

# The Riley Bugle Call Newsletter | 2010

## SEPTEMBER



**COL Kevin P. Brown  
Garrison Commander  
CSM Ian A. Mann  
Garrison CSM**



**\*\*\*\*NOTE: Announcements for the OCTOBER 2010 "Riley Bugle Call" are due by COB 9 SEPTEMBER, 2010. If you have questions or would like to add something to The Riley Bugle Call please call 239-9433\*\*\*\*.**

### **Combined Federal Campaign (CFC):**

**The kick-off is 29 Sep 2010 at Riley's Conference Center from 11:30am-1:00pm**

**The campaign period runs from 29 Sep - 29 Oct 2010**

**CFC Golf Tournament at Custer Hill Golf Course 17 Sep 2010**

### **ATTENTION ALL GOLFERS!!!!**

- Hole-In-One Grand Prize is \$5,000 (Hole #7)
- 2nd-4<sup>th</sup> Place Hole-In-One prizes (Nike Driver, BOSE Sound System, and \$50 Gift Card) awarded on other three Par 3 holes.
- The CFC Golf Tournament is 17 Sep 2010
- 4-Person Scramble
- Cost is \$50 per person
- Registration is at 9am at Custer Hill Golf Course
- Shotgun start at 10am

**ALL PROCEEDS BENEFIT THE 2010 FORT RILEY COMBINED FEDERAL CAMPAIGN**

### **Historical & Archeological Society of Fort Riley:**

- **The Fall Apple Day Festival is September 18, 2010**
- To pre-order your apple pies, please contact 361-522-4584. You can pre-order from August 13-September 12, 2010.
- HASFR needs volunteers to help bake 2000 Apple Pies for the upcoming Fall Apple Day Festival! Pies will be made September 13-17, 2010. To sign up yourself or your group to help out! Please call 785-784-2262.

### **Irwin Army Community Hospital (IACH):**

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### **CTMC not just for Soldiers anymore**

MEDDAC Public Affairs

- A new development as part of the patient-centered medical home team concept has created a misnomer for one clinic. Health care provided at the Combined Troop Medical Clinic recently transitioned to the PCMH concept, which means that both Soldiers and Families are now treated at the clinic. In addition to a change in mission, the clinic itself is undergoing a change in the way of renovations. The clinic also is in progress to memorialize the clinic to give it a new name. Under the PCMH concept, each team has several providers, such as a Family practice provider, physician assistant, nurse practitioner and pediatrician, and the team is assigned to particular brigades and elements. The same providers see the same Family members within the same unit to increase continuity of care and improve overall satisfaction with health care services. Soldiers and their Families in the 2<sup>nd</sup> Heavy Brigade Combat Team and the 1<sup>st</sup> Sustainment Brigade are assigned to Medical Homes 6, 7 and 8 and have begun receiving their primary care in the CTMC in Building 7262 on Custer Hill. The disciplines provided within the clinic are pharmacy, radiology, physical therapy, optometry, laboratory, patient administration, and chiropractic services are provided to Active Duty Soldiers. After the renovation is complete in October, the clinic will provide behavioral health and case management services within the clinic. The clinic is located on Custer Hill just south of the intersection of Normandy Drive and Estes Road where the bowling alley is located. It is situated in between Cantigny Dining Facility and Dental Clinic #4.
- For additional information, contact MAJ Jennifer Glidewell, officer in charge of the CTMC, at 239-9779.

### **Enhancements to TRICARE online have arrived**

MEDDAC Public Affairs

- A TRICARE online booking appointment for minors are in effect and allows parents to book appointments for minor children. The military sponsor will automatically have appointment-making access for all minor children under 18 in their Family. Spouses will have appointment-making access only for minor children in the Family for which they are the custodial parent. The sponsor has the ability to grant access to their spouse for any “non-custodial” minor children in the Family. The enhancements to TRICARE online also include the ability to have one username and password to access all accounts, as opposed to each beneficiary having his or her own username and password. TRICARE online allows patients to book appointments, manage their refills and access their health records. It is different from Triwest online, and a lot of people think they already have an account when they actually have a Triwest account. The sponsor and spouse are the only individuals who need to register with TRICARE Online. Visit [www.tricareonline.com](http://www.tricareonline.com) to start the process. To set up a TRICARE online account, there are kiosks in Irwin Army Community Hospital’s pharmacy and emergency department and also at the Army Community Service, Building 7264. A representative will be available at Riley’s Round-up, at pre-deployment briefings for deploying units and Fall Apple Day Festival Sept. 18.
- A representative can also provide assistance at FRG meetings or even one on one. To request a representative, call 239-7968.

### **Thrift Shop:**

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- The Fort Riley Thrift Shop is open Tuesday through Thursday and the 1<sup>st</sup> and 3<sup>rd</sup> Saturdays of the month from 9:30 a.m. to 2:30 p.m. with consignments from 9:30 a.m. to 1:00 p.m. The Dollar Bag Room will be open Wednesdays and Saturdays from 9:30 a.m. to 1:00 p.m.
- The Thrift Shop continues to seek energetic volunteers. Childcare reimbursement for volunteers is available. Please inquire at the shop.
- The Fort Riley Thrift Shop continues to run the “Eyes for Education” program. This program is designed to assist military Families on Fort Riley. Applications can be picked up at all the local schools, the PX optical shop, IACH Optometry Clinic and at the Thrift Shop. There are several criteria to be met before receiving financial assistance; however, ALL applications will be considered on a case-by-case basis if one or more of the criteria are not fully met.

### **Directorate of Plans, Training, Mobilization & Security**

- The Security Office offers **FREE** fingerprinting for Fort Riley Soldiers and Family members. For more information, please call 239-6348.  
Location: 500 Huebner Rd, Room 105.
- Please call 239-6348 to make an appointment.

### **COMMISSARY:**

- Our hours of operation are:  
Monday-Saturday 9:00AM-8:00PM  
Sunday-10:00AM-6:00PM  
Early bird shopping hours are 7:00-9:00AM
- We have 4 self checkouts for your shopping convenience  
40 items or less, there is a customer service personnel here to assist you if you need help.  
The deli-bakery and produce and meat department can do special order trays with 24 hrs. in advance.
- The Commissary, it's worth the trip where you save 30% on your total grocery bill.  
Our phone # is 239-6621.
- **We value your service!**

### **Fort Riley Veterinary Services:**

- Building 226 Custer Avenue (down the street from In/Out Processing)
- Operating hours are Monday thru Friday: 8:00-11:00am and 12:00-4:00pm.
- Closed federal holidays and the last business day of the month.

#### Registration

- All pets residing in on-post housing must be registered with Veterinary Services per Fort Riley Regulation 40-18.
- Registration is free; however, all animals must be registered and micro chipped (done by appointment) within 10 days of arriving on post.
- Registration is walk-in and owners need to bring vaccination history and microchip history if available. If no history is available the owner may make an appointment after registration is complete.

#### Appointments

- Appointments can be made for vaccinations and minor sick call by calling (785) 239-3886.
- Veterinary Treatment Facilities have been standardized Army-wide to stabilize prices and care given to Patrons and their pets. One of these benefits includes our new Discounted Wellness Packages suited to your pets needs.

#### Discounted Wellness Packages

- These include basic required vaccinations that are offered yearly or every three years.
- Also included are annual heartworm screenings and stool exams.

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- For your new additions we offer puppy and kitten packages as well.
- For more information on Veterinary Services search online [www.riley.army.mil](http://www.riley.army.mil)

### Fort Riley Stray Facility

- Operating hours are Monday thru Friday 12:00 Noon-4:00pm.
- Phone Number is (785) 239-6184.
- Although we are a small facility we just might have the perfect companion for your Family. Come by and adopt a pet today!

### American Red Cross:

- ✓ Volunteers needed for two programs: Local Disaster & Mother's Outreach Program
- ✓ Volunteer orientations are Mondays at 1:00pm at the Red Cross office in 7264 Normandy Drive, Room 16. Questions call 239-1887.
- ✓ Interested in being a local disaster volunteer. Disaster classes are coming with the New Year. Dates will be determined.
- ✓ Mother's Outreach Program (on-going program). Volunteers meet and give gift bags to new parents at IACH. Please call 239-1887.

### Directorate of Family, Morale, Welfare, and Recreation (DFMWR):

#### Special Events:

- **WHYTRAP:** BOSS will host their final Welcome Home September 2<sup>nd</sup> at 5pm at the Warrior Zone. Soldiers who have recently returned from OIF/OEF are invited to enjoy music and free food and beverages.
- **Coke Tour Concert:** Coca-Cola is taking two up-and-coming artists on tour and bringing them to Fort Riley for a FREE concert on September 8<sup>th</sup>, 2010 at 6pm behind the Warrior Zone. Junior is a young, energetic, punk rock band who played at Vans Warped Tour in 2008 and 2009. Lisa Pallesschi has co-written songs with 3 Doors Down and Orbison Music. Both have performed at NASCAR events across the country. The winner of the BOSS Battle of the Bands will "open" for the Coke Tour at Fort Riley. Refreshments will be sold and grass seating is abundant. All are welcome!
- **Ceremony of Remembrance:** Ceremony of Remembrance will be conducted at the Old Bill Statue on Main Post Custer Parade Field at 8am on September 11<sup>th</sup>. During this ceremony BG Petersen and CSM Wallace will present a medallion to the children of service men and women who were killed while fighting the Global War on Terror. The medallion consists of a gold US Army seal and is engraved with the words "Fort Riley Remembers". It symbolizes Fort Riley's enduring commitment to the Families of our fallen Soldiers.
- **Comedy Club Trip:** BOSS will host a visit for up to 20 Soldiers to the Comedy Club in Kansas City on September 11<sup>th</sup>. Visit ITR or 239-BOSS to sign up. No cost to the first 20 Soldiers.

### Arts & Crafts

6918 Trooper Dr; Call (785) 239-9205.

Monday & Tuesday 1:00 – 8:30pm, Wed, Sat, & Sun 9:00am – 4:30pm,

Closed on Thursdays, Fridays and Holidays

### Community Recreation

- **Classes:** We offer a variety of classes, a specialized wood working area, matting and framing area, and crochet and knitting.

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- **Wood safety Class:** Learn power tool safety and general woodshop procedures in this one night class. Patrons are required to take this class before using the woodshop. One Monday evening class, 6:30pm, \$8.00 fee. You must sign up prior to the beginning of classes, which will start in October.
- **Matting and Framing Class:** Learn the skill to do your own matting and framing, save a bundle! Class covers material selection, matt cutting, frame assembly, and glass cutting. The center carries conservation – preservation products to complete your fine art work project. One Tuesday evening class September 14, September 28, \$10.00 fee must sign up prior.
- **Crochet or Knitting:** Learn one or both of these skills this class. Class meets every 2<sup>nd</sup> Saturday from 1:00 – 3:00pm. Take as many classes as needed. Stop by anytime and see what the group is working on. Call ahead to be enrolled - or just swing by. September 11. This class is FREE!
- **Coffee Groups, FRGs, and Scouts:** Come in for a crafts class! We will set up a class just for your group.

### Custom Services

- **Professional Matting & Framing:** Our shop has over 500 frame molding choices and only the highest quality conservation, preservation mats for your valuable pieces. Stop in and get a free estimate.
- **Ceramic Shop:** You can drop off your green ware or glaze ware for firing here; there is a minimal charge per inch.
- **Imprint Shop:** We offer computerized engraving for plaques.
- **Laser Engraver:** The engraver is able to cut into wood, plastic, glass, mirror, and limestone. Stop in, take a look at our samples, and see what we can do!

### Automotive Skills Center

Bldg 7753, Apennines Dr  
Fort Riley, KS 66442  
(785) 239-9764/4028  
Wednesday –Friday 11:30am-8:30pm  
Saturday-Sunday 9am-5pm

*The Automotive Skills Center will be aligning your vehicles on Wednesday, Thursday, and Friday from 12:30-6pm. Wheels alignment specifications: 1987-2009 Passenger Cars, Vans and Lights Trucks*

- Front-end Alignment and AC service available on a first come, first serve basis.
- The Automotive Skills Center professional staff mechanics will service your AC at a fraction of the cost compared to a downtown dealer and repair shops.
- The Automotive Skills Center body shop is open for business, providing technical skills and continuous education. The Patron can attend a body shop classroom or do hands on training before utilizing the body shop area.
- The Automotive Skills Center has updated their high technical system, Mac Mentor, with OBD11 Smart Cards, Scope Probe for European and Domestic Cars, Mercedes, Toyota, Volkswagen, BMW, Audi, Land Rover, Porsche, Jaguar, Saab and Volvo 1986-2005. Domestic cars 1984-2006.

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- Mitchell On Demand Reference library on DVD has been updated for both European and Domestic cars, 1984-2007 with color-coded diagrams, updated repairs and trouble codes.
- Rebuild your engine! The engine rebuild shop has a new hot tank that will clean your manifold, heads, and block within 30 minutes.
- FREE twenty-five-point automotive vehicle check for deployed Soldiers Family members. Must have verification of Soldier or unit deployment, ID card, and vehicle registration or title.
- While the Soldiers are deployed, it is time to learn more about the vehicle you are driving.
- Why not take advantage of the free basic automotive repair class? The classes are scheduled every Thursday from 6-7pm.
  - ✓ Basic automotive repairs: 1<sup>st</sup> and 3<sup>rd</sup> Thursday of each month.
  - ✓ Advance automotive repairs: 2<sup>nd</sup> and 4<sup>th</sup> Thursday of each month.

*You do not have to be a pro to learn or take our free automotive classes!*

### **Introduction to Basic & Advance Auto Mechanics Fundamentals Content:**

- Classroom training
- Hand tools & equipment, qualification card 3031, safety in the work place
- Basic auto repairs: oil & air filters, tire rotation, and vehicle inspections
- Advance auto repairs: Brake system, brakes fundamentals, suspension system, battery maintenance, coolant system and on hands vehicle maintenance.
- Shop talk & questions

### **Our Facility Offers:**

- Open bays with a complete tool set and roll-around bench for customer use.
- 15-Suspension lift bays
- 1-12,000lb lift bay for older vehicles that supports the vehicle's tires.
- Trained mechanics available for assistance and advice
- Complete tool room
- Auto parts store located in facility
- Mitchell on-demand technical information available on DVD
- Body shop providing expert advice and instructions
- Paint booth with drive through capability
- State of the art engine rebuild and Machine shop
- 8-bay car wash with power washers and vacuum cleaners
- Inline fuel filter removal bay

### **Our Services Include:**

- Overnight Parking
- Tire Mounting, Balancing and Repair
- Engine Computer Monitor
- Air Conditioning Service
- Brake Drums and Rotors Turned
- Hydraulic Press
- Welding Services
- Flywheel Grinding

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- McPherson Strut Replacement
- Broken Bolt Removal
- Pack Wheel Bearings
- Engine Rebuilding Services
- Ball Joint Removal/Installation
- Fuel Injector Cleaning
- Valve Grinding

### **Maintenance Tips:**

- Have your vehicle inspected every 12 months as required by most states and military Jurisdiction.
- Regular routine maintenance should be performed. You can handle many of the routine items yourself and discover early symptoms of what may become major problems.
- The driver should be familiar with the different systems of the vehicle and know what to do to keep the vehicle in good working condition.

### **Automotive Car Wash:**

Bldg 7756 (Next door to the Automotive Skills Center)

**Open 24-7!!**

- The Automotive Car Wash was updated with new equipment products and services:
  - ✓ 8-Bay Car Wash
  - ✓ Change machine
  - ✓ Wax and drying area

**Provides the best value in the area!**

### **Automotive Skills Center Car Club:**

The Automotive Skills Center Car Club is accepting applications for annual membership. Membership is open to active duty Soldiers, Retirees, dependents, Reserve, National Guard, and DA civilians. The club is located at Bldg 7753. Automotive Skills Center meetings are held on the 2<sup>nd</sup> Sunday of each month at Noon.

### **Custer Hill Golf Course:**

5202 Normandy Dr. Custer Hill; Call (785)784-6000.

### **Pro Shop and Golf Course Hours:**

September 1<sup>st</sup> – September 6<sup>th</sup>

Mondays	Noon – 8:00pm
Tuesdays-Fridays	8:00am – 8:00pm
Saturdays, Sundays, and Holidays	7:00am – 8:00pm

➤ September 7<sup>th</sup> – September 19<sup>th</sup>

Mondays	Noon – 7:45pm
Tuesdays-Fridays	8:00am – 7:45pm
Saturdays, Sundays, and Holidays	7:30am – 7:45pm

➤ September 20<sup>th</sup> – September 30<sup>th</sup>

Mondays	Noon – 7:30pm
Tuesdays-Fridays	8:00am – 7:30pm
Saturdays, Sundays, and Holidays	7:30am – 7:30pm

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- **All times are weather permitting**
- **All rentals are due back into the Pro Shop 15 minutes prior to closing. \$5.00 late fee for all equipment turned in late.**
  
- **Snack Bar Hours:**
  - ✓ Monday – Friday 11:00am – 1:00pm
  - ✓ Saturday, Sunday, & Holidays Closed
  
- **PGA Trade In/Trade up Network:** Bring your old clubs in and we will assist you in trading in your clubs based on the PGA Value Guide, and we will put that amount towards the purchase of a new set of clubs.
- **Get Golf Ready:** The last session of Get Golf Ready will be from September 13 to September 17. The classes run from 5:30 -7:00pm. The cost per person is \$99. This program is designed to teach etiquette, basic stance and grip, as well as putting, chipping, irons and woods. This event concludes with an on course outing. Class is limited to 12 spaces.
- **2010 Combined Federal Campaign (CFC) Golf Tournament:** Custer Hill Golf Course will host the annual Combined Federal Campaign Golf Tournament. This event is a 4-person scramble and will cost \$50 per player (Includes Greens Fees, Cart Fees, Lunch, and prizes). Registration begins at 9:00am with a shotgun start at 10:00am.
- **Clearance Sale:** September is that time of year when the golf season starts coming to a close. Check out our sales on Demo Clubs and older sales items. All items in the Pro Shop are 5 – 50% off.
  - ✓ **Check out our website at [www.rileymwr.com](http://www.rileymwr.com) for an updated listing of events and tournaments.**

### Leisure Travel Center (ITR)

6918 Trooper Dr; 239-5614 or 4415.

Fall & Winter Hours: Monday - Friday 10-5 Closed Sat, Sun & Hol

- **National Harvest Festival at Silver Dollar City in Branson Begins September 11<sup>th</sup>!** Known as The Home of American Craftsmanship, Silver Dollar City celebrates the creativity, artistry and dedication of America's craftsmen during National Harvest Festival, Wednesdays - Sundays, September 11<sup>th</sup> - October 30<sup>th</sup>, 2010. Hundreds of visiting craftsmen, including Best of Missouri Hands juried artists, join Silver Dollar City's own resident craftsmen during this incredible fall festival. Plus, through October 24<sup>th</sup>, experience Silver Dollar City's award-winning signature musical production Headin' West! Purchase an Adult ticket through Leisure Travel Center and get a Child's ticket at gate complimentary. Let us assist you in putting together a great Branson get-a-way.
- **K-State Football vs. Central Florida:** Fort Riley Day is Saturday, September 25<sup>th</sup> at Bill Snyder Stadium, KSU in Manhattan. Discounted tickets are only \$10.00 through Leisure Travel Center with military ID. Tickets (\$10.00) are also available for September 11<sup>th</sup> vs. Missouri State.
- **Kansas City Renaissance Festival:** Explore the 16th century village as it comes to life for seven spectacular autumn weekends September 4<sup>th</sup>-October 17<sup>th</sup>. Open weekends Labor Day & Columbus Day. Great Family entertainment and discount tickets available.

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- **Worlds of Fun (Kansas City Amusement Park):** Halloween Haunt runs September 18<sup>th</sup> - October 31<sup>st</sup> which provides a scare-free, Family fun day and extreme haunts by night, which is included in the admission to Worlds of Fun. Discount tickets available.
- **Kansas City Chiefs Football:** Grab some friends and tailgate at Arrowhead Stadium. Limited tickets available.

September 2 <sup>nd</sup>	Green Bay Packers
September 13 <sup>th</sup>	San Diego Chargers
September 26 <sup>th</sup>	San Francisco 49ers
October 24 <sup>th</sup>	Jacksonville Jaguars
October 31 <sup>st</sup>	Buffalo Bills
November 21 <sup>st</sup>	Arizona Cardinals
December 5 <sup>th</sup>	Denver Broncos
December 26 <sup>th</sup>	Tennessee Titans
January 2 <sup>nd</sup>	Oakland Raiders

### Library

5306 Hood Dr; (785) 239-5305.

- **Storytime:** September 4<sup>th</sup>, 11<sup>th</sup>, 18<sup>th</sup>, and 25<sup>th</sup>. Starting at 1:30pm.
- **Movie Night:** September 11<sup>th</sup> at 6:30pm.
- **Back to School Party:** September 25<sup>th</sup> from 1:00-3:00pm. We are also starting our Back to school Bingo during the party and it will last one month.

### Outdoor Recreation

Bldg 9011 Rifle Range Road; (785)239-2363/6368

#### **Hours of Operation:**

Open 7 days/ week: 9am-5pm

Closed on all Federal Holidays

Services available to active duty, National Guard, Reservists, Retired, DoD Civilians and Families.

- ✓ Outdoor Recreation has a wide variety of items available for rent to help you enjoy the last few days of summer. Soon we will be shoveling snow, so don't let the next few months sneak by without getting out and enjoying them! We have tents, bikes, kayaks, campers, and much more. Stop by to see if we can help you! Also see what outdoor activities are planned or see how we can make your summer fun and exciting!

### Fort Riley Marina

Milford Lake  
(785)307-5253

#### **Hours of Operation:**

Friday-Monday 7am-9pm

Services available to active duty, National Guard, Reservists, Retired, DoD Civilians and Families.

The Marina is open so stop by and see the new pavilions and playground. The Marina is located on Milford Lake and has over 20 watercrafts available for rent. Including

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pontoons, fishing boats, jet skis, and ski boats. **A Boaters Safety Course is required to rent a motorized boat, so stop by the Outdoor Recreation Center to make sure you have everything you will need to rent a boat before the season starts.** For more information, call or stop by the Outdoor Recreation Center, 239-2363.

### **Fort Riley Skeet and Trap,**

(785)239-9058

#### **Hours of Operation:**

Wed & Thu: Noon-8pm

Sat & Sun: 10am-5pm

Weather Permitting

Open to the general public

Come out to the new Skeet and Trap range and enjoy a day of shooting and fun. Bring out your own gun or borrow a range gun. For more information call, or stop by the Outdoor Recreation Center.

### **Rally Point Bingo**

2600 Trooper Dr; (785)784-5434.

- Come out with friends and enjoy a night of BINGO!
- To make Bingo easier to play for novices, we have electronic bingo machines that do it all for you. You just have to push "Enter" when each number is called, and then yell, "BINGO!"
- Play 13 games with **nightly payouts of over \$1800.00** and the chance to win \$1,000 jackpot and a progressive **jackpot starting at \$5,000** at 48 numbers. Progressive jackpot increases by \$100.00 each night and the numbers increase weekly. *Our last winner won \$9,000 on July 6, 2010!*
- We open the doors for Bingo each week: Tuesday-Thursday 5:30pm, Friday 6:00pm, and Saturday 1:00pm.
- Play for just \$15.00 minimum paper pack and \$40.00 for an electronic pack. If you've been to play Bingo in the past, bring a friend and receive a FREE 3-pack!! Bingo merchandise is also available for sale.

### **Sports & Fitness**

Bldg. 202; Call 239-3945.

#### **Pools:**

- **Custer Hill Pool**  
Bldg 7465, Custer Hill  
239-5860  
Open Daily 11am – 8pm
- **Main Post Pool**  
Bldg 448, Main Post  
239-6972  
Mon – Fri 2pm – 6pm
- **Eyster Pool**  
Bldg. 6940, Custer Hill  
Closed until further notice

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Please note all children 12 years and younger as Family members must be accompanied by a parent or guardian 18 years of age or older.

- **Long Pool,**  
Bldg. 8069, Custer Hill  
785-239-4684
- **Lap Swim**  
Mon-Wed-Fri, 5-6:30am  
Mon-Fri, 10am-1pm
- **Unit Training**  
Mon-Wed-Fri, 6:30-9am  
Training (*Unit must submit memo of request 2 weeks prior to requesting date with the following information: date, time, number of Soldiers, type of training, requesting POC for memo, OIC or NCOIC responsible for Soldiers the morning of, memo signed by company commander*).
- **For class levels and times call 239-4684 or 239-5860**  
Private and Semi Private Lessons available call 239-4684.

### **Fitness:**

The fitness department offers fitness classes six days a week, excluding holidays and training holidays on holiday weekends. See the MWR <http://www.rileymwr.com> and click on the calendar for the current schedule, or visit King Field House for a printed copy. Fitness class selection includes SPINNING, Ab Force I, Circuit Breaker, Rowbics, Interval Boot Camp, PiYo, Ballet Strength and Stretch, and Modern Dance. More yoga classes will be added to the schedule soon! Body composition and fitness assessments are offered by appointment. Please call the fitness office (785)239-3146 or 2813 for more information on the testing services. Register for Fit4Life! Visit <http://fit4life.rileymwr.com> for details on prizes and registration.

### **Fitness Center Phone Book:**

- **King Field House** | Bldg 202, Main Post | (785) 239-3868 0500-2100 Mon-Fri  
0900-2100 Sat/Sun/Hol
- **Leonard Fitness Center** | Bldg 7632, Custer Hill | (785) 239-5771 0500-2000  
Mon-Fri 1000-1700 Sat/Sun/Hol
- **Craig Fitness Center** | Bldg 7024, Custer Hill | (785) 239-5562 0500-2100  
Mon-Fri 1300-2000 Sat/Sun/Hol
- **Long Fitness Center** | Bldg 8069, Custer Hill | (785) 239-4683 0500-2100  
Mon-Fri 0800-1600 Sat/Sun/Hol
- **Robinson Fitness Center** | Bldg 7832, Custer Hill | (785) 239-4480 0500-2000  
Mon-Fri 1200-1900 Sat/Sun/Hol

### **Intramurals:**

Football Season starts September 6th. Sign up is happening now! Information on how to register your team can be found at all fitness facilities or by calling 239-2148.

### **Riley's Conference Center:**

Bldg 446 Seitz Dr Main Post; (785)784-1000

#### **Office Hours:**

Sunday, Monday	Closed
Tuesday-Friday	8:00am - 5:00pm
Saturday	10:00am - 12:00pm

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*Appointments available on request outside of business hours as well.*

**Cowboy Brunch-** September 26; Saddle up and mosey on over to Riley's for a meal that will make you think you are in the old Southwest! Some of the options will include Sugar Cured Ham, Pinto Beans and Cornbread. Fill up, chuck wagon style!

### **Warrior Zone:**

8067 Normandy Dr; (785)239-5303

### **Hours of Operation:**

Monday – Friday 8:30am to 11:00pm

*Come out and join us as we welcome home our troops!*

### **OPERATION WHY TRAP (5pm – 10pm)**

August 13 <sup>th</sup>	4-1 BSTB, 4IBCT, 126 <sup>st</sup> FN, 541 <sup>st</sup> CSSB, HHC, 97 MP, 41 <sup>st</sup> EN, 1 <sup>st</sup> EN BN
August 27 <sup>th</sup>	2-32 FAR, 1 <sup>st</sup> EN BN, MB 5 (BCT HQ, 4-1 BSTB, 701 BSB), MB 4 (2-32 FAR, 1-28 IN, 2-16 IN)
September 2 <sup>nd</sup>	41BCT, 41BCT, 126 <sup>st</sup> FN, 541 <sup>st</sup> CSSB, HHC, 97 MP, 41 <sup>st</sup> EN, 1ST EN BN

Activities will be run from 5pm to 10pm on each of the dates listed above.

### **Upcoming Tournaments:**

- Halo 3 - August 28 at 2:00pm
- Open to all ID cardholders, 18 years old and older
- Prizes awarded for 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place winners.

### **New Snack Bar Promo's:**

Try our new buffalo chicken wrap, Italian wrap and chicken Caesar wrap.

**For more information, call:  
(785)239-5303**

### **Child, Youth, & School Services**

(785) 239-9885

#### **CYSS Parent Central**

Bldg. 6620 Normandy Drive

Hours of Operation: Monday–Friday, 8am–6pm

Walk-in registration hours are Monday - Friday, 12:30pm–6pm

Appointments available starting at 8am.

***Spaces are available for all ages. Please contact Parent Central for additional information.***

**Play Pals Playgroup:** 6620 Normandy Drive, Every Monday 9am–11am,  
Reservations recommended but not required (space available without reservations).

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Call 785-239-9885.

**WebTrac:** WebTrac is now available for CYSS patrons to make payments, as well as, enroll in Youth Sports programs. Customers currently in our database will receive their WebTrac User ID and password via the e-mail address we have on file. New customers may sign up by going to the WebTrac link located on the Riley DFMWR website.

### **Parent Education Plan:**

Parent Education Opportunities: For additional information contact Parent Central 785-239-9885.

*\*Held in the CYS Services Training Room, Bldg 6620 Normandy Drive unless otherwise stated*

September 15, 2010, My Pyramid, 12pm–1pm, Bldg. 5800/MST, RSVP to 785-239-9223 by August 8<sup>th</sup>.

### **SKIES Unlimited:**

All participants must be registered with Child Youth & School (CYS) Services, Bldg 6620. Space is limited. Classes are subject to change without notice. Sports Physicals are not required to enroll for SKIES classes. \$300 of free classes for children of deployed Soldiers, a copy of orders are needed! Instrument rental, uniforms and testing fees are not covered! (785)240-2478

*\*\*Wanted: Instructors are needed in a variety of areas to include: Art, English, Math, Science, Guitar, and Piano.*

### **Warren East CDC 6981 Warren Rd.**

- **Saturday Care:** September 11<sup>th</sup> and 25<sup>th</sup> from 9am -1pm. Parents may utilize free 16 hours (deployment entitlement) or an hourly rate. Children ages six weeks up to five years are eligible for the free care at the CDC. Lunch will be served. Children must be registered with CYS Services to participate in this program, and parents must make a reservation by noon Thursday the week care is provided. For additional information please call 785-240-0822.
- **Weekday care:** September 8<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup> and 28<sup>th</sup> from 6:30pm-8:30pm. Free for parents attending FRG meetings, parent may also utilize free 16 hours (deployment entitlement) or an hourly rate. Contact your FRG leader to reserve your child for FRG care. To attend parent training classes, sign up at the front desk of any Child Development Center. Drop off is as early as 6:20pm. For additional information please call 785-240-0822.

### **School Age Services (SAS) Bldg. 5810 Thomas Ave:**

- This elementary school age program is nationally accredited by the National Afterschool Association (NAA) and provides before and after School programs for Kindergarten-5<sup>th</sup> Grades. Hourly care is also available; however parents must make reservation by noon the day prior to ensure availability. For additional information please call 785-239-9220 or 785-239-9225.
- **Saturday Care:** September 11<sup>th</sup> and 25<sup>th</sup> from 9am -1pm SAS, Bldg. 5810. Parents may utilize free 16 hours (deployment entitlement) or an hourly rate. Reservations are required by noon each Thursday prior to the Saturday opening. This program is subject to cancellation if there are not enough reservations. For additional information please call 785-239-9220 or 785-239-9225.

### **Middle School and Teen (MST)**

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The Middle School and Teen Center is located on Custer Hill at the corner of Thomas and Longstreet. It has a full court gym, a technology lab, art room, a large activity area, a music/dance studio, a homework area, and a newly designed high school lounge. For more information, contact us at 239-9222. Hours of operation are as follows:

Monday – Thursday	3:00-8:00pm
Friday	3:00-11:00pm
Saturday	2:00-11:00pm

### **September Events:**

- September 10, 2010, **MST Dance**, 8:00pm-10:30pm. Cost is \$2.50 for members, \$3.50 for non-members.
- September 11, 2010, **Late Night Basketball Tournament**, 7:30pm-11:00pm, Open to all teens, \$1.00 to watch. \$2.00 to play. Members can bring one guest.
- September 17, 2010, **MOVIE NIGHT**, 7:00pm – 9:30pm. Cost is FREE. The feature movie will be “Diary of a Wimpy Kid”.
- Join the Fort Riley Teen Center for our weekly activities which include: Sports, Smart Girls, Girls with a Future (GWAFF), Tech Club, D&D Gaming, Millionaire Club, High School specific activities, Power Hour, Photography Club, Arts & Crafts, Passport to Manhood, and Cooking Club. These activities are all provided at no cost to the participating youth. For more details, please see the MST front desk or call 785-239-9222 for additional information. MST Has a distribution list to help you keep in touch with what is happening here at the teen center. Please let us know if you would like to be added to this list.

Find MST on Facebook

<http://www.facebook.com/frileyteen>

or

Follow MST on Twitter

<http://twitter.com/fortrileyteen>

### **HIRED:**

- HIRED is a career field exploration for 15-18 year old high school teenagers! Teenagers get the opportunity to explore different career opportunities at facilities on Fort Riley AND attend workforce preparation workshops like resume writing, interview skills, problem solving, effective communication, financial management, college preparation, and a lot more! This is a great experience with lots of benefits for life after high school! For additional information, call 785-240-3261.

### **The EDGE:**

- Experience, develop, grow and excel in exciting and fun art, fitness, life skills and adventure activities. For July we will offer Hip Hop, Water Sports/Fun in the Pool, Golf and Archery. All activities are FREE and take place on Fort Riley from 3-5pm every day. For additional information, call 785-240-5195.

### **Youth Sports**

- September 3<sup>rd</sup>, Family Fitness Night. 6-7pm, Soccer at Colyer Manor Youth Fields. Families with children of all ages are invited to participate. RSVP by September 1<sup>st</sup>.
- August 23<sup>rd</sup>-September 3<sup>rd</sup>, Outdoor Adventure Camping Registration. Event date – September 10<sup>th</sup>-11<sup>th</sup>, Grades 6-12, \$10 includes transportation from Bldg. 5800 to Milford Lake and back. To participate, register at CYSS Parent Central Office, Bldg. 6620.

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- August 30<sup>th</sup>-September 10<sup>th</sup>, Outdoor Adventure Camping Registration. Event date – September 17<sup>th</sup>-18<sup>th</sup>, Grades 3-5, \$10 includes transportation from Bldg. 5800 to Milford Lake and back. To participate, register at CYSS Parent Central Office, Bldg. 6620.
- Call 785-239-9223 for additional information on youth sports programs. We need volunteer coaches.

### **School Liaison Services:**

#### **Youth Sponsorship Program:**

- The Youth Sponsorship Program is available to children of all active, retired and reserve military sponsors in the Fort Riley area. The Youth Sponsorship Program has active volunteers at CYSS School Age Services and the CYSS Middle School Teen Center to welcome incoming youth and assist with their transition. Participation in the Youth Sponsorship Program as a volunteer or a new member of the Fort Riley community will: Promote youth awareness and involvement at Fort Riley, encourage new friendships, gain information about schools in the area, and strengthen youth independence. For additional information please contact a School Liaison Officer at 785-240-3260, 785-240-3261, or 785-239-1648

#### **Study Strong (formerly Tutor.com):**

- Provides real-time homework assistance in all subjects. Service is 24/7, tutoring for grades K-12 and college intro. Log onto: [www.myarmyonesource.com/cyss\\_tutor](http://www.myarmyonesource.com/cyss_tutor) to register.

#### **Student Online Achievement Resources (SOAR) [www.SoarAtHome.org](http://www.SoarAtHome.org):**

- Soar is a free website providing students and parents with resources to:
  1. Identify academic strengths and weaknesses in math and reading
  2. Instruct the student in math, reading and language arts through interactive tutorials.
  3. Involve parent by providing educational resources written specifically for parents

### **College Prep Series:**

- For students interested in pursuing a college education CYSS will offer a College Prep Series.

Times: 6:30pm to 7:30pm

Location: Middle School/Teen Center 5800 Thomas Ave

- **All College Prep seminars are FREE**

#### **September**

9 <sup>th</sup>	College Application Process
11 <sup>th</sup>	ACT Prep Saturday 8:30am to 3:00pm (Sign up via WebTrac by going to <a href="http://www.rileymwr.com">www.rileymwr.com</a> ) Space limited to 20 students.
16 <sup>th</sup>	Resume and College Essay Writing
23 <sup>rd</sup>	Financial Aid (FSA) / GI Bill
30 <sup>th</sup>	Financing Your Future (Local Grants/Scholarships/ DECA)

For additional information please contact a School Liaison Officer at 785-240-3261, 785-240-3260, or 785-239-1648.

#### **USD 475 Junction City-Geary County Schools:**

USD 475 (Geary County-Junction City, Fort Riley, Milford, and Grandview Plaza) website: <http://www.usd475.org/>

Tel: 785-717-4000

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### **USD 383 Manhattan-Ogden Schools:**

USD 383 (Manhattan-Ogden) website: <http://www.usd383.org/>

Tel: 785-587-2000

### **USD 379 Clay County Schools**

USD 379 (Clay Center-Wakefield) website: <http://www.usd379.org/>

Tel: 785-632-3176

### **USD 473 Chapman Schools:**

USD 473 website: <http://www.usd473.net>

Tel: 785-922-6521

### **USD 435 Abilene Schools:**

USD 435 website: <http://www.abileneschools.org>

Tel: 785-263-2630

To receive a listing of all 17 school district websites, calendar and other important school information go to the School Liaison Officer website:

<http://www.rileymwr.com/web-content/subpages/cysschool.html>.

### **Army Community Service (ACS):**

- 7264 Normandy Drive, 239-9435, Hours: M-F 7:30am-4:30pm

### **Employment Readiness Program (ERP):**

#### **"ACS Has A Program for That!"**

Army Community Service (ACS) programs offer real-life solutions for Soldiers and their Families. ACS equips them with the skills and education needed to face the challenges of military life today and tomorrow. ACS hosts a variety of programs including: deploying, relocating, information and referral, financial assistance, employment services, and other Family assistance issues. ACS will be offering a variety of classes, events and one-on-one appointments throughout the month of September. Call the ACS at 785-239-9435 for more information.

### **Army Family Team Building (AFTB):**

- If you are interested in learning about resources that are available to you or find that most are speaking a language that sounds more like alphabet soup than English, then you could benefit from the Army Family Team Building (AFTB) classes. **FREE CHILDCARE!** Will be provided at Armed Services YMCA in Junction City at 111 E. 16th Street for those attending the classes.
- NOTE: You **must** contact the AFTB Program Manager to pre-register your children.
- For more information or to speak to the Program Manager please call 239-9435.
- If you, your unit/battalion, Family Readiness Group or other group would like to schedule separate Level I, II or III classes, please contact the Program Manager. These classes can be held at your location or at ACS 7264 Normandy Drive (room permitting). There is a minimum of five people required to hold a class and two weeks' notice is needed for planning.
- **Level I - AFTB**  
**ACS Annex Day Time Classes 9:00am-2:30pm**  
November 9-10  
**Evening Classes – Room 30 ACS 6:00-8:00pm**

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1.1 Expectations & Impact of the Mission & 1.2 Military Acronyms & Terms

November 2

1.2 Chain of Command & 1.4 Military Customs & Courtesies

November 9

1.5 Basic Military Benefits & Entitlements & 1.6 Military/Civilian Community Resources

November 16

1.7 Intro to Family Readiness Groups & 1.8 Supporting Your Child's Education

November 23

1.9 Family Financial Readiness & 1.10 Basic Problem Solving

November 30

- **Level II – AFTB**

**ACS Annex Day Time Classes 9:00am-2:30pm**

November 30-December 2

- **Level III – AFTB**

**ACS Annex Day Time Classes 9:00am-2:30pm**

December 14-16

### **Army Volunteer Corps (AVC):**

- Army Community Service (ACS) is home to the Army Volunteer Corps, which is the center of volunteer recruitment, referral, recognition, and advocacy efforts for Fort Riley. Volunteers can be placed in a wide variety of positions throughout the installation. Through volunteer service, individuals can learn or enhance skills, get to know the community and meet new people, build their resumes, and more. For further information, please call the Army Volunteer Corps office at 239-9435. We look forward to seeing you in our community!
- Become an ACS Volunteer!
- At ACS our volunteers obtain valuable work experience and opportunities for training to learn new skills, opportunities to increase marketable job skills and to assume responsibility in leadership roles, the enjoyment of meeting and working with a variety of people, the satisfaction of contributing to their community, and recognition for their contributions.
- **FREE CHILDCARE!** ACS volunteers are provided 25 free hours of childcare monthly per Family. We also actively participate in the Fort Riley volunteer awards program to recognize our volunteers. There are volunteer opportunities for everyone whether you want to give your time every week, once a month or once a year.
- The different Volunteer positions that are offered here at the Army Community Service are as follows: Information & Referral (I&R), Exceptional Family Member Program (EFMP), Relocation Readiness Program (RRP), New Parent Support Program (NPSP), and Army Family Team Building (AFTB) programs.
- Getting started as a volunteer is easy: come into the AVC office to discuss what you might be interested in and fill out a registration form.
- For information on volunteer opportunities at ACS, call the AVC office at 239-9435 or stop by to find the perfect volunteer opportunity for you.
- Volunteer Management Information System (VMIS) The Volunteer Management Information System was developed to give the Army a real-time snapshot of volunteer activities at any given time, at any given installation. VMIS provides all of the tools needed to track AVC volunteer hours, manage and track volunteers, post open positions, print reports, and much more. All volunteer hours will be tracked through the VMIS System. You may visit [www.myarmylifetoo.com](http://www.myarmylifetoo.com) for additional information on this new system. Volunteer

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Management Information System Classes: Introduction to using the VMIS system. Search and sign up for volunteer positions, track your hours, awards, training, and more!! Call the AVC office to find out about our next class or to schedule a group class for your organization.

### **Army Family Action Plan (AFAP):**

- It is never too late or too early to submit issues to the AFAP Program Manager. As you see or encounter things on our installation or in the Army overall that need changed or implemented, submit the suggestions. Our leaders and directorates cannot make changes if they do not know a problem exists. Issues can be submitted by using the Fort Riley Web page <http://www.riley.army.mil/UnitPage.aspx?unit=ACS.afap&nav=FamSvcs>.
- Issues can also be submitted by calling 239-9435.

### **Hi Mom Hi Dad-DVD Recorded Messages from Home**

Have your children record a short message, read a poem or story, perform a song or dance especially for their deployed parent.

Call 239-9435 for appointment

### **Family Advocacy Program (FAP):**

FAP Love & Logic classes:

September 2, 9, 16

October 7, 14, 21

November 4, 11, 18

All classes are 6:30-8:30pm and held at ACS Bldg. 7264.

Registration for childcare has to be scheduled by calling 239-9435

(up-to-date shot records are required and must be brought in each week).

### **Exceptional Family Member Program (EFMP):**

- EFMP Respite Care: Funding will be based on EFMP enrollment and exceptional Family member's medical condition. Exceptional Family member must be enrolled in program. The qualifying Family is eligible to receive a maximum of 40 hours of respite care monthly for each certified Exceptional Family Member. Contact Army Community Service, Exceptional Family Member Program at 239-9435.
- Exceptional Family Member Program and New Parent Support Programs offers: Oh! Oh Baby it's Your Day. This is a free program to all Military Families who have children from birth to Kindergarten, testing for Vision and Hearing health as well as a developmental assessment entitled Ages and Stages. The upcoming 2010 dates are as follows; September 15, November 17 at the Army Community Service, Normandy Dr., Building 7264 from 1:00 pm to 4:30 pm.

### **Mobilization & Deployment/Family Readiness Training:**

**Free Child Care for all Family Readiness Group (FRG) Classes. \* Pre-registration Required!**

- **Family Readiness Group (FRG) Leader Class** - Instruction and guidance to assist newly appointed FRG Leaders, FRsAs and Commanders.  
Each part is a 3-hour course. **Part I:**  
September 11, 9:00 am – 4:30 pm  
October 6, 9:00 am – 12:00 Noon  
November 3, 6:00 – 9:00 pm

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✓ **Part II:**

September 11, 9:00 am – 4:30 pm

October 7, 9:00 am – 12:00 Noon

November 4, 6:00 – 9:00 pm

✓ **Key Caller Class** - This class provides instruction and guidance to assist newly appointed FRG Key Callers. September 9, 6:00 – 8:30 pm

November 18, 9:30 – 12:00 Noon

- **Funds Custodian Class** - This class provides instruction and guidance to assist newly appointed FRG Funds Custodians.  
October 21, 10:00 – 12:00 Noon
- **Care Team Training - Instruction on Care Team's responsibilities and provides guidance on how to handle issues volunteers will face (such as dealing with Family's reactions).**  
September 21, 6:00 – 8:00 pm  
October 13, 1:00 – 3:00pm
- **Children & Separation Issues of Deployment** - This presentation addresses the positive aspect of separation from the deployed parent and ways to strengthen the relationship long distance. Additionally, it discusses detrimental coping strategies to watch for and signs to recognize that it is time to seek professional help.  
November 17, 1:00 – 3:00 pm
- **Maintaining a Healthy Marriage during Deployment** - Marriage is never a simple undertaking - marriage plus the military lifestyle can seem impossible. In this presentation, participants will learn how to make their marriage work throughout normal challenges and those of the military lifestyle. October 19, 10:00 am – 12:00 Noon
- **FRG Awards and Recognition Class** - You can't do it all yourself... You need an army of volunteers! This course will give you the tools you need to recognize your volunteers with local, private, and DA level Awards. In addition, you will be provided with all the required forms and information you need to succeed. September 7, 6:00 – 8:00 pm  
November 9, 10:00 am – 12:00 Noon
- **FRG Binder Training** - The training will instruct Commanders, Senior Advisors, FRsAs, and FRG Leaders how to create and manage their FRG binders to comply with regulations. The class will go line by line through the Inspection Plan and cover what needs to be in the FRG Binders in order to meet regulatory requirements and standards. September 23, 6:00 – 8:00 pm  
October 5, 10:00 am – 12:00 Noon
- **Deployment: Getting Ready** - The intent of this training is to prepare Family members (to include married and single) for the anticipated deployment of their Soldier. Checklists will be provided and reviewed. Class will identify problems that may arise or persist due to a military separation and offers suggestions on how to best deal with these issues. In addition, participants will receive information on stress-related problems and solutions associated with deployment, particularly pre-deployment.  
October 26, 10:00 am – 12:00 Noon
- **Deployment: Coming Home** - The intent of the training is to prepare Family members (to include married and single) for the return home from deployment and the process of transitioning into their previous Family roles and relationships. Class will discuss the anticipation and expectations of Soldiers and Family members, potential concerns or difficulties including stresses, readjustment strategies, problem solving, parenting, PTSD, TBI and other related concerns, and recognizing when and where to get help.

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September 21, 10:00 am – 12:00 Noon

- **FRG Leader Forum** - The FRG Forum is a venue for FRG Leaders to discuss current FRG Issues or concerns and to explore solutions. A different topic and guest speaker will be featured each month. Come see what it's all about! September 23, 9:00 – 10:30 am  
October 28, 9:00 – 10:30 am
- **First Deployment: Waiting Spouses Support Group** - They say deployment and separation are expected functions of Army life. But if you've never experienced it first-hand how can you know what to expect? Our support group can help you navigate the long road and challenges ahead. Join us and find out how not to let deployment negatively impact your Family stability, individual readiness and, ultimately, the ability to meet the mission.  
October 6, 6:00 – 8:00 pm  
November 3, 10:00 am – 12:00 Noon

**To register for a class please contact:**

Army Community Service  
7264 Normandy Drive, Fort Riley, KS 66442  
(785) 239-9435

### Relocation Readiness:

- **Hearts Apart:** This support group is a time when a Family member with a Soldier on an unaccompanied tour, TDY or at present is currently deployed, can come in to learn about resources, gather information and network among one another. Registration is a must and required one week in advance. Children that need childcare will be required to have their current shot records presented the day of the event.

**Date: Sept 16<sup>th</sup> Power Puff Mechanics**

RSVP: Sept 13, 2010

Time: 6:00pm – 8:00pm

- **Citizenship and Immigration Intake:** These 3 hour sessions provide information and instructions on preparing the application for Citizenship and Immigration. Attendees MUST register with ACS, Relocation Department:

**Date(s) Sep 1, 2010**

**Sep 15, 2010**

**Sep 29, 2010**

RSVP By: Aug 29, 2010

Sep 13, 2010

Sep 27, 2010

Time: 9:00 am – 12:00 pm

9:00 am – 12:00 pm

9:00 am – 12:00 pm

- **Citizenship and Immigration Walk-In Clinic:** This Clinic is a session where immigrants, permanent residents and others can come in without an appointment to get answers to their questions on citizenship and immigration processes, sign -up to volunteer as instructors or class assistants, receive application packets for citizenship & Immigration processes or have their applications reviewed.

**Date(s) Sep 24, 2010**

**Location:** ACS, Building 7264, Normandy Drive

**Time:** 9:00 – 3:30 pm (Closed: 12:00-13:00)

- **Permanent Change of Station (PCS) Briefings:** Are you departing Fort Riley and trying to prepare for your new adventure? Come join us as we share information to help make your transition smoother. Enrollment for this required training is mandatory.

South Korea

Germany

Stateside

Overseas

**Date(s) Sep 7, 2010**

**Sep 14, 2010**

**Sep 21, 2010**

**Sep 28, 2010**

Time: 1:00 – 2:00pm

1:00 – 2:00pm

1:00 – 2:00pm

1:00 – 2:00pm

\*\*Please contact the Relocation Program, 239-9435 to schedule your PCS briefing.

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- **Reentry Workshop:** As most Families in the military are aware, returning home to the United States from an overseas tour can be exciting, daunting and just outright scary at times. This workshop is for those of you who would like a little cultural integration back into the new and ever changing world of MP3s and more.

**Date:** Sept 24<sup>th</sup>, 2010  
**RSVP By:** Sept 20<sup>th</sup>, 2010  
**Time:** 8:30am–10:30am

- **Discover Riley's Treasures Workshop:** ACS Relocation Readiness Program and Housing Services Office have combined to offer free training and education for the newly arriving spouse interested in buying a home. Instructors will provide you the steps to successful home buying. We will also provide information on Fort Riley and the surrounding community.

\*\*Please contact the Housing Service Office at 800-643-8911 or 785-239-3525

**Date:** Sept. 15<sup>th</sup> 2010  
**RSVP By:** Sept. 13<sup>th</sup> 2010  
**Time:** 1:00pm - 4:00pm

### **Soldier Family Assistance Center (SFAC):**

Fort Riley has established a dedicated Soldier and Family Assistance Center (SFAC) to support the Warrior Transition Battalion (WTB). The purpose of the SFAC is to ensure our Warriors and their Family members receive tailored, integrated, and streamlined services. The SFAC team is here to remove any barriers our injured or ill Warriors may face in support of the healing process. We do this by providing our Warriors and their Families a convenient connection to services, a supportive and friendly staff, and a leisure area to connect them to one another – and to a caring community. We are located in Bldg 671A/673A, next to Irwin Army Community Hospital. Hours of Operation: 7:30am–4:30pm.

### **Fort Riley Education Services (ACES):**

Garrison Resiliency 5-4-9 work schedule. Offices and the consortium schools and universities will be closed every other Friday, in accordance with the GC schedule.

September closed dates: September 3<sup>rd</sup> and 17<sup>th</sup>.

Holiday closed: September 6<sup>th</sup>.

#### **Main Post Learning Center, 217 Custer Avenue (785) 239-6481**

Hours: 7:30 am – 5:00 pm

Services: Education Counseling and Testing

#### **Learning Center 1, 7604 Parker Street (785) 239-9485**

Hours: 8:00 am – 5:30 pm

Services: Computer Lab

The Computer Lab has 12 computers for Soldier and Family Member use. You will be authorized up to 5 pages of print per day. Also, there are research materials and study guides available to loan out.

#### **Learning Center 2, 7656 Graves Street (785) 239-9824**

Hours: 7:45 am – 5:00 pm

Services: Education Counseling, Tutor Center.

Tutoring Center hours will be: Monday, Tuesday, Thursday: 9:00 am to 5:00 pm, Wednesday: 9:00 am to 7:00 pm, Friday: 9:00 am to 3:00 pm, and Saturday: 11:00 am to 3:00 pm.

Contact phone number for Tutor Center and CLEP/DSST testing is (785) 240-3617.

### **MyCAA (Military Spouse Career Advancement Account) Updates:**

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The program will resume October 25, 2010. You must contact a Military OneSource Career and Education Counselor at [www.militaryonesource.com](http://www.militaryonesource.com).

Eligibility requirements include:

- The MyCAA program will revert back to their original intent, which was to focus on portable career fields, such as, real estate licenses, home health care accreditations, cosmetology, and child care providers, etc.
- Spouses of junior grade personnel: pay grades of E1-E5, W1-W2, and O1-O2. Soldier must be on active duty status at the time the spouse uses the benefits.
- Offer a maximum financial benefit of \$4,000 with a fiscal cap of \$2,000. Waivers will be available for spouses pursuing licensure or certification up to the maximum assistance of \$4,000.
- Requires the spouse to finish their program of study within three years from the start date of the first course.
- Be limited to Associates degrees, certifications, and licensures.
- No grandfather clause for those individuals who have been in the program. They will have to abide by military grade restrictions and the \$4K cap.

### **ASE Registration:**

The semi-annual Automotive Service Excellence (ASE) certification exam will be administered on November 9, 16, and 18, 2010, at Education Services, 217 Custer Avenue. DANTES funds three \$28 exams per test cycle for Active Duty, Reserve and National Guard personnel. Paper/Pencil exams are conducted twice a year at over 750 locations around the country and are administered by ACT, known for its academic and occupational testing programs. DANTES Test sites also administer these exams; however, you must register well in advance and pay the registration fee. Active Duty, Reserve and Guard personnel are eligible for the three funded ASE tests ONLY AT the DANTES Test Sites. The non refundable registration fee is \$36 and covers the cost of three regular ASE exams. Most regular and recertification ASE exams cost \$28; the Advanced (L1, L2) exams cost \$56. DANTES does not fund any recertification or advanced examinations. The registration window will be open until **September 15, 2010**. Please stop by either of the on post education centers, 217 Custer Avenue or 7656 Graves Street or call (785) 239-6481 and speak with an education counselor for further registration details.

There are excellent ASE Study Guides at the ASE website: <http://www.ase.com>. Check the ASE website, prepare for the exam and contact an education counselor or the DANTES Test Control Officer to register.

### **Leader Skills Enhancement Courses (LSEC):**

LSEC is designed to assist in the training of Noncommissioned Officers and Soldiers demonstrating leadership potential in the advanced skills needed to perform at higher-level leadership and staff positions. **ALL** Soldiers must enroll in GOARMYED (<https://www.goarmyed.com/Login.aspx> )

### **Upcoming LSEC Cycles are as follows:**

Cycle 7: September 13 – October 28, 2010

LSEC Advisement Day for Cycle 1 – September 24, 2010 for classes starting November 1, 2010

Class Schedule: <http://www.riley.army.mil/NewsViewer.aspx?id=2983>

### **Basic Skills Education Program Classes (BSEP) and GT Improvement:**

BSEP is designed to assist Soldiers and Family Members needing instruction or review of Basic Skills in Math. GT Improvement classes are also available for Soldiers wanting to raise their GT

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Score. Review in Math, Vocabulary, and Reading Comprehension prepare the individual to re-take the Armed Forces Classification Test (AFCT).

Upcoming BSEP Classes:

- Cycle 14: September 9 – 30, 2010
- Classes will be held at 7656 Graves Street, due to renovations at 8044 Normandy.

To enroll please see an Army Education Counselor.

### **Barton County College:**

Fall Semester on-post evening college classes: August 16 – October 9, 2010

Online classes begin: August 16 – October 17 (Session 1 for 9 weeks)

August 23 – December 19 (Session 2 for 17 weeks)

### **Central Michigan University:**

Next on-post course will start: October 1 – 30, 2010

MSA 602 Financial Analysis, Planning, and Control

### **Central Texas College:**

Fall Semester on-post evening college classes: August 16 – October 9, 2010

Online classes begin: September 27 – November 19, 2010

### **Kansas State University:**

No current on-post evening classes available

### **Southwestern College:**

Next on-post course will start:

Homeland Security/Security Management Program

SMGT 315 Physical Security September 28 – November 2, 2010

Education Program

EDUC 215 Foundations of Education September 29 – December 19, 2010

EDUC 216 Field Diversity September 29 – December 19, 2010

EDUC 336 Introductions to the Reading Process September 30 – December 19, 2010

EDUC 440 Student Teaching Seminars September 27 – December 19, 2010

### **University of Mary:**

Next on-post course will start: August 25 – September 22, 2010

MGT 610 Marketing

### **Upper Iowa University:**

Fall Semester on-post evening college classes: August 16 – October 9, 2010

Online classes begin: August 30 – October 24, 2010

### **Chaplains' Offices:**

**Please note for all services offering Nursery care, please bring immunization records with you.**

Chaplains' Office 239-3359

Please visit our web-site at <http://www.riley.army.mil/>

Click on Services-Fort Riley Services-Chaplain

### **WORSHIP SERVICES AND CATHOLIC MASS SCHEDULE**

Main Post Chapel 239-6597

Protestant Community Worship Service Sunday @ 10:30am

Kapaun Chapel 239-9608

Contemporary Protestant Service Sunday @ 10:30am

Morris Hill Chapel 239-4060

Gospel Sunday school @ 9:00am

Gospel Worship Service Sunday @ 10:30am

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Roman Catholic Mass Sunday @ 9:00am  
Roman Catholic Education Sunday @ 10:30am  
Saint Mary's Chapel 239-6597  
Roman Catholic Mass Saturday @ 4:30 pm  
Roman Catholic Mass Sunday @ 11:00am  
Wednesday & Friday @ 12:00 pm  
Irwin Army Community Hospital Chapel 240-1443  
Tuesday & Thursdays Catholic Mass @ 12:00 pm  
Religious information  
Jewish information please call: 539-8462  
Muslim Religious Services please call: 776-1033  
LDS Services please call: Single 537-7870  
Family 539-1084  
JC 238-2951

Fort Riley offers a wide variety of dynamic worship, study and fellowship opportunities. Please visit our web site or call our chapel offices to obtain further information:

Religious Education Director 239-2979  
Catholic Education Director 240-1443  
Religious Support Office 239-3359  
Morris Hill Chapel 239-4060  
Main Post Chapel 239-6597  
Saint Mary's Chapel 239-6597  
Kapaun Chapel 239-9608  
Normandy Chapel 239-9149  
Family Life Ministry 239-3436

### **Boy Scouts:**

To join, please contact 785-238-5684 for more information.

### **Girl Scouts of Northeast Kansas and Northwest Missouri:**

The Kaw Valley Girl Scouts have merged with 2 other councils and our new name is Girl Scouts of Northeast Kansas and Northwest Missouri. Funding for the council comes from the United Way of Geary County. If you are interested in being a Girl Scout leader or a Girl Scout please contact 785-776-1488. We are always looking for Adult Leaders and volunteers to help out with the Service Unit Team Meetings. We are always looking for adult volunteers to help with special events. If you are interested, please contact 785-776-1488.

### **Armed Services YMCA (ASYMCA):**

Take advantage of our childcare programs, while your children are enjoying their day with fun filled learning activities, and socializing with others you are able to take time for yourself knowing your children are safe and well cared for. Please contact the ASYMCA for more information 785-238-2972.

**\*\* Reservations are required one week in advance for all childcare programs. \*\***  
**All children must be registered.**

### **Parent's Work Out:**

**Monday through Friday 8:30-10:45am**

- Please provide a snack for your child

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- \$4.25 1<sup>st</sup> child
- \$3.50 per additional child
- \$5.00 children under 2
- \$4.25 per additional child under 2

### **Parent's Day Out:**

#### **Monday through Friday 11:00am-3:00pm**

- You must provide a sack lunch and a snack for your children
- \$10.00 1<sup>st</sup> child
- \$9.25 per additional child
- \$10.75 for children under 2
- \$10.00 per additional child under 2

**Parent's Night Out:** Enjoy an evening, go to dinner, or just get your grocery shopping done while your children are being well cared for in a safe environment.

#### **Friday 5:30-10:00pm**

- You must provide a sack lunch and a snack for your children
- \$10.00 1<sup>st</sup> child
- \$9.25 per additional child
- \$10.75 for children under 2
- \$10.00 per additional child under 2
- Dates Available:

**September 10 and 17**

**October 1 and 22**

**November 5 and 19**

**December 10 and 17**

**\*\*\*All childcare program prices are for the entire program this is not an hourly rate. \*\*\***

**Free Childcare:** Two Saturdays a month for Families of deployed Soldiers. All children must be registered and we need a copy of deployment records.

#### **Saturday 12:30-4:30pm**

Dates Available:

**September 11 and 18**

**October 2 and 23**

**November 6 and 20**

**December 11 and 18**

**Operation Kid Comfort:** Program designed for children of deployed Soldiers to help them through the difficult time of their parent being away. Parents are taught how to make and design a quilt with pictures of the Family, deployed Soldier, or things that bring comfort to them. All supplies are provided. A \$5.00 fee is charged per Family for childcare if needed.

#### **Building Rentals:**

- The ASYMCA is available for your FRG Meetings free of charge with the availability for childcare on site for a minimal fee. Call to schedule.

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- Need a place to hold a Kid's Birthday Party, Baby Shower, Bridal Shower, Scouts, etc. We offer our building for rentals. \$25.00 for 3hrs, including set-up and cleaning.
- **Car Seat Loan Program:** Geico insurance has provided us with car seats that are available to loan for 1 month at no fee. The seats accommodate newborns to children up to 40 pounds.
- **Operation Wheels:** Free transportation service for activity duty military or their dependents living on Fort Riley or in Junction City. This is available for those that do not have a vehicle or for those who do not drive. We will provide 4 round trips per month at no charge to active duty or their dependents.

**The following locations are available for transportation:**

1. WIC Bldg. #7264
2. ACS Bldg #7264
3. Irwin Army Hospital Bldg #600
4. Self Help Bldg. #289
5. Post Chaplain Services
6. Respite Care At ASYMCA
7. Geary Community Hospital
8. Junction City Health Department

**Appointments:** Please call 24 hours in advance at 762-4780 to schedule a pick-up.

- **For more information-** Please call 238-2972, email [asymca@ngks.com](mailto:asymca@ngks.com), or stop by at 111 East 16<sup>th</sup> Street, Junction City.

### **United Way of Junction City-Geary County:**

The United Way of Junction City–Geary County (CFC #98013) provides support services for the military community through 15 local not-for-profits. The following list includes the services and contact numbers provided through Fort Riley's nearest United Way. Call United Way at 238-2117, email [director@unitedwayjccg.org](mailto:director@unitedwayjccg.org) or get more information on any of these agencies at [www.unitedwayjccg.org](http://www.unitedwayjccg.org) we are here to help!

- **Operation Wheels at Armed Services YMCA:** transportation for military Family members to medical appointments 238-2972 [asymca@ngks.com](mailto:asymca@ngks.com)
- **Fourth Grade Learn to Swim:** program at the Family YMCA 762-4780 [ymca@ngks.com](mailto:ymca@ngks.com)
- **Scholarship memberships for Girl Scouts:** 238-2323 [www.girlscoutsksmo.org](http://www.girlscoutsksmo.org)
- **Boy Scout internships:** for KSU students to fill in for deployed troop leaders 238-5684 [www.Coronadoscout.org](http://www.Coronadoscout.org)
- **Dental Clinic** at Konza Prairie Community Health Center 238-4711
- **The Crisis Center:** for victims of abuse and sexual assault 762-8835 [ccijcks@carrollswb.com](mailto:ccijcks@carrollswb.com)
- **Kansas Legal Services:** for victims of domestic violence (800) 723-6953
- **The Open Door:** emergency shelter 238-3599 [opendoor@ngks.com](mailto:opendoor@ngks.com)
- **The Food Pantry:** emergency food 762-8830 [vogelsang@embarqmail.com](mailto:vogelsang@embarqmail.com)
- **Smarter Fun in the Sun:** summer activity through Boys and Girls Club 717-4020
- **Transportation for Special Olympics participants:** 209-1996 [jtqjeh2003@yahoo.com](mailto:jtqjeh2003@yahoo.com)
- **Emergency aid for victims of disasters by the Red Cross:** 238-3163
- **Security checks:** for volunteers with Big Brothers/Big Sisters, adult mentors for at-risk children 238-1650

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- **Volunteer Recruitment for CASA:** Court Appointed Special Advocates of the 8th Judicial District 762-3907
- **Habitat for Humanity:** funding for the next home built by Habitat 238-3126

### **Kansas Children's Service League (KCSL):**

- In Kansas alone over 6,000 children each year need the care and support of foster and adoptive Families. People just like you are building brighter futures for these children by serving as foster and adoptive parents, relative caregivers, and advocates. You too can change a life. Help support our state's most vulnerable children so they can realize their full potential. Learn more by calling (877) 530-5275 or by visiting the Kansas Children's Service League Adoption & Foster Care website at: [www.kcsl.org](http://www.kcsl.org)
- Upcoming classes offered by KCSL:
- MAPP Training: This 10-week preparatory class is offered **free of charge** to individuals and Families interested in fostering and adopting. The classes are Tuesday nights from 6:00-9:00pm. For more information or to enroll call 1-877-530-5275.
- The Oasis program will provide **free and voluntary services to Families** with youth 10-18 who are at-risk to run away or have already run away. The goal of the program is to prevent youth homelessness, out of home placement, and to safely reunite the youth and Family by providing crisis intervention, temporary shelter, and support services. For additional information call 539-3193 ext.1701 or call the Oasis cell phone at 643-6615.

### **Army Career and Alumni Program (ACAP):**

- **Transitioning Service Members:** Are you a Soldier planning to transition from the military? If so, schedule your mandatory Pre-separation Briefing by logging on ACAP Express at <https://www.acapexpress.army.mil> or by calling 785-239-2278. Briefings are held Monday, Tuesday, Thursday, and Friday at 9:00am and 1:00pm. Soldiers reporting for their initial Pre-separation Briefing without a valid AKO account/password and/or arriving late will be re-scheduled.
- You may start the ACAP process up to 12 months prior to separation for ETSing Soldiers and up to 24 months prior to anticipated retirement date for Retiring Soldiers. In no event should the process begin later than 90 days prior to separation. All Soldiers regardless of reason being separated are required to complete this briefing. You do not need orders to begin the ACAP process. ACAP is here to assist Soldiers in determining whether to "get out" or "stay in".
- In addition to the Pre-separation Briefing, all Soldiers are required to attend a 4-hour VA Benefits Briefing prior to separating. This briefing is held Thursdays 9:00am-2:00pm. For those Soldiers injured while in service or want more information on the Vocational Rehabilitation program are welcome to attend the DTAP VA Briefing, Thursdays 2:00-4:00pm.
- Interested in Resume Writing? Interviewing Skills? ACAP offers a 2.5 day Job Workshop (TAP) weekly. The workshop also focuses on assessing skills, defining career goals, researching employment opportunities, and planning effective job searches. Completion of the TAP Workshop is required for further ACAP Counselor resume assistance.
- Our main office is located at 210 Custer Avenue, Room 006. In addition, we offer ACAP services for eligible Soldiers and Families assigned to the WTB and/or pending an MEB/PEB at the Soldier and Family Assistance Center (SFAC) 671A 3 Street, 785-239-8368.

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- ACAP will be offering the D.A. Federal Resume Seminar. This seminar is open to all ACAPing Soldiers that have completed their Pre-separation Briefing. This class is offered monthly.
- Spouses are welcome and encouraged to attend ACAP services. Briefings/seminars are by appointment only! Soldiers and spouses must have a valid AKO account to utilize ACAP services. Please visit <https://www.acap.army.mil> for more information.

### **Civil Air Patrol (CAP) USAF Auxiliary:**

Would you like to honor and serve America? Do you want to prepare for your future while making new friends? Then rise to the challenge of cadet membership in the CAP. Cadets fly, hike, camp, get in shape, learn to lead and push themselves to new limits. If you are dreaming about a career in aviation, space or the military, CAP's Cadet Program is for you. An average of 10% of the cadets at the U.S. Air Force Academy got their start in CAP. To become a cadet you must be aged 12-18. Cadets meet two (2) hours per week and for some Saturday activities and have opportunities to attend leadership encampments, career academies and international exchanges during the summer. We meet every Tuesday at Freeman Field Airport, Junction City from 7:00-9:00pm or call 209-8223 for more information. If you need more information please go to our website [www.qocivilairpatrol.com](http://www.qocivilairpatrol.com).

**Fort Riley, Kansas**  
**"Home of the Big Red One"**

