Family members. For more information or to make an appointment, please call 239-6348. Location: 500 Huebner Rd, Room 105.

### **COMMISSARY:**

- Our hours of operation are:  
Monday-Saturday 9:00AM-8:00PM  
Sunday-10:00AM-6:00PM  
Early bird shopping hours are 7:00-9:00AM
- We have 4 self checkouts for your shopping convenience. 40 items or less, there is a customer service personnel here to assist you if you need help. The deli-bakery and produce and meat department can do special order trays with 24 hrs. advance.
- The Commissary, it's worth the trip where you save 30% on your total grocery bill. Our phone # is 239-6621.
- **We value your service!**

### **Fort Riley Veterinary Services:**

- Building 226 Custer Avenue (down the street from In/Out Processing)
- Operating hours are Monday thru Friday: 8:00-11:00am and 12:00-4:00pm.
- Closed federal holidays and the last business day of the month.

### **Registration**

- All pets residing in on-post housing must be registered with Veterinary Services per Fort Riley Regulation 40-18.
- Registration is free; however, all animals must be registered and microchipped (done by appointment) within 10 days of arriving on post.
- Registration is walk-in and owners need to bring vaccination history and microchip history if available. If no history is available the owner may make an appointment after registration is complete.

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### Appointments

- Appointments can be made for vaccinations and minor sick call by calling (785) 239-3886.
- Veterinary Treatment Facilities have been standardized Army-wide to stabilize prices and care given to Patrons and their pets. One of these benefits includes our new Discounted Wellness Packages suited to your pets needs.

### Discounted Wellness Packages

- These include basic required vaccinations that are offered yearly or every three years.
- Also included are annual heartworm screenings and stool exams.
- For your new additions we offer puppy and kitten packages as well.
- For more information on Veterinary Services search online [www.riley.army.mil/UnitPage.aspx?unit=vet](http://www.riley.army.mil/UnitPage.aspx?unit=vet)

### Fort Riley Stray Facility

- Operating hours are Monday thru Friday 12:00-4:00pm.
- Phone Number is (785) 239-6184.
- Although we are a small facility we just might have the perfect companion for your family. Come by and adopt a pet today!

### **American Red Cross:**

Volunteers needed for two programs:

- Volunteer orientations are Mondays at 1:00pm at the Red Cross office in 7264 Normandy Drive, Room 16. Questions call 239-1887.
- Interested in being a local disaster volunteer. Disaster classes are coming with the New Year. Dates will be determined.
- Mother's Outreach Program (on-going program). Volunteers meet and give gift bags to new parents at IACH. Please call 239-1887.

### **Directorate of Family, Morale, Welfare, and Recreation (DFMWR): Child, Youth, & School Services (CYSS) 239-9885:**

### **Special Events**

Little Apple Jazz Festival will take place at Manhattan City Park July 17, 2010 from 5:30 - 11:00pm. The festival is free to the public and will showcase between four-six bands on two stages. Fort Riley will enhance the event with inflatables and Military equipment displays.

### **Arts & Crafts**

Arts & Crafts Center Bldg. 6918 (785) 239-9205

Monday & Tuesday 1:00 – 8:30pm, Wednesday, Saturday, & Sunday 9:00 – 4:30pm; Closed on Thursdays, Fridays and Holidays

We offer a variety of classes; a specialized wood working area, a matting and framing area, crochet and knitting.

#### Wood Safety Class

Learn power tool safety and general woodshop procedures in this one night class. Patrons are required to take this class before using the woodshop. One Monday evening class dates to be announced, 6:30pm \$8.00 fee, must sign up prior.

#### Matting and Framing class

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Learn the skill to do your own matting and framing, save a bundle! Class covers material selection, matt cutting, frame assembly and glass cutting. The center carries conservation – preservation products to complete your fine art work project. One Tuesday evening class 13 July, 27 July, \$10.00 fee, must sign up prior.

### Crochet or Knitting

Learn one or both of these skills this class, class meets every 2nd Saturday from 1:00 – 3:00 pm take as many classes as needed. Stop by and see what the group is working on, call ahead to be enrolled - or just stop in. 10 July. This class is FREE!

### Coffee Groups, FRGs, and Scouts

Come in for a crafts class, we will set up a class just for your group.

### **Library**

5306 Hood Drive (785) 239-5305

July 3 Ice Cream social- root beer floats 1-3 pm  
July 4 Closed for Holiday  
July 10 Story Time begins at 1:30pm  
July 17 Story Time begins at 1:30pm  
July 24 Story Time begins at 1:30pm/ Movie Nite begins at 6:30pm "Madagascar"  
July 25 Last Point; Turn in for summer reading July 31 Story Time begins at 1:30pm

August 7, 14, 21 Story Time begins at 1:30pm  
August 21 Movie Nite begins at 6:30pm "SURFS UP"  
August 28 Back to Skool Watermelon Social 1-3pm

### **Custer Hill Golf Course**

Bldg 5205 (785) 784-6000

### **Pro Shop and Golf Course Hours**

ALL TIMES ARE WEATHER PERMITTING

July 01 – July 31

Mondays 12:00pm – 8:30pm

Tuesdays-Fridays 8:00am – 8:30pm

Saturdays, Sundays, and Holidays 7:00am – 8:30pm

**ALL RENTALS ARE DUE BACK INTO THE PRO SHOP 15 MINUTES PRIOR TO CLOSING.**

**\$5.00 LATE FEE FOR ALL EQUIPMENT TURNED IN LATE.**

- **Snack Bar Hours:**

Monday – Friday 11:00am – 1:00pm

Saturday, Sunday, & Holidays Closed

- **PGA Trade In/Trade Up Network**

Bring your old clubs in and we will assist you in trading in your clubs based on the PGA Value Guide, and we will put that amount towards the purchase of a new set clubs.

- **2010 Kansas State American Legion Tournament**

Custer Hill Golf Course will host the Kansas State American Legion Tournament on 10-11 July 2010. This event will have a shotgun start at 8:00am. Cost is \$110 per person and includes lunch and greens fees. This event is a 36-hole stroke play event and will

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be flighted based off of gross score. Active Duty soldiers who participate will be eligible for a free 1-year membership to the American Legion

- **2010 Southern Senior Golf Tour Qualifier**

Custer Hill Golf Course will host the Southern Senior Golf Tour Pro-Am on 19 July. The cost for this event will be \$60 per player. The format will be a shamble with 3-person teams. Each team will be paired up with a Professional. For details about how the shamble works, you can call the Pro Shop for more details or stop by the Pro-Shop and ask our professional staff.

- **Golf Tournaments**

Let our professional staff book your next golf tournament at Custer Hill Golf Course. We have packages that include food, rentals, and your golf fees. Prices start at \$26 and run to \$33 for our tournament packages. Tournament dates are booked on a first come, first serve basis.

- **Check out our website at [WWW.RILEYMWR.COM](http://WWW.RILEYMWR.COM) for an updated listing of events and tournaments.**

### **Child, Youth, & School Services (CYSS) (785) 239-9885:**

**CYSS Parent Central** Bldg. 6620 Normandy Drive

Hours of Operation: Monday–Friday, 8am–6pm

Walk-in registration hours are Monday - Friday, 12:30pm–6pm

Appointments are available starting at 8am.

***Spaces are available for all ages, please contact Parent Central for additional information.***

***Play Pals Playgroup***- 6620 Normandy Drive, Every Monday 9am–11am,  
Reservations recommended but not required (space available without reservations).  
Call (785) 239-9885.

***WebTrac*** is now available for CYSS patrons to make payments, as well as, enroll in Youth Sports programs. Customers currently in our database will receive their WebTrac User ID and password via the e-mail address we have on file. New customers may sign up by going to the WebTrac link located on the Riley DFMWR website.

### **Parent Education Plan**

Parent Education Opportunities: For additional information contact Parent Central (785)239-9885.

*\*Held in the CYS Services Training Room, Bldg 6620 Normandy Drive unless otherwise stated.*

- July 6, 2010, HELP! There's a Toddler in My House Part IV, 6:30pm–8:30pm, Childcare will be provided at no charge but pre-registration is required. RSVP to (785)240-2822 by July 5th.
- July 14, 2010, Recipe for a Healthy Family, 12pm–1pm, Bldg. 5800/MST, RSVP to (785) 239-9223 by July 13th.

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### **SKIES Unlimited (785)240-2478**

All participants must be registered with Child Youth & School (CYS) Services, Bldg 6620. Space is limited. Classes are subject to change without notice. Sports Physicals are not required to enroll for SKIES classes. \$300 of free classes for children of deployed Soldiers, a copy of orders are needed! Instrument rental, uniforms and testing fees are not covered! **Wanted. Instructors are needed in a variety of areas to include: Art. English. Math. Science. Guitar. and Piano.**

### **Warren East CDC 6981 Warren Rd.**

- **Saturday Care:** July 10th and 24th from 9am -1pm. Parents may utilize free 16 hours (deployment entitlement) or an hourly rate. Children ages six weeks up to five years are eligible for the free care at the CDC. Lunch will be served. Children must be registered with CYS Services to participate in this program, and parents must make a reservation by noon Thursday the week care is provided. For additional information please call (785) 240-0822.
- **Weekday Care:** July 6th, 13th, 20th and 27th from 6:30pm-8:30pm. Free for parents attending FRG meetings, parent may also utilize free 16 hours (deployment entitlement) or an hourly rate. Contact your FRG leader to reserve your child for FRG care. To attend parent training classes, sign up at the front desk of any Child Development Center. Drop off is as early as 6:20pm. For additional information please call (785) 240-0822.

### **School Age Services (SAS) Bldg. 5810 Thomas Ave**

- This elementary school age program is nationally accredited by the National Afterschool Association (NAA) and provides Before and After School programs for Kindergarten-5th grades. Hourly care is also available; however parents must make reservation by noon the day prior to ensure availability. For additional information please call (785)239-9220 or (785)239-9225.
- **Saturday Care:** July 10th and July 24th from 9am -1pm SAS, Bldg. 5810. Parents may utilize free 16 hours (deployment entitlement) or an hourly rate. Reservations are required by noon each Thursday prior to the Saturday opening. This program is subject to cancellation if there are not enough reservations. For additional information please call (785)239-9220 or (785)239-9225.
- **Summer Camp:** Began 1 June with 11 weeks of fun filled activities such as: swimming, bowling, golfing, computers, arts and crafts. Many field trips are planned to great places like, Cosmosphere, Old Cow Town, Smokey Valley Railroad, Sternberg Museum, Sports Center, and The Museum of World Treasure. Sign up for all 11 weeks or choose the weeks you wish to attend.

### **Middle School and Teen (MST) Bldg. 5800 Thomas Ave:**

The Middle School and Teen Center is located on Custer Hill at the corner of Thomas and Longstreet. It has a full court gym, a technology lab, art room, a large activity area, a music/dance studio, a homework area, and a newly designed high school lounge. For more information, contact us at (785) 239-9222. Hours of operation are as follows:

Monday – Thursday	1-8pm
Friday	1-11pm

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Saturday 2-11pm

### \* **MS/T Youth Summer Camp**

Spend the summer with your friends at the Middle-School Teen Center. Youth who sign up for summer camp this year will have the opportunity to receive quality programming and supervision at the teen center, explore various MWR locations on Fort Riley and local museums, recreation facilities, etc. Youth must be registered on a weekly basis for the summer time. A grid has been created to show where the teens will be going each week and can be picked up at the Teen Center upon registration.

**Dates / Time: June 1 – Aug 13, 2010 from 05:45am–1pm.**

**Cost: Cost is calculated based on your fee category for this camp.**

*\*Hourly Care is available with a 24-hour notice. Permission slips must be signed for youth to participate in planned daily activities.*

### **July Events:**

- July 7, 14, 21, 28, 2010, **Swimming**, 2pm-4pm. This event is FREE. Sign up 1 week prior to swimming date.
- July 8, 2010, **Bowling**, 2pm-4pm. This event is FREE. Sign up 1 week prior to bowling date
- July 9, 2010, **Laser Tag & Mall**, 11am-8pm. Cost is \$13 plus food and shopping money. Sign up by July 2nd.
- July 12- 16th, 2010, **Extreme Water Sports Camp (High school only)**, 9am-3pm. Cost is \$80. Sign up by July 5th.
- July 16, 2010, **Oceans of Fun (High School Only)**, 9am-11pm. Cost is \$25 plus food. Sign up by July 9th.
- July 24, 2010, **Spin City**, TBD. This event is FREE. Sign up by July 15th.
- July 23, 2010, **Sports Center (Topeka)**, 1pm-8pm. Bring your own gaming and food money. Sign up by July 16th.
- July 26-30th, 2010, **Rock Band Camp**, 2pm-4pm. Cost is \$15. Sign up by July 19th.
- July 30, 2010, **Worlds of Fun**, 9am-11pm. Cost is \$31 plus food. Sign up by July 23rd.

Join the Fort Riley Teen Center for our weekly activities which include: Sports, Smart Girls, Girls with a Future (GWAFF), Tech Club, D&D Gaming, Millionaire Club, High School specific activities, Power Hour, Photography Club, Arts & Crafts, Passport to Manhood, and Cooking Club. These activities are all provided at no cost to the participating youth. For more details, please see the MST front desk or call (785) 239-9222 for additional information.

MST Has a distribution list to help you keep in touch with what is happening here at the teen center. Please let us know if you would like to be added to this list.

Find MST on Facebook

<http://www.facebook.com/frileyteen>

Follow MST on Twitter

<http://twitter.com/fortrileyteen>

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### **HIRED!**

HIRED is a career field exploration for 15-18 year old high school teenagers! Teenagers get the opportunity to explore different career opportunities at facilities on Fort Riley AND attend workforce preparation workshops like resume writing, interview skills, problem solving, effective communication, financial management, college preparation, and a lot more! This is a great experience with lots of benefits for life after high school! For more information call (785)239-9217.

### **The EDGE**

Experience, Develop, Grow and Excel in exciting and fun art, fitness, life skills and adventure activities. For July we will offer Hip Hop, Water Sports/Fun in the Pool, Golf and Archery. All activities are FREE and take place on Fort Riley from 3-5pm every day. For more information call (785)239-9217.

### **Youth Sports**

- July 12th – 28th, Outdoor Adventure Fishing Registration. Event date – August 3, 7am-10am. Grades 6-12, \$10 includes transportation from Bldg. 5800 to Moon Lake and back. To participate, register at CYSS Parent Central Office, Bldg. 6620.
- July 16th, Family Fitness Night. 6-7pm, Agility Challenge at MST, 5800 Thomas Avenue. Families with children of all ages are invited to participate. RSVP by July 13th.
- July 19th – August 4th, Outdoor Adventure Fishing Registration. Event date – August 3, 7am-10am. Grades 3-5, \$10 includes transportation from Bldg. 5800 to Moon Lake and back. To participate, register at CYSS Parent Central Office, Bldg. 6620.

Call (785)239-9223 for additional information on youth sports programs. We need volunteer coaches.

### **School Liaison Services**

(785)239-1648

(785)240-3261

(785)240-3260

### **Youth Sponsorship Program**

The Youth Sponsorship Program is available to children of all active, retired and reserve military sponsors in the Fort Riley area. The Youth Sponsorship Program has active volunteers at CYSS School Age Services and the CYSS Middle School Teen Center to welcome incoming youth and assist with their transition. Participation in the Youth Sponsorship Program as a volunteer or a new member of the Fort Riley community will: Promote youth awareness and involvement at Fort Riley, encourage new friendships, gain information about schools in the area, and strengthen youth independence. Youth Sponsorship POC: Sandy Johnson (785)240-3261.

### **Study Strong (formerly Tutor.com)**

Provides real-time homework assistance in all subjects. Service is 24/7, tutoring for grades K-12 and college intro. Log onto: [www.myarmyonesource.com/cyss\\_tutor](http://www.myarmyonesource.com/cyss_tutor) to register.

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### **Student Online Achievement Resources (SOAR) [www.SoarAtHome.org](http://www.SoarAtHome.org)**

Soar is a free website providing students and parents with resources to:

1. Identify academic strengths and weaknesses in math and reading
2. Instruct the student in math, reading and language arts through interactive tutorials
3. Involve parent by providing educational resources written specifically for parents

### **USD 475 Junction City-Geary County Schools:**

USD 475 (Geary County-Junction City, Fort Riley, Milford, and Grandview Plaza) website: <http://www.usd475.org/>

Telephone (785)717-4000

### **USD 383 Manhattan-Ogden Schools:**

USD 383 (Manhattan-Ogden) website:<http://www.usd383.org/>

Telephone (785) 587-2000

### **USD 379 Clay County Schools**

USD 379 (Clay Center-Wakefield) website: <http://www.usd379.org/>

Telephone (785) 632-3176

### **USD 473 Chapman Schools:**

USD 473 website: <http://www.usd473.net>

Telephone (785) 922-6521

### **USD 435 Abilene Schools:**

USD 435 website:<http://www.abileneschools.org>

Telephone: (785) 263-2630

To receive a listing of all 17 school district websites, calendar and other important school information go to the School Liaison Officer website: <http://www.rileymwr.com/web-content/subpages/cysschool.html>.

### **Sports**

Bldg. 202

(785) 239-3945

### **Pools**

#### **Custer Hill Pool**

Bldg 7465, Custer Hill

(785) 239-5860

Open Daily 11am – 8pm

#### **Main Post Pool**

Bldg 448, Main Post

(785) 239-6972

Mon – Fri 2pm – 6pm

#### **Eyster Pool**

Bldg. 6940, Custer Hill

Closed until further notice

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Please note all children 12 years and younger as Family members must be accompanied by a parent or guardian 18 years of age or older

### **Long Pool**

Bldg. 8069, Custer Hill  
(785) 239-4684

### **Lap Swim**

Monday-Wednesday-Friday, 5-6:30am  
Monday-Friday 10am-1pm

### **Unit Training**

Monday-Wednesday-Friday, 6:30-9am

Training (*Unit must submit memo of request 2 weeks prior to requesting date with the following information: date, time, number of Soldiers, type of training, requesting POC for memo, OIC or NCOIC responsible for Soldiers the morning of, memo signed by company commander*).

### **AMERICAN RED CROSS SWIM LESSONS**

**Sign up begins two weeks prior to first day of class at CUSTER HILL POOL, MON-FRI 11AM -8PM. Cost is \$25/child. Classes will be held at Long Indoor Pool, BLDG 8069.**

July 5-9/12-16 Session 3

July 26-30/August 2-6 Session 4

**For class levels and times call (785) 239-4684 or (785) 239-5860**

Private and Semi Private Lessons available call (785) 239-4684

**4th of July Pool Bash at Custer Hill Pool July 4th from 11am - 3pm**

### **Fitness**

The fitness department offers fitness classes six days a week, excluding holidays and training holidays on holiday weekends. See the MWR <http://www.rileymwr.com> and click on the calendar for the current schedule, or visit King Field House for a printed copy. Fitness class selection includes SPINNING, Ab Force I, Circuit Breaker, Rowbics, Interval Boot Camp, PiYo, Ballet Strength and Stretch, and Modern Dance. More yoga classes will be added to the schedule soon! Fitness assessments will be offered from 12-2 pm on July 22nd. The length of the assessment may vary, depending on the number of participants. Body composition and fitness assessments are offered by appointment, as well. Please call the fitness office (785)239-3146 or 239-2813 for more information on the testing services. Register for Fit4Life! Visit <http://fit4life.rileymwr.com> for details on prizes and registration.

### **Intramurals**

Kickball season begins August 2 register now thru July 23. Coaches meetings are July 14 and 21 at 2 pm.

Please call (785) 239-2148 for more information.

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**Army Community Service (ACS):** 7264 Normandy Drive, 239-9435

**Employment Readiness Program (ERP):**

- Employment Readiness Program hosts weekly "Job Seekers" workshops on Tuesday and Thursday 1-3 pm. These classes are small and provide a great opportunity to visit one on one with the ERP Team. Additionally, instructors will provide you information on Employment Readiness Program and federal versus civilian resume styles. Call us for a spot in these classes.

**Army Family Team Building (AFTB):**

- If you are interested in learning about resources that are available to you or find that most are speaking a language that sounds more like alphabet soup than English, then you could benefit from the Army Family Team Building (AFTB) classes. **FREE CHILDCARE!** Will be provided at Armed Services YMCA in Junction City at 111 E. 16th Street for those attending the classes.
- NOTE: You **must** contact the AFTB Program Manager to pre-register your children.
- For more information or to speak to the Program Manager please call 239-9435.
- If you, your unit/battalion, Family Readiness Group or other group would like to schedule separate Level I, II or III classes, please contact the Program Manager. These classes can be held at your location or at ACS 7264 Normandy Drive (room permitting). There is a minimum of five people required to hold a class and two weeks notice is needed for planning.

**Level I - AFTB**

**ACS Annex Day Time Classes 9:00am-2:30pm**

August 3-4                      November 9-10

**Evening Classes – Room 30 ACS 6:00-8:00pm**

1.1 Expectations & Impact of the Mission & 1.2 Military Acronyms & Terms

November 2

1.2 Chain of Command & 1.4 Military Customs & Courtesies

November 9

1.5 Basic Military Benefits & Entitlements & 1.6 Military/Civilian Community Resources

June 1 & November 16

1.7 Intro to Family Readiness Groups & 1.8 Supporting Your Child's Education

June 8 & November 23

1.9 Family Financial Readiness & 1.10 Basic Problem Solving

June 15 & November 30

**Level II – AFTB**

**ACS Annex Day Time Classes 9:00am-2:30pm**

August 17-19                      November 30-December 2

**Evening Classes – Room 30 ACS 6:00-8:00pm**

2.1 Communication & 2.4 Acknowledging Change

July 6

2.2 Personal Time Management & 2.3 Stress Management

July 8

2.5 Exploring Personality Traits & 2.6 Enhancing Personal Relationships

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July 13

2.7 Team Dynamics & 2.8 Personal Conflict Management

July 15

2.9 Creative Problem Solving & 2.10 Traditions/Customs/Courtesies/Protocol

July 20

2.11 Crisis, Coping and Grieving & 2.12 the Volunteer Experience

July 22

2.13 FRGs & the Deployment Cycle & 2.14 Intro to Leadership

July 27

### Level III – AFTB

**ACS Annex Day Time Classes 9:00am-2:30pm**

August 31–September 2      December 14-16

### Army Volunteer Corps (AVC):

- Army Community Service (ACS) is home to the Army Volunteer Corps, which is the center of volunteer recruitment, referral, recognition, and advocacy efforts for Fort Riley. Volunteers can be placed in a wide variety of positions throughout the installation. Through volunteer service, individuals can learn or enhance skills, get to know the community and meet new people, build their resumes, and more. For further information, please call the Army Volunteer Corps office at 239-9435. We look forward to seeing you in our community!
- Become an ACS Volunteer!
- At ACS our volunteers obtain valuable work experience and opportunities for training to learn new skills, opportunities to increase marketable job skills and to assume responsibility in leadership roles, the enjoyment of meeting and working with a variety of people, the satisfaction of contributing to their community, and recognition for their contributions.
- **FREE CHILDCARE!** ACS volunteers are provided 25 free hours of childcare monthly per Family. We also actively participate in the Fort Riley volunteer awards program to recognize our volunteers. There are volunteer opportunities for everyone whether you want to give your time every week, once a month or once a year.
- The different Volunteer positions that are offered here at the Army Community Service are as follows: Information & Referral (I&R), Exceptional Family Member Program (EFMP), Relocation Readiness Program (RRP), New Parent Support Program (NPSP), and Army Family Team Building (AFTB) programs.
- Getting started as a volunteer is easy: come into the AVC office to discuss what you might be interested in and fill out a registration form.
- For information on volunteer opportunities at ACS, call the AVC office at 239-9435 or stop by to find the perfect volunteer opportunity for you.
- Volunteer Management Information System (VMIS) The Volunteer Management Information System was developed to give the Army a real-time snapshot of volunteer activities at any given time, at any given installation. VMIS provides all of the tools needed to track AVC volunteer hours, manage and track volunteers, post open positions, print reports, and much more. All volunteer hours will be tracked through the VMIS System. You may visit [www.myarmylifetoo.com](http://www.myarmylifetoo.com) for additional information on this new system. Volunteer Management Information System Classes: Introduction to using the VMIS system. Search and sign up for volunteer positions, track your hours, awards, training, and more!! Call the AVC office to find out about our next class or to schedule a group class for your organization.

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### **Army Family Action Plan (AFAP):**

- It is never too late or too early to submit issues to the AFAP Program Manager. As you see or encounter things on our installation or in the Army overall that need changed or implemented, submit the suggestions. Our leaders and directorates cannot make changes if they do not know a problem exists. Issues can be submitted by using the Fort Riley Web page (<http://www.riley.army.mil/UnitPage.aspx?unit=ACS.afap&nav=FamSvc>).
- Issues can also be submitted by calling 239-9435.

### **The Family Advocacy Program #1**

“Summer Safety-Supervision of Minor Children”: Learn installation policies: of leaving children alone at home, in vehicles, on playgrounds, curfew, and punitive actions. Help keep children safe.

9:30am-11:30am

Monday, July 12, 2010

ACS Bldg. 7264 Normandy Drive

Free registration. Free onsite childcare with advance registration. Call 239-9435

### **Hi Mom Hi Dad-DVD Recorded Messages from Home**

Have your child(ren) record a short message, read a poem or story, perform a song or dance especially for their deployed parent.

Call 239-9435 for appointment

### **FAP: Love & Logic classes**

July 1, 8, 15

August 5, 12, 19

September 2, 9, 16

October 7, 14, 21

November 4, 11, 18

All classes are 6:30 to 8:30pm and held at ACS Bldg. 7264 Normandy Drive.

Registration for childcare has to be scheduled by calling 239-9435 (up-to-date shot records are required and must be brought in each week).

### **Exceptional Family Member Program (EFMP):**

- EFMP Respite Care: Funding will be based on EFMP enrollment and exceptional Family member's medical condition. Exceptional Family member must be enrolled in program. The qualifying Family is eligible to receive a maximum of 40 hours of respite care monthly for each certified Exceptional Family Member. Contact Army Community Service, Exceptional Family Member Program at 239-9435.
- Exceptional Family Member Program and New Parent Support Program offers: Oh! Oh Baby it's Your Day. This is a free program to all Military Families who have children from birth to Kindergarten, testing for Vision and Hearing health as well as a developmental assessment entitled Ages and Stages. The upcoming 2010 dates are as follows; September 15, November 17 at the Army Community Service, 7264 Normandy Dr., from 1:00 pm to 4:30 pm.
- Exceptional Family Member Program Summer Camp Jul 6, 9:00-4:30pm Rock Springs 4-H Center, 5405 West Highway K 157, Junction City, KS. Children need to be enrolled in EFMP. Parents will need to provide transportation. Events will consist of Archery, Canoeing,

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Horseback Riding, Environmental Education and Swimming. Lunch and snack will be provided. Bring swimming gear and good walking shoes. Please RSVP.

- Junction City Special Needs Rodeo will be held on Saturday, July 17, 2010. EFMP will be hosting in conjunction with Junction City Rodeo Association and JC Optimist Club. The Cowboys and Rodeo Queens join the EFMP staff in providing Horse Back riding, Surrey rides, Mock Bull rides and Bucking Broncos, Roping events, and a Domestic petting zoo. Located at the 4-H Center, Spring Valley Road, Junction City, Kansas 66441, starting at 10:00 am to 12:00 pm.
- Child and Family Wellness will be held on Wednesday, July 28, 2010 at the Riley's Conference Center, 446 Seitz Dr. starting at 1:00 pm to 2:30 pm. A nationally recognized nutritionist and wellness expert will present on Child and Family Nutrition. Currently, she is the Kansas City Chiefs Football and the Kansas City Royals Baseball Team nutritionist.
- Chief of the Department of Primary Care and Community Medicine, Irwin Army Community Hospital will present on Typical Developmental Milestones, following the Child and Family Wellness from 2:30 to 3:30 pm. He will discuss typical developmental milestones and discuss developmental signs to be concerned about.
- Theraplay workshops will be offered skills for parents and children to connect. The goal of this class is designed to enhance attachment, trust, self-esteem and joyful engagement between parents and children. The class will include instruction for the parents regarding the importance of these interactions, as well as group time to model these fun, playful activities. Parents will attend two sessions on July 20th & 21st, starting at 9:00 am to 11:00 am at the Army Community Service, 7264 Normandy Dr.
- EFMP Support Group will be held on July 28th hosted by EFMP and K-State Research & Extension in supporting Army Families who have special needs Family Members. The support group begins at 6:00 pm to 7:30 pm at Army Community Service, 7264 Normandy Dr.
- Interested in tracking your child's development? Try Bal-A-Vis-X! Open to military Families who want to learn how Bal-A-Vis-X can increase attention span, improves cognitive integration, helps settle behavioral disorders and improves stress headaches. Help your child learn these techniques to help improve their learning ability! It's like the Wii game without the electronics. Join us on Saturday, July 31, from 10:00 am to 12:00 pm at Army Community Service, 7264 Normandy Dr.

### **Mobilization & Deployment/Family Readiness:**

Free Child Care for all Family Readiness Group (FRG) Classes. \* **Pre-registration Required!**

#### **Family Readiness Group (FRG) Leader Class**

Instruction and guidance to assist newly appointed FRG Leaders, FRSA's and Commanders. Each part is a 3-hour course.

#### **Part I:**

July 6, 9:00 am – Noon

August 11, 6:00 – 9:00 pm

September 11, 9:00 am – 4:30 pm

October 6, 9:00 am – Noon

November 3, 6:00 – 9:00 pm

December 4, 9:00 am – 4:30 pm

#### **Part II:**

July 7, 9:00 am – Noon

August 12, 6:00 – 9:00 pm

September 11, 9:00 am – 4:30 pm

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October 7, 9:00 am – Noon  
November 4, 6:00 – 9:00 pm  
December 4, 9:00 – 4:30 pm

### **Key Caller Class**

This class provides instruction and guidance to assist newly appointed FRG Key Callers.

July 15, 9:30 am – Noon  
August 19, 6:00 – 8:30 pm  
September 9, 6:00 – 8:30 pm  
October 14, 6:00 – 8:30 pm  
November 18, 9:30 am – Noon  
December 9, 6:00 – 8:30 pm

### **Funds Custodian Class**

This class provides instruction and guidance to assist newly appointed FRG Funds Custodians.

July 14, 6:00 – 8:00 pm  
August 18, 6:00 – 8:00 pm  
September 15, 6:00 – 8:00 pm  
October 13, 6:00 – 8:00 pm  
November 17, 6:00 – 8:00 pm  
December 15, 6:00 – 8:00 pm

### **Care Team Training**

**Instruction on Care Team's responsibilities and provides guidance on how to handle issues volunteers will face (such as dealing with family's reactions).**

July 20, 6:00 – 8:00 pm  
August 17, 1:00 – 3:00 pm  
September 21, 6:00 – 8:00 pm  
October 13, 1:00 – 3:00 pm  
November 16, 6:00 – 8:00 pm  
December 7, 10:00 – Noon

### **Family Readiness Support Assistant (FRSA) Training**

This training will provide FRSAs a basic knowledge of their roles and responsibilities as well as acquaint them with the various Army Community resources available to Soldiers and Family members.

\* Mandatory to all new FRSAs      \* Commanders welcome      \* Open to all FRG Volunteers  
July 28-29, 9:00 am – 3:00 pm

### **Children & Separation Issues of Deployment**

This presentation addresses the positive aspect of separation from the deployed parent and ways to strengthen the relationship long distance. Additionally, it discusses detrimental coping strategies to watch for and signs to recognize that it is time to seek professional help.

July 15, 10:00 – 11:30 am

### **Mission Based Marriage**

Marriage is never a simple undertaking - marriage plus the military lifestyle can seem impossible. In this presentation, participants will learn how to make their marriage work throughout normal challenges and those of the military lifestyle.

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July 13, 1:00 – 2:30 pm

### **Life in Balance: Relaxation & Stress Relief**

Competing demands will be identified, and stress management strategies (stress reduction and relaxation skills) will contribute to an understanding of how to achieve improved work/life balance.

August 19, 10:00 – 11:30 am

### **FRG Awards and Recognition Class**

You can't do it all yourself... You need an army of volunteers! This course will give you the tools you need to recognize your volunteers with local, private, and DA level Awards. In addition, you will be provided with all the required forms and information you need to succeed.

July 12, 6:00 – 8:00 pm

August 25, 1:00 – 3:00 pm

September 7, 6:00 – 8:00 pm

October 20, 6:00 – 8:00 pm

November 9, 10:00 am – Noon

December 7, 6:00 – 8:00 pm

### **FRG IG Aces**

The training will instruct Commanders, Senior Advisors, FRSSAs, and FRG Leaders how to create and manage their FRG binders to comply with regulations and henceforth any pending IG Inspections. The class will go line by line through the Inspection Plan and cover what needs to be in the FRG Binders in order to pass and even "ace" the inspection.

July 20, 10:00 am – Noon

August 24, 1:00 – 3:00 pm

September 23, 6:00 – 8:00 pm

October 5, 10:00 – Noon

November 10, 6:00 – 8:00 pm

December 6, 10:00 – Noon

### **FRG Forum**

The FRG Forum is a venue for FRG Leaders to discuss current FRG issues or concerns and to explore solutions. A different topic and guest speaker will be featured each month.

July 22, 9:00 – 10:30 am

August 26, 9:00 – 10:30 am

### **Relocation Readiness:**

**Hearts Apart:** This support group is a time when a Family member with a Soldier on an unaccompanied tour, TDY or at present is currently deployed, can come in to learn about resources, gather information and network among one another. Registration is a must and required one week in advance. Children that need childcare will be required to have their current shot records presented the day of the event.

**Date: July 24th 2010 Canoeing Trip (Registration Required)**

**RSVP: June 20, 2010**

**Time: 8:30am Outdoor Recreation**

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**Citizenship and Immigration Intake:** These 2 ½ hour sessions provide information and instructions on preparing the application for Citizenship and Immigration. Attendees MUST register with ACS, Relocation Department:

**Date**                **July 14, 2010**  
RSVP By:        July 21, 2010  
Time:                9:00 – 12:00 am

**Date**                **July 24, 2010**  
RSVP By:        Jul 28, 2010  
Time:                9:00 – 12:00 am

**Citizenship and Immigration Walk-In Clinic:** This Clinic is a session where immigrants, permanent residents and others can come in without an appointment to get answers to their questions on citizenship and immigration processes, sign -up to volunteer as instructors or class assistants, receive application packets for citizenship & Immigration processes or have their applications reviewed.

**Date**                **July 30, 2010**  
**Location:**        ACS, 7264 Normandy Drive  
**Time:**                9:00 – 3:30 pm

**Permanent Change of Station (PCS) Briefings:** Are you departing Fort Riley and trying to prepare for your new adventure? Come join us as we share information to help make your transition smoother. Enrollment for this required training is mandatory.

	<u>South Korea</u>	<u>Germany</u>	<u>Stateside</u>	<u>Overseas</u>
<b>Date</b>	<b>July 6, 2010</b>	<b>July 13, 2010</b>	<b>July 20, 2010</b>	<b>July 27, 2010</b>
<b>Time:</b>	1:00 – 2:00pm	1:00 – 2:00pm	1:00 – 2:00pm	1:00 – 2:00pm

\*\*Please contact the Relocation Program, 239-9435 to schedule your PCS briefing.

**Reentry Workshop:** As most Families in the military are aware, returning home to the United States from an overseas tour can be exciting, daunting and just outright scary at times. This workshop is for those of you who would like a little cultural integration back into the new and ever changing world of MP3s and more.

**Date:**                **July 23, 2010**  
RSVP By:        July 19, 2010  
Time:                8:30am–10:30am

**Discover Riley's Treasures Workshop:** ACS Relocation Readiness Program and Employment Readiness Program have combined to offer free training and education for the newly arriving spouse interested in obtaining employment. Instructors will provide you the steps to utilize when filling out an Army RESUMIX, provide an overview for reading the federal announcements and assist you in researching positions for specific job qualifications. We will also provide information on Fort Riley and the surrounding community.

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\*\*Please contact the Relocation Program, 239-9435.

**Date:** July 22nd, 2010  
**RSVP By:** July 19th, 2010  
**Time:** 9:30am – 11:30am

### **Soldier Family Assistance Center (SFAC):**

Fort Riley has established a dedicated Soldier and Family Assistance Center (SFAC) to support the Warrior Transition Battalion (WTB). The purpose of the SFAC is to ensure our Warriors and their Family members receive tailored, integrated, and streamlined services. The SFAC team is here to remove any barriers our injured or ill Warriors may face in support of the healing process. We do this by providing our Warriors and their Families a convenient connection to services, a supportive and friendly staff, and a leisure area to connect them to one another – and to a caring community. Located in Bldg 671A/673A, next to Irwin Army Community Hospital. Hours of Operation: 7:30am–4:30pm.

### **Fort Riley Education Services (ACES):**

Education services switched to the Garrison Resiliency 5-4-9 work schedule, effective **June 7, 2010**. This will mean, our offices and the consortium schools and universities will be closed every other Friday, in accordance with the GC schedule.

July closed dates: July 9th and 24th.

#### **Main Post Learning Center, 217 Custer Avenue (785) 239-6481**

New Hours: 7:30 am – 5:00 pm

Services: Education Counseling and Testing

#### **Learning Center 1, 7604 Parker Street (785) 239-9485**

New Hours: 7:30 am – 5:00 pm

Services: Multi-Learning Facility

The MLF will have 12 computers for Soldier and Family Member use. You will be authorized up to 5 pages of print per day.

#### **Learning Center 2, 7656 Graves Street (785) 239-9824**

New Hours: 7:30 am – 5:00 pm

Services: Education Counseling, Tutor Center, and CLEP/DSST testing.

Tutoring Center hours will be: Monday, Tuesday, Thursday: 9:00 am to 5:00 pm, Wednesday: 9:00 am to 7:00 pm, Friday: 9:00 am to 3:00 pm, and Saturday: 11:00 am to 3:00 pm.

CLEP/DSST testing will be on Tuesday, Wednesday, and Thursday with CLEP testing from 9:00 am to noon, and DSST testing from 1:00 to 3:00 pm.

Contact phone number for Tutor Center and CLEP/DSST testing is (785) 240-3617.

### **Leader Skills Enhancement Courses (LSEC):**

LSEC is designed to assist in the training of Noncommissioned Officers and Soldiers demonstrating leadership potential in the advanced skills needed to perform at higher-level leadership and staff positions. **ALL** Soldiers and Civilians must enroll in GOARMYED (<https://www.goarmyed.com/Login.aspx>) **AND** visit Barton's office at Main Post, 217 Custer Avenue to complete class registration. Failure to do both will result in an automatic class drop.

#### **Upcoming LSEC Cycles are as follows:**

Cycle 6: July 26 – September 9, 2010

LSEC Advisement Day for Cycle 7 – August 9, 2010 for classes starting September 13, 2010.

Class Schedule: <http://www.riley.army.mil/NewsViewer.aspx?id=2983>

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### **Basic Skills Education Program Classes (BSEP) and GT Improvement:**

BSEP is designed to assist Soldiers and Family Members needing instruction or review of Basic Skills in Math. GT Improvement classes are also available for Soldiers wanting to raise their GT Score. Review in Math, Vocabulary, and Reading Comprehension prepare the individual to re-take the Armed Forces Classification Test (AFCT).

Upcoming BSEP Classes:

- Cycle 12: July 21 – August 13, 2010
- Classes are held at 8044 Normandy.

To enroll please see an Army Education Counselor.

### **Barton County College:**

Current on-post evening college classes: June 2 – July 27, 2010

### **Central Michigan University:**

Next on-post course will start: June 25 – July 24, 2010

MSA 600 Administrative Research and Report Methods

### **Central Texas College:**

Current on-post evening college classes: June 1 – July 24, 2010

Online classes begin: June 7 – August 27, 2010

### **Kansas State University:**

No current on-post evening classes available

### **Southwestern College:**

Current on-post evening college classes:

Homeland Security/Security Management Program

BQM 425 Research Project July 8 – August 12, 2010

SMGT 415 Legal Aspects of Security July 6 – August 10, 2010

### **University of Mary:**

Next on-post course will start: July 21 – August 18, 2010

MGT 555 Managerial Finance

### **Upper Iowa University:**

Current on-post evening college classes: June 1 – July 24, 2010

Online classes begin: June 2, 2010 - end dates vary

### **Fort Riley Dental Activity (DENTAC):**

- **Oral Health Initiative (OHI):** The OHI Program is underway and is getting rave reviews! Dental Fitness Classification 1 is the goal of this Department of Defense funded program. The Fort Riley DENTAC and local private sector dentists have teamed up together to ensure that all the routine dental needs are taken care of for Fort Riley's Soldiers. This is a no-cost voluntary program for the Soldier, but it does require a referral by the DENTAC. Qualified Soldiers may receive dental care with the same private sector dentist that their Family Members see or any participating dentist in local area. We can refer you to a dentist in Abilene, Junction City, Manhattan, Riley and Topeka if you like—ask your DENTAC OHI Coordinator for your options. Note: The DENTAC must initiate all referrals otherwise the Soldier will incur the monetary responsibility for any fees. Referrals are easy. Stop by your dental clinic today to see if you qualify for the OHI Program!
- **Dental Appointments: Deploying Soldiers:** Deploying Dental Ready Soldiers is our top priority and foremost responsibility! We strongly encourage all deploying Soldiers to get a current dental examination and their dental appointments as soon as possible.

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When we have enough time we can do almost anything. When it comes to dental care, the “last minute” is a poor course of action. Furthermore, it is imperative that all deploying Soldiers tell the Appointment Desk Staff that they are deploying so that we can ensure timely and properly sequenced dental care to meet all the Soldier’s dental readiness needs before deployment.

- **Routine Dental Care:** We are experiencing difficulty in providing routine dental care for all Soldiers. With staffing shortfalls, the increased demand on our providers with the buildup of deployments this summer, we are very busy providing World Class dental health care to those with considerable dental needs. In most cases, dental appointments for routine procedures are not readily available. We ask that those requiring routine dental care be patient or consider the OHI Program described above. Cleaning appointments may be available in about three to four weeks.
- **Failed Dental Appointments** are very costly not only to the DENTAC but to Soldier/Unit Readiness! Please call to cancel or reschedule your dental appointment as soon as you determine that you cannot make your scheduled appointment. This will allow us to give that appointment time to another Soldier. This will reduce our operating costs (think tax dollars) and allow us to take care of more Soldiers. Your dental clinic phone number is listed below.
- **Commitment:** We are committed to provide the Soldiers of Fort Riley a quality dental health care experience. We will do all that is humanly possible to take care of Soldiers dental needs. Don’t wait for the last minute. Be proactive and help us help you by making an appointment with your dentist today.
- **Hours:**

<u>Dental Clinic Info</u>	<u>Phone</u>	<u>Hours</u>
Dental Clinic #1 (Hospital)	239-7955	8:00am-5:00pm
Dental Clinic #3	CLOSED FOR RENOVATION	
Dental Clinic #4	239-4174	8:00am-5:00pm
- **Dental Sick Call:** 8:00-10:00am (after 10:00am please call or you may need to be prepared to wait a while). After hours, weekend or holiday dental emergency: Report to the IACH Emergency Room.

### **Chaplains’ Offices:**

**Please note for all services offering Nursery care, please bring immunization records with you.**

Chaplains’ Office 239-3359

Please visit our web-site at <http://www.riley.army.mil/>

Click on Services-Fort Riley Services-Chaplain

### **WORSHIP SERVICES AND CATHOLIC MASS SCHEDULE**

Main Post Chapel 239-6597

Protestant Community Worship Service Sunday @ 10:30am

Kapaun Chapel 239-9608

Contemporary Protestant Service Sunday @ 10:30am

Morris Hill Chapel 239-4060

Gospel Sunday school @ 9:00am

Gospel Worship Service Sunday @ 10:30am

Roman Catholic Mass Sunday @ 9:00am

Roman Catholic Education Sunday @ 10:30am

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Saint Mary's Chapel 239-6597  
Roman Catholic Mass Saturday @ 4:30 pm  
Roman Catholic Mass Sunday @ 11:00am  
Wednesday & Friday @ 12:00 pm  
Irwin Army Community Hospital Chapel 240-1443  
Tuesday & Thursdays Catholic Mass @ 12:00 pm  
Religious information

Jewish information please call: 539-8462  
Muslim Religious Services please call: 776-1033  
LDS Services please call: Single 537-7870  
Family 539-1084  
JC 238-2951

Fort Riley offers a wide variety of dynamic worship, study and fellowship opportunities. Please visit our web site or call our chapel offices to obtain further information:

Religious Education Director 239-2979  
Catholic Education Director 240-1443  
Religious Support Office 239-3359  
Morris Hill Chapel 239-4060  
Main Post Chapel 239-6597  
Saint Mary's Chapel 239-6597  
Kapaun Chapel 239-9608  
Normandy Chapel 239-9149  
Family Life Ministry 239-3436

### **Public Works:**

- **Energy/Water Conservation:**
  - Funds saved in the energy account go to improving the quality of life for Soldiers and Families.
  - Close exterior doors and windows when the outside temperature drops below the thermostat setting.
  - Turn off computer monitors, appliances and lights when not needed.
- **Hunting and Fishing:**
  - Rainbow trout stocking in Cameron Spring and Moon Lake began in mid October.
  - A Kansas Trout Stamp and Kansas Fishing License (unless exempt) are required for all persons actively pursuing trout at either location.
  - Information on Fort Riley's deer seasons is available at the Conservation Office, 1020 Huebner Road. For more information, call 239-6211 or visit the Conservation Office.
- **Household Hazardous Waste Service Available to Residents:** Fort Riley operates a Household Hazardous Waste (HHW) facility for residents to dispose of or pick up, free of charge, common household products. This service is particularly helpful when residents are moving because these items should not be thrown away and they cannot be shipped with household goods. While only active duty military personnel living on the installation may drop-off items, any government ID cardholder may pick-up items.
  - Examples of products the facility accepts (and offers for pick up) - cleaning products, paints, disinfectants, drain openers, insecticides, automotive fluids, and mothballs. The HHW facility is located at the Environmental Waste Management Center, Bldg. 1945 in Camp Funston. For more information call 239-6797.

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- **Fuel wood:**

- Fort Riley's fuel wood regulation (FR200-4) was updated last spring.
- A permit can be purchased for \$25.00 which now allows the permit holder 90 days to cut up to two cords of wood.
- A cord is a stack of wood 4 feet high x 4 feet wide x 8 feet long.
- Permits can be purchased at the Outdoor Recreation Center (ORC), MWR.

Call for more information to ORC at 239-6368 or to Conservation and Restoration Branch, PW at 239-6211.

- **Restoration Advisory Board:** The Restoration Advisory Board is a group of private citizens, State and Federal Regulatory agency personnel, and Installation personnel, who meet as needed to discuss efforts to clean up areas contaminated by past practices under the Comprehensive Environmental Response, Compensation, and Liabilities Act, or CERCLA. CERCLA is commonly known as "Superfund," and this meeting will include a public comment meeting on the proposed plan to address the remaining contamination in the ground water at the former dry cleaning facility on Main Post. The public is welcome to attend. For more information, please call the Conservation and Restoration Branch, at 239-6211.

### **Boy Scouts:**

To join, please contact 238-5684 for more information.

### **Girl Scouts of Northeast Kansas and Northwest Missouri:**

The Kaw Valley Girl Scouts have merged with 2 other councils and our new name is Girl Scouts of Northeast Kansas and Northwest Missouri. Funding for the council comes from the United Way of Geary County. If you are interested in being a Girl Scout leader or a Girl Scout please contact 776-1488. We are always looking for Adult Leaders and volunteers to help out with the Service Unit Team Meetings. We are always looking for adult volunteers to help with special events. If you are interested, please contact 776-1488.

### **Armed Services YMCA (ASYMCA):**

Take advantage of our childcare programs, while your children are enjoying their day with fun filled learning activities, and socializing with others you are able to take time for yourself knowing your children are safe and well cared for. Please contact the ASYMCA for more information 785-238-2972.

**\*\* Reservations are required one week in advance for all childcare programs. \*\***  
**All children must be registered.**

### **Parent's Work Out:**

#### **Monday through Friday 8:30-10:45am**

- Please provide a snack for your children
- \$4.25 1st child
- \$3.50 per additional child
- \$5.00 for children under 2
- \$4.25 per additional child under 2

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### Parent's Day Out:

#### Monday through Friday 11:00am-3:00pm

- You must provide a sack lunch and a snack for your children
- \$10.00 1st child
- \$9.25 per additional child
- \$10.75 for children under 2
- \$10.00 per additional child under 2

**Parent's Night Out:** Enjoy an evening, go to dinner, or just get your grocery shopping done while your children are being well cared for in a safe environment.

#### Friday 5:30-10:00pm

- You must provide a sack lunch and a snack for your children
- \$10.00 1st child
- \$9.25 per additional child
- \$10.75 for children under 2
- \$10.00 per additional child under 2
- Dates Available:

**July 16 and 30**

**August 13 and 27**

**September 10 and 17**

**October 1 and 22**

**November 5 and 19**

**December 10 and 17**

**\*\*\*All childcare program prices are for the entire program this is not an hourly rate.\*\*\***

**Free Childcare:** Two Saturdays a month for Families of deployed Soldiers. All children must be registered and we need a copy of deployment records.

#### Saturday 12:30-4:30pm

Dates Available:

**July 17 and 31**

**August 14 and 28**

**September 11 and 18**

**October 2 and 23**

**November 6 and 20**

**December 11 and 18**

- **Operation Kid Comfort:** Program designed for children of deployed Soldiers to help them through the difficult time of their parent being away. Parents are taught how to make and design a quilt with pictures of the family, deployed Soldier, or things that bring comfort to them. All supplies are provided. A \$5.00 fee is charged per family for childcare if needed. OKC will not be having classes in July or August.
- **Building Rentals:**
  - The ASYMCA is available for your FRG Meetings free of charge with the availability for childcare on site for a minimal fee. Call to schedule.

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- Need a place to hold a Kid's Birthday Party, Baby Shower, Bridal Shower, Scouts, etc. We offer our building for rentals. \$25.00 for 3hrs, including set-up and cleaning.
- **Car Seat Loan Program:** Geico insurance has provided us with car seats that are available to loan for 1 month at no fee. The seats accommodate newborns to children up to 40 pounds.
- **Operation Wheels:** Free transportation service for active duty military or their dependents living on Fort Riley or in Junction City. This is available for those that do not have a vehicle or for those who do not drive. We will provide 4 round trips per month at no charge to active duty or their dependents.

**The following locations are available for transportation:**

1. WIC Bldg. #7264
2. ACS Bldg #7264
3. Irwin Army Hospital Bldg #600
4. Self Help Bldg. #289
5. Post Chaplain Services
6. Respite Care at ASYMCA
7. Geary Community Hospital
8. Junction City Health Department

**Appointments:** Please call 24 hours in advance at 762-4780 to schedule a pick-up.  
**For more information-** Please call 238-2972, email [asymca@ngks.com](mailto:asymca@ngks.com), or stop by at 111 East 16th Street, Junction City.

**United Way of Junction City-Geary County:**

The United Way of Junction City-Geary County (CFC #98013) provides support services for the military community through 15 local not-for-profits. The following list includes the services and contact numbers provided through Fort Riley's nearest United Way. Call United Way at 238-2117, email [director@unitedwayicgc.org](mailto:director@unitedwayicgc.org) or get more information on any of these agencies at [www.unitedwayicgc.org](http://www.unitedwayicgc.org) we are here to help!

- **Operation Wheels at Armed Services YMCA:** transportation for military Family members to medical appointments 238-2972 [asymca@ngks.com](mailto:asymca@ngks.com)
- **Fourth Grade Learn to Swim:** program at the Family YMCA 762-4780 [ymca@ngks.com](mailto:ymca@ngks.com)
- **Scholarship memberships for Girl Scouts:** 238-2323 [www.girlscoutsksmo.org](http://www.girlscoutsksmo.org)
- **Boy Scout internships:** for KSU students to fill in for deployed troop leaders 238-5684 [www.Coronadoscout.org](http://www.Coronadoscout.org)
- **Dental Clinic** at Konza Prairie Community Health Center 238-4711
- **The Crisis Center:** for victims of abuse and sexual assault 762-8835 [ccijcks@carrollweb.com](mailto:ccijcks@carrollweb.com)
- **Kansas Legal Services:** for victims of domestic violence (800) 723-6953
- **The Open Door:** emergency shelter 238-3599 [opendoor@ngks.com](mailto:opendoor@ngks.com)
- **The Food Pantry:** emergency food 762-8830 [vogelsang@embarqmail.com](mailto:vogelsang@embarqmail.com)
- **Smarter Fun in the Sun:** summer activity through Boys and Girls Club 717-4020

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- **Transportation for Special Olympics participants:** 209-1996  
[jtgeh2003@yahoo.com](mailto:jtgeh2003@yahoo.com)
- **Emergency aid for victims of disasters by the Red Cross:** 238-3163
- **Security checks:** for volunteers with Big Brothers/Big Sisters, adult mentors for at-risk children 238-1650
- **Volunteer Recruitment for CASA:** Court Appointed Special Advocates of the 8th Judicial District 762-3907
- **Habitat for Humanity:** funding for the next home built by Habitat 238-3126

### **Kansas Children's Service League (KCSL):**

- In Kansas alone over 6,000 children each year need the care and support of foster and adoptive Families. People just like you are building brighter futures for these children by serving as foster and adoptive parents, relative caregivers, and advocates. You too can change a life. Help support our state's most vulnerable children so they can realize their full potential. Learn more by calling (877) 530-5275 or by visiting the Kansas Children's Service League Adoption & Foster Care website at [www.kcsl.org](http://www.kcsl.org)
- Upcoming classes offered by KCSL:
- MAPP Training: This 10-week preparatory class is offered **free of charge** to individuals and Families interested in fostering and adopting. The classes are Tuesday nights from 6:00-9:00pm. For more information or to enroll call 1-877-530-5275.
- The Oasis program will provide **free and voluntary services to Families** with youth 10-18 who are at-risk to run away or have already run away. The goal of the program is to prevent youth homelessness, out of home placement, and to safely reunite the youth and Family by providing crisis intervention, temporary shelter, and support services. For additional information call 539-3193 ext.1701 or call the Oasis cell phone at 643-6615.

### **Army Career and Alumni Program (ACAP):**

- **Transitioning Service Members:** Are you a Soldier planning to transition from the military? If so, schedule your mandatory Pre-separation Briefing by logging on ACAP Express at <https://www.acapexpress.army.mil> or by calling 785-239-2278. Briefings are held Monday, Tuesday, Thursday, and Friday at 9:00am and 1:00pm. Soldiers reporting for their initial Pre-separation Briefing without a valid AKO account/password and/or arriving late will be re-scheduled.
- You may start the ACAP process up to 12 months prior to separation for ETSing Soldiers and up to 24 months prior to anticipated retirement date for Retiring Soldiers. In no event should the process begin later than 90 days prior to separation. All Soldiers regardless of reason being separated are required to complete this briefing. You do not need orders to begin the ACAP process. ACAP is here to assist Soldiers in determining whether to "get out" or "stay in".
- In addition to the Pre-separation Briefing, all Soldiers are required to attend a 4-hour VA Benefits Briefing prior to separating. This briefing is held Thursdays 9:00am-2:00pm. For those Soldiers injured while in service or want more information on the Vocational Rehabilitation program are welcome to attend the DTAP VA Briefing, Thursdays 2:00-4:00pm.
- Interested in Resume Writing? Interviewing Skills? ACAP offers a 2.5 day Job Workshop (TAP) weekly. The workshop also focuses on assessing skills, defining career goals,

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researching employment opportunities, and planning effective job searches. Completion of the TAP Workshop is required for further ACAP Counselor resume assistance.

- Our main office is located at 210 Custer Avenue, Room 006. In addition, we offer ACAP services for eligible Soldiers and Families assigned to the WTB and/or pending an MEB/PEB at the Soldier and Family Assistance Center (SFAC) 671A 3 Street, 785-239-8368.
- Spouses are welcome and encouraged to attend ACAP services. Briefings/seminars are by appointment only! Soldiers and spouses must have a valid AKO account to utilize ACAP services. Please visit <https://www.acap.army.mil> for more information.

### **Civil Air Patrol (CAP) USAF Auxiliary:**

Would you like to honor and serve America? Do you want to prepare for your future while making new friends? Then rise to the challenge of cadet membership in the CAP. Cadets fly, hike, camp, get in shape, learn to lead and push themselves to new limits. If you are dreaming about a career in aviation, space or the military, CAP's Cadet Program is for you. An average of 10% of the cadets at the U.S. Air Force Academy got their start in CAP. To become a cadet you must be aged 12-18. Cadets meet two (2) hours per week and for some Saturday activities and have opportunities to attend leadership encampments, career academies and international exchanges during the summer. We meet every Tuesday at Freeman Field Airport, Junction City from 7:00-9:00pm or call 209-8223 for more information. If you need more information please go to our website [www.gocivilairpatrol.com](http://www.gocivilairpatrol.com).

**Fort Riley, Kansas**  
**"Home of the Big Red One"**

