

The Riley Bugle Call Newsletter | 2011

FEBRUARY



COL Kevin P. Brown
Garrison Commander
CSM Colvin D. Bennett
Garrison CSM



****NOTE: Announcements for the MARCH 2011 "Riley Bugle Call Newsletter" are due by 10 FEBRUARY 2010. If you have questions or would like to add something to The Riley Bugle Call Newsletter please call (785) 240-0663****.

The Fort Riley Officer and Civilian Spouses' Club (OCSC):

The OCSC is a place to come and renew your soul! It is a time to laugh, relax, and give back to community. The Fort Riley OCSC meets monthly for good food and fun! We are also one of the largest welfare and scholarship organizations on post! For the 2009-2010 year, the OCSC gave back over \$12,500 to local scholarship and organizations. We look forward to having you join us in 2011! Membership dues are now only \$10 for the remainder of the year. You can download a membership application at <http://www.thefortrileyocsc.com/membership.html>.

Save the Date for our Upcoming Winter & Spring 2011 Events:

February 17 – "I Spy at the Movies" event at Riley's Conference Center
Join us for a night of popcorn, candy and fun! There will be an option to participate in a movie game where we all try to "spy" certain things from one of our all-time favorite chick flicks.

February 23 – Book Club will meet at the OCSC/ESC Hut at 6:30 p.m. We will be discussing "The Hand That First Held Mine".

March 4 – Martini Madness Game Night

April 8 – Basket Auction at Munson Angus Farm

May 19 – Year End Event at Riley's Conference Center

The Fort Riley Officer and Civilian Spouses' Club (OCSC) is taking requests for disbursements. Each year OCSC donates money raised to organizations on Fort Riley and in the community. Requests that benefit a group and have military affiliation are given priority. We are unable to fund operating costs, salaries or FRGs. The deadline for 2011 Community Assistance Funds Requests is April 1, 2011. For an application for funds disbursement or

questions regarding disbursement, please contact the OCSC Community Assistance Chair at ocscfrca@gmail.com.

Fort Riley Combined Scholarship Information:

The 2010-2011 Fort Riley Combined Scholarship Board is currently in the process of appointing committee members. After the committee is formed, The Fort Riley Combined Scholarship Board (FRCSB) Application will be posted on www.riley.army.mil. For more information, email fortrileyscholarship@gmail.com.

Kansas State Research and Extension (KSRE):

- Who: Military Families
What: The Book Club
When: 2nd Tuesday of the month
6:00pm – 7:30pm
Where: Army Community Service, 7264 Normandy Drive
Why: Reading group for parents to discuss family relationships, parenting, and child development topics in an informal social setting.
- Who: Military Spouses and Family Members
What: Global Friendship Club
When: 1st & 3rd Wednesday of Each Month
10:00am – 11:30am
Where: McClellan Community Center
Why: Come join us during the global Friendship Club meetings. The Club is designed to encourage culturally diverse military Spouses and Family Members in sharing ones heritage to a cross cultural audience experiencing Military Life. Looking forward to seeing you there!
- Contact Information:
K-State Research and Extension, Ft. Riley
7264 Normandy Drive, Custer Hill
Fort Riley, Kansas 66442
(785)-9991
friley@ksu.edu
www.fortriley.ksu.edu

Thrift Shop:

The Fort Riley Thrift Shop is open Tuesday through Thursday and the 1st and 3rd Saturdays of the month from 9:30am-2:30pm with consignments from 9:30 a.m. to 1:00 p.m. The Dollar Bag Room will be open Wednesdays and Saturdays from 9:30 a.m. to 1:00 p.m.

The Thrift Shop continues to seek energetic volunteers. Childcare reimbursement for volunteers is available. Please inquire at the shop.

The Fort Riley Thrift Shop continues to run the “Eyes for Education” program. This program is designed to assist military Families on Fort Riley. Applications can be picked up at all the local schools, the PX optical shop, IACH Optometry Clinic and at the Thrift Shop. There are several criteria to be met before receiving financial assistance; however, ALL applications will be considered on a case-by-case basis if one or more of the criteria are not fully met.

Directorate of Plans, Training, Mobilization & Security:

The Security Office offers FREE fingerprinting for Fort Riley Soldiers and Family members. For more information, please call (785) 239-6348.

Location: 500 Huebner Rd, Room 105.
Please call (785) 239-6348 to make an appointment.

Commissary:

Our hours of operation are:
Monday-Saturday 9:00am-8:00pm
Sunday-10:00am-6:00pm
Early bird shopping hours are 7:00-9:00am

We have 4 self checkouts for your shopping convenience 40 items or less, there is a customer service personnel here to assist you if you need help. The deli-bakery and produce and meat department can do special order trays with a 24 hour advanced notice.

The Commissary, it's worth the trip where you save 30% on your total grocery bill.

Our phone # is (785) 239-6621.

We value your service!

Irwin Army Community Hospital:

Changes in prescription procedures to improve pharmacy service

In order to provide better service and decrease wait times, Irwin Army Community Hospital patients will request refill prescriptions in advance by phone. An online prescription refill option will be available soon.

Beginning Feb. 1, 2011, all patients will either use the automated prescription refill system (APRS) or IACH pharmacy website when requesting prescription refills.

Prescription refills requested prior to noon will be ready for pick-up when the pharmacy opens the next duty day. Refills requested after noon will be ready for pick-up in two duty days. Prescription refills not picked up after seven days from the scheduled pick-up date will be returned to stock and will need to be reordered. Contact the desired pharmacy location to pick up refills, obtain answers to questions or get additional help with refills. Prescriptions refills may not be requested more than to 14 days from the next refill due date.

IACH automated prescription refill system is easy to use with a touch-tone telephone. Patients can request a prescription refills, receive information about medication and hear the pharmacy hours of operation using the APRS.

1. To refill a prescription or access information, select the desired pharmacy pick-up location by pressing the corresponding number on your touch-tone phone.
2. Listen and choose an item from the main menu by following the simple instructions, or follow the step-by-step guide below. Calls can be ended at any time by hanging up.
3. When prompted, enter the last four numbers of your sponsor's social security number followed by the pound (#) sign.
4. Enter the six or seven digit prescription number followed by the pound sign (#). The prescription number is located in the upper left hand corner of the prescription label. For example, if your prescription number is RXR1234567; you will enter 1234567.

Civilian prescriptions will be dropped off, processed and picked up at the PX pharmacy.

The patient's valid military identification card must be presented to pharmacy staff when picking up prescriptions. This applies to all beneficiaries 10 years of age and older including spouse, parent, child or guardian. By presenting the patient's valid military ID when requesting a prescription, the bearer of the ID demonstrates that the patient has given permission for the person to obtain the prescription.

To refill prescriptions, call 785-239-PHAR (7427) or for information visit:
<http://iach.amedd.army.mil/sections/clinics/pharmacyMain.asp>.

Tricare Online

Scheduling primary care and wellness appointments are now easier and more convenient!! You can now make primary care appointments at any time, 24/7 over the internet using TRICARE Online. For TOL usage, the command directs that one provider will provide one routine appointment and one acute appointment per day that is bookable online only. IACH monitors and tracks online booking through Composite Health Care System reports. Visit <https://www.tricareonline.com> or contact IACH TOL Manager at 239-7968 for registration assistance and additional information.

IrwINformation

If you have a question for IrwINformation, send it to IACHInformation@amedd.army.mil or call (785) 239-8414.

Fort Riley Veterinary Services:

Building 226 Custer Avenue (down the street from In/Out Processing)

Operating hours are Monday thru Friday: 8:00-11:00am and Noon-4:00pm.

Closed federal holidays and the last business day of the month.

Registration

- All pets residing in on-post housing must be registered with Veterinary Services per Fort Riley Regulation 40-18.
- Registration is free; however, all animals must be registered and micro chipped (done by appointment) within 10 days of arriving on post.
- Registration is walk-in and owners need to bring vaccination history and microchip history if available. If no history is available the owner may make an appointment after registration is complete.

Appointments

- Appointments can be made for vaccinations and minor sick call by calling (785) 239-3886.
- Veterinary Treatment Facilities have been standardized Army-wide to stabilize prices and care given to Patrons and their pets. One of these benefits includes our new Discounted Wellness Packages suited to your pets needs.

Discounted Wellness Packages

- These include basic required vaccinations that are offered yearly or every three years.
- Also included are annual heartworm screenings and stool exams.
- For your new additions we offer puppy and kitten packages as well.
- For more information on Veterinary Services search online www.riley.army.mil

Fort Riley Stray Facility

- Operating hours are Monday thru Friday 12:00 Noon-4:00pm.

- Phone Number is (785) 239-6184.
- Although we are a small facility we just might have the perfect companion for your Family. Come by and adopt a pet today!

American Red Cross:

Volunteers needed for two programs:

Volunteer orientations are Mondays at 1:00pm at the Red Cross office in 7264 Normandy Drive, Room 16. Questions call (785) 239-1887.

- Interested in being a local disaster volunteer? Dates will be determined.
- Mother's Outreach Program (on-going program). Volunteers meet and give gift bags to new parents at IACH. Please call (785) 239-1887.

Directorate of Family, Morale, Welfare, and Recreation (DFMWR):

United Fighting Federation Match

February 19, 7:00-10:00pm, King Field House

Experience professional mixed martial arts up-close and personal. Fighters from the UFF will square off for the first time at Fort Riley in a 20 foot 6-sided cage. Tickets are \$20 General Admission and \$60 VIP and are available at Fort Riley Leisure and Travel, 6918 Trooper Dr., 785-239-5614, or online at <http://www.theuff.com/>.

BOSS Valentine Crush

February 7-14

If you have a loved one that you truly enjoy embarrassing in front of their fellow employees, let the team of BOSS angels deliver your Valentine's day gift in style. We promise BOSS will have the right characters to fit your embarrassment needs for this special day. Visit Fort Riley Leisure and Travel, 6918 Trooper Dr., 785-239-5614, to pre-pay delivery. Open to all.

Fort Riley Post Library

Be My Valentine Party

February 12, 1:00-3:00pm

Who can resist a holiday devoted to red and pink crafts, love notes, and heart-shaped snacks? Indulge in all three, and you've got a great way to celebrate the day. Check out the Library to help set the mood. You and the kids will soon be celebrating until your heart's content. Cookies and punch provided. For information or directions, call 785-239-5305. All Library programs and events are free of charge.

Arts & Crafts Center

Arts & Crafts Center, Bldg. 6918, 785-239-9205

Monday & Tuesday 1:00 – 8:30pm, Wed, Sat, & Sun 9:00 – 4:30pm,

Closed on Thursdays, Fridays and Holidays

Classes – We offer a variety of classes; a specialized wood working area, a matting and framing area, Crochet and Knitting.

Matting and Framing class – Learn the skill to do your own matting and framing, save a bundle! Class covers material selection, matt cutting, frame assembly and glass cutting. The center carries conservation – preservation products to complete your fine art work project. Evening Classes are the 1st or 3rd Monday, 6:00pm. \$10.00 fee must sign up prior.

Crochet or Knitting – Learn one or both of these skills this class, class meets every 2nd Saturday from 1:00 – 3:00 take as many classes as needed. Stop by and see what the group is working on, call ahead to be enrolled - or just stop in. This class is FREE.

Woodsafety Class – Learn power tool safety and general woodshop procedures in this one night class. Patrons are required to take this class before using the woodshop. One evening class, 6:30 – 9:00pm, call for dates \$8.00 fee must sign up prior.

Coffee Groups, FRGs, and Scouts – Come in for a crafts class, we will set up a class just for your group.

Custom Services

Professional Matting & Framing: Our shop has over 500 frame molding choices and only the highest quality conservation, preservation matts for your valuable pieces. Stop in and get a free estimate.

Ceramic Shop: You can drop off your greenware or glaze ware for firing here; there is a minimal charge per inch.

Imprint Shop: We offer computerized engraving for plaques.

Laser Engraver: The engraver is able to cut into wood, plastic, glass, mirror, and limestone Stop in, take a look at our samples and see what we can do!

DFMWR Outdoor Recreation

Outdoor Recreation (ODR), Bldg 9011 Rifle Range Road, 785-239-2363/6368

Hours of Operation:

Open 7 days a week 9am-5pm

Facilities closed on all Federal Holidays.

Services are available to active duty, National Guard, Reservists, Retired, DoD Civilians and Families.

Winter is in full swing but so is Outdoor Rec. For your entire rental needs give us a call to see how we can assist you. We have tables, chairs, coolers, car top carriers, log-splitters, car dollies, utility trailers, an enclosed trailer and much more. Hunters don't forget about our archery range where you can practice to make that perfect shot. If you have questions about Kansas hunting and fishing don't hesitate to call or stop in to see us. If you have a special celebration coming up or an Org day scheduled drop by Outdoor Rec for tug of war ropes, volleyball/badminton sets, and the NEW dunk tanks.

February activities:

Feb 5, 8:00am-5:00pm – Snow Creek at Weston MO

Price: Adult \$75 (age 13-69) Youth \$60 (age 7-12) Children \$35 (age 6-under)

Rally Point

Rally Point, 2600 Trooper Dr., 785-784-5434

Hours of operations:

Sunday-Monday: Closed

Tuesday-Thursday: 5:30 p.m. to 9:00 p.m.

Friday: 6:00 p.m. to 9:00 p.m.

Saturday: 12:30 p.m. to 4:30 p.m.

COME OUT WITH FRIENDS AND ENJOY A NIGHT OF "BINGO"

To make bingo easier to play for novices we have electronic bingo machines that do it all for you. All you got to do is yell "BINGO"! Play 13 games with nightly payouts of over \$1800.00 and the chance to win \$2,500 Jackpot and a progressive Jackpot starting at \$5,000.

Play for just \$15.00 for the minimum paper pack and \$40.00 for an electronic pack.

Specials:

Bring a Friend and receive a Free 3-pack (Must have been here in the past to receive this special)

Birthday pack: If you come on your birthday, receive a free 3-pack and birthday dauber.

Next Family Bingo is scheduled on February 20, 2011, \$1,000 in prizes to the children, and \$1,000 in cash to adults.

Join us for a day of skiing and fun at Snow Creek in Weston, MO. Weston is a short 2.5 hour drive from Fort Riley. Snow Creek has manmade snow and offers skiing, snowboarding and tubing. Weather permitting.

19th- IBEX Climbing Gym- Kansas City- 9:30am-6pm- \$35

Do you have the cold weather blues or feeling as though you are hibernating? Join Outdoor Recreation for a day of physical fun and enjoyment. Kansas City's IBEX climbing gym offers over 6900 square feet of climbing to challenge any one from beginners to the most advanced climbers. Weather permitting.

Advanced registration is required for all trips. For more information call or stop by the Outdoor Recreation Center, 785-239-2363.

Fort Riley Skeet and Trap

785-239-9058

Hours of Operation:

Wed & Sat 10:00am-6:00pm

Weather Permitting

Open to the general public

Don't let these winter days get you down, keep your body and mind sharp at the Ft. Riley Skeet & Trap range. Hunters keep that competitive edge by practicing at the range. Bring out your own gun or borrow a range gun. For more information call or stop by the Outdoor Recreation Center 785-239-2363.

Fort Riley Marina, Milford Lake

785-239-2363 or 785-307-3798

Hours of Operation:

CLOSED FOR THE SEASON

Services available to active duty, National Guard, Reservists, Retired, DoD Civilians and families

The Marina is closed for the season but it is never too early to plan for the upcoming spring and summer season. The Marina is located on Milford Lake and has over 20 water craft available

for rent as well as 4 pavilions with access to handicapped playground equipment. Including pontoons, fishing boats, jet skis, and ski boats. Our new boat slips will be in place for the upcoming season. Don't forget the Kansas State Boater's Safety Course is required to rent a motorized boat. For information about the course visit www.kdwp.ks.us/news/Boating/Boating-Education . For more information call or stop by the Outdoor Recreation Center 239-2363

Child, Youth, & School Services (CYSS)

CYSS Parent Central Bldg. 6620 Normandy Drive, 785-239-9885

Hours of Operation: Monday–Friday, 8:00am-6:00pm

Walk-in registration hours are Monday - Friday, 12:30pm-6:00pm

Appointments available, starting at 8:00am

Spaces are available for all ages, please contact Parent Central for additional information.

Play Pals Playgroup- 6620 Normandy Drive, Every Monday 9am-11am, Parents are welcome to come out with their child and explore fun and exciting activities, meet new friends and develop life long relationships. Call 239-9885 for more information. Reservations recommended but not required (space available without reservations). Call 785-239-9885.

WebTrac- WebTrac is now available for CYSS patrons to make payments, as well as, enroll in Youth Sports programs. Customers currently in our database will receive their WebTrac User ID and password via the e-mail address we have on file. New customers may sign up by going to the WebTrac link located on the Riley DFMWR website.

Parent Education Plan

Parent Education Opportunities: For additional information contact Parent Central 785-239-9885.

**Held in the CYS Services Training Room, Bldg 6620 Normandy Drive unless otherwise stated*

- February 8, 2011. Child Abuse Prevention, 8:00-10:00am, This class discusses the importance of recognizing and preventing child abuse. This training also covers the 4 types of abuse and what is considered abuse in Kansas.
- February 8, 2011. Playing Music at Home, 6:30-8:30pm, FREE childcare with preregistration. As children explore and enjoy music, they develop skills in other learning areas at the same time. Music can relate to subjects as diverse as math, literacy and social studies. This session will explore the various ways you can connect music to learning and at the same time have fun with your child. RSVP to 785-239-9885 by February 7th at noon if you need free childcare.
- February 9, 2011. Exercise Smorgasboard, 12:00 – 1:00pm. Participants will learn and participate in a variety of simple and effective exercises that can be used to change up your workout routine or be done at your desk at work.
- February 22, 2011. Parent Involvement Orientation, 6:30 – 8:30 pm. FREE childcare with preregistration. This orientation is required for all parents who want to earn Parent Participation Points by volunteering in a CYS program. Identification and

Prevention of Child Abuse, Touch Policy Briefing, Safety, Fire Prevention and Evacuation Procedures including walk-through of the center

SKIES Unlimited, 785-240-5821

All participants must be registered with Child Youth & School (CYS) Services, Bldg 6620. Space is limited. Classes are subject to change without notice. Sports Physicals are not required to enroll for SKIES classes. \$300 of free classes for children of deployed Soldiers, a copy of orders are needed! Instrument rental, uniforms and testing fees are not covered! **Wanted, Instructors are needed in a variety of areas to include: Art, English, Math, Science, Guitar, and Piano.**

Warren East CDC 6981 Warren Rd.

- Saturday Care: February 12th from 9am -1pm. Parents may utilize free 16 hours (deployment entitlement) or an hourly rate. Children ages six weeks up to five years are eligible for the free care at the CDC. Lunch will be served. Children must be registered with CYS Services to participate in this program, and parents must make a reservation by noon Thursday the week care is provided. For additional information please call 785-240-0822.
- Weekday care: February 1st and 15th from 6:30pm-8:30pm. Free for parents attending FRG meetings, parent may also utilize free 16 hours (deployment entitlement) or an hourly rate. Contact your FRG leader to reserve your child for FRG care. To attend parent training classes, sign up at the front desk of any Child Development Center. Drop off is as early as 6:20pm. For additional information please call 785-240-0822.

School Age Services (SAS) Bldg. 5810 Thomas Ave:

- This elementary school age program is nationally accredited by the National Afterschool Association (NAA) and provides Before and After School programs for Kindergarten-5th Grades. Hourly care is also available; however parents must make reservation by noon the day prior to ensure availability. For additional information please call 785-239-9220 or 785-239-9225.

Middle School and Teen (MST)

The Middle School and Teen Center is located on Custer Hill at the corner of Thomas and Longstreet. It has a full court gym, a technology lab, art room, a large activity area, a music/dance studio, a homework area, and a newly designed high school lounge. For more information, contact us at 239-9222. Hours of operation are as follows:

Monday – Thursday	3:00-8:00pm
Friday	3:00-11:00pm
Saturday	2:00-11:00pm

February Events:

February 12, 2011, Late Night Basketball Tournament, 7:30pm-11:00pm, Open to all teens, \$1.00 to watch. \$2.00 to play. Members can bring one guest.

February 18, 2011, MST Dance, 8:00pm-10:30pm. Cost is \$2.50 for members, \$3.50 for non-members.

February 25, 2011, MOVIE NIGHT, 7:00pm – 9:30pm. Cost is FREE. The feature movie will be “Despicable Me”.

Join the Fort Riley Teen Center for our weekly activities which include: Sports, Smart Girls, Girls with a Future (GWAFF), Tech Club, D&D Gaming, Millionaire Club, High School specific activities, Power Hour, Photography Club, Arts & Crafts, Passport to Manhood, and Cooking Club. These activities are all provided at no cost to the participating youth. For more details, please see the MST front desk or call 785-239-9222 for additional information.

MST Has a distribution list to help you keep in touch with what is happening here at the teen center. Please let us know if you would like to be added to this list.

Find MST on Facebook

<http://www.facebook.com/ftrileyteen> or Follow MST on Twitter <http://twitter.com/fortrileyteen>

HIRED!

HIRED is a career field exploration for 15-18 year old high school teenagers! Teenagers get the opportunity to explore different career opportunities at facilities on Fort Riley AND attend workforce preparation workshops like resume writing, interview skills, problem solving, effective communication, financial management, college preparation, and a lot more! This is a great experience with lots of benefits for life after high school! For additional information, call 785-239-4317.

The EDGE

Experience, develop, grow and excel in exciting and fun art, fitness, life skills and adventure activities. For additional information, call 785-239-9850 or 785-240-5195.

Youth Sports

- January 31-February 18 Spring Soccer Registration, Grades K-8, \$40. To participate, register at CYSS Parent Central Office, Bldg. 6620.
- February 4, Family Fitness Night. 6-7pm, Wiffle Ball at Bldg 5800. Families with children of all ages are invited to participate. RSVP by February 2.
- February 21-March 4, Running Club Registration, Grades 1-6, \$20. To participate, register at CYSS Parent Central Office, Bldg. 6620.
- February 28 – March 11, Outdoor Adventure Amazing Race Registration. Event date – Mar 24, 1-5pm, Grades 3-12, \$10 includes transportation to and from Moon Lake. To participate, register at CYSS Parent Central Office, Bldg. 6620.
- February 28 – March 11, Outdoor Adventure Horseback Riding/Archery Registration. Event date – Apr 11, 8-4pm, Grades 3-12, \$10 includes transportation to and from Rock Springs 4-H Center. To participate, register at CYSS Parent Central Office, Bldg. 6620.

Call 785-239-9223 for additional information on youth sports programs. We need volunteer coaches.

School Liaison Services

Youth Sponsorship Program

The Youth Sponsorship Program is available to children of all active, retired and reserve military sponsors in the Fort Riley area. The Youth Sponsorship Program has active volunteers at CYSS School Age Services and the CYSS Middle School Teen Center to welcome incoming youth and assist with their transition. Participation in the Youth Sponsorship Program as a volunteer or a new member of the Fort Riley community will: Promote youth awareness and involvement at Fort Riley, encourage new friendships, gain information about schools in the area, and strengthen youth independence. For additional information please contact a School Liaison Officer at 785-240-3260, 785-240-3261, or 785-239-1648

Study Strong (formally Tutor.com)

Provides real-time homework assistance in all subjects. Service is 24/7, tutoring for grades K-12 and college intro. Log onto: www.myarmyonesource.com/cyss_tutor to register.

Student Online Achievement Resources (SOAR) www.SoarAtHome.org

Soar is a free website providing students and parents with resources to:

- Identify academic strengths and weaknesses in math and reading
- Instruct the student in math, reading and language arts through interactive tutorials
- Involve parent by providing educational resources written specifically for parents

College Prep Series

For students interested in pursuing a college education CYSS will offer a College Prep Series.

Times: 6:30pm to 7:30pm

Location: Middle School/Teen Center 5800 Thomas Ave

All College Prep seminars are FREE

February
3rd

Prepare Yourself Financially for Leaving Home

For additional information please contact a School Liaison Officer at 785-240-3261, 785-240-3260, or 785-239-1648.

USD 475 Junction City-Geary County Schools:

USD 475 (Geary County-Junction City, Fort Riley, Milford, and Grandview Plaza) website: <http://www.usd475.org/>

Tel: 785-717-4000

USD 383 Manhattan-Ogden Schools:

USD 383 (Manhattan-Ogden) website: <http://www.usd383.org/>

Tel: 785-587-2000

USD 379 Clay County Schools

USD 379 (Clay Center-Wakefield) website: <http://www.usd379.org/>

Tel: 785-632-3176

USD 473 Chapman Schools:

USD 473 website:<http://www.usd473.net>
Tel: 785-922-6521

USD 435 Abilene Schools:
USD 435 website:<http://www.abileneschools.org>
Tel: 785-263-2630

Automotive Skills Center
Bldg. 7753, Apennines Dr., 785-239-9764/4028

Wednesday –Friday 11:30am-8:30pm
Saturday-Sunday 9:00am-5:00pm

The Automotive skills center Staff will be offering monthly repair specials. Visit the center for more details.

**The Automotive skills center will be aligning your vehicles on Wednesday, Thursday and Friday from 12:30-6:00pm
Wheels alignment specifications: 1987-2009 Passenger Cars, Vans, and Lights Trucks**

Front-end Alignment and AC service available on a first come basis.

The Automotive Skill Center professional staff mechanics will service your AC at a fraction of the cost compared to downtown dealer and repair shops.

The Automotive Skills Center body shop is open for business providing technical skills and continuous education. You can attend a Body Shop class or do hands-on training before utilizing the body shop area.

The Automotive Skills Center has updated their high technical system Mac Mentor with OBD11 Smart Cards, Scope Probe for European and Domestic Cars, Mercedes, Toyota, Volkswagen, BMW, Audi, Land Rover, Porsche, Jaguar, Saab and Volvo 1986-2005; Domestic cars 1984-2006.

Mitchell On-Demand Reference library on DVD has been updated for both European and Domestic cars: 1984-2007 with color-coded diagrams, updated repairs, and trouble codes.

Rebuild your engine! The engine rebuild shop has a new hot tank that will clean your manifold, heads and block within 30 minutes.

FREE 25 point automotive vehicle check for deployed Soldiers' Family members; Must have verification of Soldier or unit deployment, ID card and vehicle registration or title.

While the Soldiers are deployed, it is time to learn more about the vehicle you are driving. Why not take advantage of the **Free Basic Automotive Repair Class**? The classes are scheduled every Thursday from 6:00pm-7:00pm. Basic automotive repairs: 1st and 3rd Thursday of each month; Advance automotive repairs: 2nd & 4th Thursday of each month. Call for more details.

Introduction to Basic & Advance Auto Mechanics Fundamentals

Contents

Class Room Training:

- Hand Tools & Equipment , qualification card 3031, Safety in the work place
- Basic Auto Repairs: Oil & Air Filters, Tire rotation, and vehicle inspections
- Advance Auto Repairs: Brake system, Brakes Fundamental's, suspension system
Battery Maintenance, coolant system and on Hands Vehicle Maintenance.
- Summary: Shop talk & questions

Maintenance Tips:

- Have your vehicle inspected every 12 months as required by most states and military jurisdiction.
- Regular routine maintenance should also be performed. You can handle many of the routine items yourself and discover early symptoms of what may become major problems.
- The driver should be familiar with the different systems of the vehicle and know what to do to keep the vehicle in good working condition.
- You do not have to be a pro to learn or take our free automotive classes.

Our facility offers

- Open bays with a complete tool set and roll-around bench for customer use
- 15-Suspension lifts bays
- 1-12,000lb lift bay for older vehicles that supports the vehicle's tires
- Trained mechanics available for assistance and advice
- Complete tool room
- Auto parts store located in facility
- Mitchell on-demand technical information available on DVD
- Body shop providing expert advice and instructions
- Paint booth with drive through capability
- State of the art engine rebuild and machine shop
- 8-bay car wash with power washers and vacuum cleaners
- Inline fuel filter removal bay

Our Services Include

Overnight Parking

Tire Mounting, Balancing and Repair

Engine Computer Monitor

Air Conditioning Service

Brake Drums and Rotors Turned

Hydraulic Press

Welding Services

Flywheel Grinding

McPherson Strut Replacement
Broken Bolt Removal
Pack Wheel Bearings
Engine Rebuilding Services
Ball Joint Removal/Installation
Fuel Injector Cleaning
Valve Grinding

Automotive Car Wash Bldg #7756, Ft Riley, KS next door to the Automotive Skills Center;
OPEN 24-7

The Automotive Car Wash was updated with new equipment, products, and services; Eight Bay Car Wash, Change Machine, Wax and drying area; Provides the best value in the area

The **Automotive Skills Center Car Club** is excepting applications for annual membership. Membership is open to active duty Soldiers, Retirees, dependents, Reserve, National Guard, and DA civilians. The club is located at Building 7753. Automotive Skills Center meetings are held the 2nd Sunday of each month at Noon.

Custer Hill Golf Course: Bldg. 5205, 785-784-6000.

- **Hours of Operations:**

- **Pro Shop and Golf Course Hours:**

February 1 – February 28	
Closed Mondays and Tuesdays	
Wednesday – Friday	9:00am – 5:00pm
Saturday and Sunday	9:00am – 5:00pm

Closed February 21, 22, & 23 in Observance of the Presidents Day Holiday

ALL TIMES ARE WEATHER PERMITTING

**ALL RENTALS ARE DUE BACK INTO THE PRO SHOP 15 MINUTES PRIOR TO CLOSING.
\$5.00 LATE FEE FOR ALL EQUIPMENT TURNED IN LATE.**

- **Snack Bar Hours:**

Monday – Friday	11:00am – 1:00pm
Saturday, Sunday, & Holidays	Closed
Closed February 21 in observance of the Presidents Day Holiday	

- **PGA Trade In/Trade-Up Network:** Looking for new golf clubs in 2011? Bring your old clubs in and we will assist you in trading in your clubs based on the PGA Value Guide, and we will put that amount towards the purchase of a new set of clubs.
- **2011 Golf Tournaments:** Let our professional staff help you book your unit tournament in 2011. Plenty of dates are available and they come on a first come, first serve basis. We have packages that include rentals, fees, range balls, equipment, and lunch starting at \$29.
- **Coming Soon:** New 2011 Golf Clubs to the Pro Shop. Check us out for more details.
- **Check out our website at WWW.RILEYMWR.COM for an updated listing of events and tournaments.**

Sports: Bldg. 202, 785-239-3945

Eyster Pool

Bldg. 6940, Custer Hill

Oct 1 – May 27, 2011	Mon-Wed-Fri	6:30–9:00am	Lap Swim
	Mon – Fri	11:00am-1:00pm	Lap Swim
	Mon – Fri	4:00-8:00pm	Open Swim
	Sat & Sun	1:00–6:00pm	Open Swim

Please note all children 12 years and younger as Family members must be accompanied by a parent or guardian 18 years of age or older.

Long Pool

Bldg. 8069, Custer Hill

785-239-4684

For Reservations call 239-9441

Please note: Effective Oct 1, 2010 - All units will be responsible for providing their own lifeguards.

Minimum two lifeguards per request. Lifeguard training information is listed below.

Training (Unit must submit memo of request 2 weeks prior to requesting date with the following information: Effective Oct 1, 2010: Copies of minimum two soldiers American Red Cross Lifeguard Training cert along with ARC CPR for the Professional Rescuer, date, time, number of Soldiers, type of training, requesting POC for memo, OIC or NCOIC responsible for Soldiers the morning of, memo signed by company commander).

American Red Cross Lifeguard Training

Cost is \$175 per candidate; Call 239-9441 to schedule pre-test date prior to session beginning.

American Red Cross Group Swim Lessons

February 14-18/22-25 \$20/ Child: Register at Eyster Pool

4:00-4:45pm	Level III
5:00-5:45pm	Level I
6:00-6:45pm	Level II
7:00-7:30pm	PACA

SKIES Swim Lessons

Register at Central Registration Office

February 7-11

Flick – n- Float:

February 26 at 7pm; \$10/Family \$5/single

Movie: Megamind

Fitness Center Phone Book

King Field House | Bldg 202, Main Post | (785) 239-3868 5:00am to 9:00pm Mon-Fri
9:00am to 9:00pm Sat/Sun/Hol

Leonard Fitness Center | Bldg 7632, Custer Hill | (785) 239-5771 5:00am to 8:00pm
Mon-Fri 10:00am to 5:00pm Sat/Sun/Hol

Craig Fitness Center | Bldg 7024, Custer Hill | (785) 239-5562 CLOSED

Long Fitness Center | Bldg 8069, Custer Hill | (785) 239-4683 5:00am to 9:00pm
Mon-Fri 8:00am to 4:00pm Sat/Sun/Hol

Robinson Fitness Center | Bldg 7832, Custer Hill | (785) 239-4480 5:00am to 9:00pm
Mon-Fri Noon to 7:00pm Sat/Sun/Hol

Fitness

Exercise Classes

The fitness department offers fitness classes six days a week, excluding holidays and training holidays on holiday weekends. See the MWR <http://www.rileymwr.com> and click on the calendar for the current schedule, or visit King Field House for a printed copy. Fitness class selection includes SPINNING, Ab Force I, Circuit Breaker, Rowbics, Yoga and Interval Boot Camp. Keep an eye out for even more classes being added to the fitness schedule!

Do you or anyone you know have a passion for fitness? King Field House is currently looking for exercise class instructors! Call 785-239-3146 or email Vincent.spencer@us.army.mil

Fitness assessments

Body composition and fitness assessments are offered by appointment. Please call the fitness office (785)239-3146 for more information on the testing services.

Fun fitness programs

Register for Fit4Life and win prizes for getting out and being active! Sign up anytime. Visit <http://fit4life.rileymwr.com> for details on prizes and registration.

Intramurals

Dodge Ball Tournament is on February 5th at 10:00am located at King Field House. Registration ends February 3rd. Open to everyone, maximum is 8 players. The cost is \$50.00 per team and FREE for Active Duty Teams. For more information call 239-2148.

Community Life Dodge Ball season starts on February 21 thru March 25. Coaches meeting will be held at 6:00pm on February 2nd and 16th. Entry fee is \$150 per team. All entry fees will go towards officials and awards. Information on how to register your team for intramural sports can be found at all fitness facilities or by calling 785-239-2148.

Community Life Volleyball season starts on March 7 thru April 28. Coaches meeting will be held at 6:00pm on February 23 and March 2. Entry fee is \$150 per team. All entry fees will go towards officials and awards. Information on how to register your team for intramural sports can be found at all fitness facilities or by calling 785-239-2148.

Army Community Service (ACS):

7264 Normandy Drive, (785) 239-9435, Hours: M-F 7:30am-4:30pm

Army Family Team Building (AFTB):

- If you are interested in learning about resources that are available to you or find that most are speaking a language that sounds more like alphabet soup than English, then you could benefit from the Army Family Team Building (AFTB) classes. FREE CHILDCARE! Will be provided at Armed Services YMCA in Junction City at 111 E. 16th Street for those attending the classes.
- NOTE: You must contact the AFTB Program Manager to pre-register your children.
- For more information or to speak to the Program Manager please call (785) 239-9435.
- If you, your unit/battalion, Family Readiness Group or other group would like to schedule separate Level I, II or III classes, please contact the Program Manager. These classes can be held at your location or at ACS 7264 Normandy Drive (Room permitting). There is a minimum of five people required to hold a class and two weeks' notice is needed for planning.

Army Family Action Plan (AFAP):

- It is never too late or too early to submit issues to the AFAP Program Manager. As you see or encounter things on our installation or in the Army overall that need changed or implemented, submit the suggestions. Our leaders and directorates cannot make changes if they do not know a problem exists. Issues can be submitted by using the Fort Riley Web page <http://www.riley.army.mil/UnitPage.aspx?unit=ACS.afap&nav=FamSvcs>. Issues can also be submitted by calling (785) 239-9435

Army Volunteer Corps (AVC):

- Army Community Service (ACS) is home to the Army Volunteer Corps, which is the center of volunteer recruitment, referral, recognition, and advocacy efforts for Fort Riley. Volunteers can be placed in a wide variety of positions throughout the installation. Through volunteer service, individuals can learn or enhance skills, get to know the community and meet new people, build their resumes, and more. For further information, please call the Army Volunteer Corps office at (785) 239-9435. We look forward to seeing you in our community!
- Become an ACS Volunteer!
- At ACS our volunteers obtain valuable work experience and opportunities for training to learn new skills, opportunities to increase marketable job skills and to assume responsibility in leadership roles, the enjoyment of meeting and working with a variety of people, the satisfaction of contributing to their community, and recognition for their contributions.
- FREE CHILDCARE! ACS volunteers are provided 25 free hours of childcare monthly per Family. We also actively participate in the Fort Riley volunteer awards program to recognize our volunteers. There are volunteer opportunities for everyone whether you want to give your time every week, once a month or once a year.
- The different Volunteer positions that are offered here at the Army Community Service are as follows: Information & Referral (I&R), Exceptional Family Member Program (EFMP), Relocation Readiness Program (RRP), New Parent Support Program (NPSP), and Army Family Team Building (AFTB) programs.
- Getting started as a volunteer is easy: come into the AVC office to discuss what you might be interested in and fill out a registration form.
- For information on volunteer opportunities at ACS, call the AVC office at (785) 239-9435 or stop by to find the perfect volunteer opportunity for you.
- Volunteer Management Information System (VMIS) The Volunteer Management Information System was developed to give the Army a real-time snapshot of volunteer activities at any given time, at any given installation. VMIS provides all of the tools needed to track AVC

volunteer hours, manage and track volunteers, post open positions, print reports, and much more. All volunteer hours will be tracked through the VMIS System. You may visit www.myarmylifetoo.com for additional information on this new system. Volunteer Management Information System Classes: Introduction to using the VMIS system. Search and sign up for volunteer positions, track your hours, awards, training, and more!! Call the AVC office to find out about our next class or to schedule a group class for your organization.

New Parent Support Program (NPSP):

NEW PARENT SUPPORT and EXTENSION CLASS SCHEDULES

BAL-A-VIS-X

First 3 Tuesdays of every month at Long Fitness Center from 4:00-6:00pm

This 3 session course is designed to help cognitive integration improve; impulsivity decreases, increases attention span, and stress is diminished. **Bal-A-Vis-X** exercises are currently being used in Schools, nursing homes, TBI clinics, mental health clinics, and hospital settings. **Bal-A-Vis-X** is a series of **Balance/Auditory/Vision eXercises**, of varied complexity, all of which are deeply rooted in rhythm. Exercises are done with sand-filled bags and racquetballs, sometimes while standing on a balance board. **Bal-A-Vis-X** enables the whole mind-body system to experience the natural symmetrical flow of a pendulum. Open to all family members!

SINGLE PARENT SUPPORT GROUP

January 25th, February 22nd, March 22nd, April 26th, & May 24th, 2011 6:30pm-8:00pm

A Great Opportunity to get involved, meet other single parents, & find out what's going on!

JANUARY 2011

THE 7 SECRETS; Of Effective Fathers

January 5, 2011 9:00am-12:00pm

This 3 hour course is designed to present valuable guidelines for fathers to strengthen their family roles. These time tested techniques that have worked effectively in other families, will help fathers overcome and/or prevent barriers in their relationships with their children and help them understand themselves in relation to other fathers. The essential "insight and counsel" discovered during this course will help men become the fathers they want to be for their children.

LOVE AND LOGIC; Early Childhood Parenting Made Fun!

January 6, 2011 9:00am-12:00pm

This course is designed for families with children ages 0-6 years old. This course is designed to help parents create happy families and responsible kids by;

- Learning to allow them to grow through their mistakes
- Learning to allow them to learn from the consequences of their choices
- Learning shared "control"
- Learning shared "thinking and decision making"
- Providing the opportunity to build "self-concept"

POSITIVE DISCIPLINE

January 13, 2011 10:00am-12:00pm

This course is designed to help parents get their message across to their children by helping them learn to set limits, acknowledge feelings and by taking care of themselves.

“IT’S NOT AS HARD AS YOU THINK;” Cloth Diapering, Making Baby Food & Breastfeeding in the 21st Century; January 19, 2011; 10:30am-12:00pm

Come learn easy ways to use and manage cloth diapers, making your own baby food, and breastfeeding. You will gain knowledge on how much money you can save by using these methods and how good it is for your baby and “Mother Earth.” We will offer step-by-step guide and quick tips to implementing these strategies into everyday family life. This session will be lead by Cassie Miller, LMFT and Nina Keeler, LMFT (Moms who do these very things - every day).

BASIC INFANT CARE

January 25, 2011 10:00am-12:00pm

This course is designed for families that are currently expecting or that have recently delivered new additions to their families. Some of the timely topics covered include understanding pregnancy; preparing for the birth; nurturing a healthy family; child growth and development; infant safety; and a visit with health care staff from IACH and WIC.

FEBRUARY 2011

THE 7 SECRETS; Of Effective Fathers

February 2, 2011 9:00am-12:00pm

This 3 hour course is designed to present valuable guidelines for fathers to strengthen their family roles. These time tested techniques that have worked effectively in other families, will help fathers overcome and/or prevent barriers in their relationships with their children and help them understand themselves in relation to other fathers. The essential “insight and counsel” discovered during this course will help men become the fathers they want to be for their children.

BEING A SINGLE PARENT

February 8, 2011 10:00am-12:00pm

This class is designed to give single parents and intermittently single parents ideas, tools and techniques that will boost parenting confidence, re-energize parenting goals and enhance parenting success.

LOVE AND LOGIC; Early Childhood Parenting Made Fun!

February 10, 2011 9:00am-12:00pm

This course is designed for families with children ages 0-6 years old. This course is designed to help parents create happy families and responsible kids by;

- Learning to allow them to grow through their mistakes
- Learning to allow them to learn from the consequences of their choices
- Learning shared “control”
- Learning shared “thinking and decision making”
- Providing the opportunity to build “self-concept”

HOW TO EFFECTIVELY USE TIME OUT WITH YOUR CHILD

February 17, 2011 10:00am-12:00pm

This course teaches parents how to appropriately use time-out in their disciplining regime.

POTTY TRAINING

March 1, 2011 10:00am-12:00pm

Toilet training is a major milestone for children and has also been known to be very frustrating time for parents. This course is designed to give parents simple, practical techniques for effectively toilet training their children and some support during this major time of transition.

THE 7 SECRETS; Of Effective Fathers

March 8, 2011 9:00am-12:00pm

This 3 hour course is designed to present valuable guidelines for fathers to strengthen their family roles. These time tested techniques that have worked effectively in other families, will help fathers overcome and/or prevent barriers in their relationships with their children and help them understand themselves in relation to other fathers. The essential "insight and counsel" discovered during this course will help men become the fathers they want to be for their children.

POSITIVE DISCIPLINE

March 9, 2011 9:00-11:00am

This course is designed to help parents get their message across to their children by helping them learn to set limits, acknowledge feelings and by taking care of themselves.

LOVE AND LOGIC; Early Childhood Parenting Made Fun!

March 17, 2011 9:00am-12:00pm

This course is designed for families with children ages 0-6 years old and to help parents create happy families and responsible kids by;

- Learning to allow them to grow through their mistakes
- Learning to allow them to learn from the consequences of their choices
- Learning shared "control"
- Learning shared "thinking and decision making"
- Providing the opportunity to build "self-concept"

APRIL 2011

BASIC INFANT CARE

April 5, 2011 10:00am-12:00pm

This course is designed for families that are currently expecting or that have recently delivered new additions to their families. Some of the timely topics covered include understanding pregnancy; preparing for the birth; nurturing a healthy family; child growth and development; infant safety; and a visit with health care staff from IACH and WIC.

SCREAM FREE PARENTING

April 5, 2011 & April 12, 2011; 6:30-8:30pm

Army Community Services, Building 7264 Normandy Dr., Ft. Riley

This two session course is designed to help you start a **Revolution in Your Family!** Scream Free Parenting is not just about lowering your voice. It's about learning to calm your emotional reactions and learning to focus on your own behavior more than your kids' behavior . . . for their benefit. With these techniques, you can create and enjoy more calm, mutually respectful, and loving relationships with your children. **MUST ATTEND BOTH SESSIONS TO RECEIVE CERTIFICATE.**

THE 7 SECRETS; Of Effective Fathers

April 12, 2011 9:00am-12:00pm

This 3 hour course is designed to present valuable guidelines for fathers to strengthen their family roles. These time tested techniques that have worked effectively in other families, will help fathers overcome and/or prevent barriers in their relationships with their children and help them understand themselves in relation to other fathers. The essential "insight and counsel" discovered during this course will help men become the fathers they want to be for their children.

"IT'S NOT AS HARD AS YOU THINK;" Cloth Diapering, Making Baby Food & Breastfeeding in the 21st Century

April 20, 2011; 10:30am-12:00pm

Come learn easy ways to use and manage cloth diapers, making your own baby food, and breastfeeding. You will gain knowledge on how much money you can save by using these methods and how good it is for your baby and "Mother Earth." We will offer step-by-step guide and quick tips to implementing these strategies into everyday family life. This session will be lead by Cassie Miller, LMFT and Nina Keeler, LMFT (Moms who do these very things - every day).

LOVE AND LOGIC; Early Childhood Parenting Made Fun!

April 21, 2011 9:00am-12:00pm

This course is designed for families with children ages 0-6 years old and to help parents create happy families and responsible kids by;

- Learning to allow them to grow through their mistakes
- Learning to allow them to learn from the consequences of their choices
- Learning shared "control"
- Learning shared "thinking and decision making"
- Providing the opportunity to build "self-concept"

MAY 2011

THE 7 SECRETS; Of Effective Fathers

May 17, 2011 9:00am-12:00pm

This 3 hour course is designed to present valuable guidelines for fathers to strengthen their family roles. These time tested techniques that have worked effectively in other families, will help fathers overcome and/or prevent barriers in their relationships with their children and help them understand themselves in relation to other fathers. The essential "insight and counsel" discovered during this course will help men become the fathers they want to be for their children.

LOVE AND LOGIC; Early Childhood Parenting Made Fun!

May 19, 2011 9:00am-12:00pm

This course is designed for families with children ages 0-6 years old and to help parents create happy families and responsible kids by;

- Learning to allow them to grow through their mistakes
- **Limited free childcare is available to parents attending these classes.**
- **Call for information on trainings, support group and childcare locations**
- **MUST RSVP 3 DAYS BEFORE CLASS. Youth must also be current on shots and registered with CYSS.**

Army Community Service
New Parent Support and Ext.
7264 Normandy Drive, Custer Hill
Fort Riley, Kansas 66442
785-239-9435
rile.dmwracs@conus.army.mil

Family Advocacy Program (FAP):
Family Advocacy Program: Relationship Campaign, February 2011

February Is Celebrating Couples: It Takes Two!
Soldiers, Mates, Dates and Families can learn fun ways to add more enjoyment in your relationships by attending free workshops and game presentation:

“In It, to Win It!” We Are Teammates! Workshops

9:00am-4:30pm

Wednesday & Thursday, February 16 & 17, 2011

Wed, 16 Feb, 9:00am-12:00pm Infidelity & Marriage

1:00pm-4:30pm Finances & Marriage

Thurs, 17 Feb 9:00am-12:00pm Trauma & Marriage

1:00pm-4:30pm Blended Families

Riley's Conference Center.

Free registration. Free childcare with advance registration. Call 239-9435

Communication + Commitment = Happy Couples

9:00am-4:30pm

Thursdays, February 17 & 24, 2011

ACS Bldg. 7264 Normandy Drive

Free registration. Free childcare with advance registration. Call 239-9435

“Guess What Your Mate Will Say!” Couple Challenge Game (During Valentine Brunch)

11:30am-12:30pm,

Sunday, February 20, 2011

Do you know your spouse's favorite color? If your mate won the lottery ticket, what would he or she most likely to buy first? How does your mate help you to relax?

Come join the fun!

Riley's Conference Center

Free registration. Free childcare with advance registration. Call 239-9435

Exceptional Family Member Program (EFMP):

EFMP Respite Care: Funding will be based on EFMP enrollment and exceptional Family member's medical condition. Exceptional Family member must be enrolled in program. The qualifying Family is eligible to receive a maximum of 40 hours of respite care monthly for each certified Exceptional Family Member. Contact Army Community Service, Exceptional Family Member Program at (785) 239-9435.

Exceptional Family Member Program and New Parent Support Program will be hosting their annual EFMP & NPSP Spring Fling on April 23, 2011 from 10:00 am to 12:00 pm at the Army Community Service, Bldg 7264. RSVP: April 15, 2011

Exceptional Family Member Program and New Parent Support Programs offers:

Oh! Oh Baby it's Your Day!

This is a free program to all Military Families who have children from birth to Kindergarten, testing for Vision and Hearing health as well as a developmental assessment entitled Ages and Stages. Screening dates will be held between 1:30 pm to 4:30 pm on:

February 18, 2011

April 20, 2011

June 15, 2011

July 20, 2011

September 21, 2011

November 16, 2011

ACS Deployment and Family Readiness Training:

* Free Child Care for all Family Readiness Classes. * Pre-registration Required!

- Family Readiness Group (FRG) Leader Class - Instruction and guidance to assist newly appointed FRG Leaders, FRSA's and Commanders.

Each part is a 3-hour course.

Part I:

February 8, 9:00 am – 12:00 Noon

March 15, 5:00 – 8:00 pm

Part II:

February 9, 9:00 am – 12:00 Noon

March 16, 5:00 – 8:00 pm

* Also available online at

https://www.myarmyonesource.com/skins/aos2/display_ajax.aspx?ModuleID=a53b8c22-018c-40c9-b51f-d6a1263c9889

- Key Caller Class - This class provides instruction and guidance to assist newly appointed FRG Key Callers.

March 15, 10:00 am – 12:00 Noon

* Also available online at

<http://www.riley.army.mil/documents/acs.dmDocuments/100312122549.pdf>

- Funds Custodian Class - This class provides instruction and guidance to assist newly appointed FRG Funds Custodians.

Feb 16, 1:00 – 3:00 pm

* Also available online at

<http://www.riley.army.mil/documents/acs.dmDocuments/100317160005.pdf>

- Family Readiness Support Assistant (FRSA) Training: This training will provide FRSA's a basic knowledge of their roles and responsibilities as well as acquaint them with the various Army Community resources available to Soldiers and Family members.

* Mandatory to all new FRSA's

* Commanders welcome

* Open to all FRG

Volunteers

March 1 – 2, 9:00 am – 3:00 pm

Learning Center 1, 7604 Parker Street (785) 239-9485

Hours: 8:00 am – 5:30 pm

Services: Computer Lab (**Temporarily closed until further notice**)

Learning Center 2, 7656 Graves Street (785) 239-9824

Hours: 7:45 am – 5:00 pm

Services: (**No counseling services**) Tutor Center (**Open as scheduled**).

Tutoring Center hours will be: Monday, Tuesday, and Thursday: 9:00 am to 5:00 pm,

Wednesday: 9:00 am to 7:00 pm, Friday: 9:00 am to 3:00 pm, and Saturday: 11:00 am to 3:00 pm.

Contact phone number for Tutor Center and CLEP/DSST testing is (785) 240-3617.

Troops to Teachers:

Effective November 2, 2010, there will no longer be a Troops to Teachers representative at Fort Riley. The regional representative will be available by phone or email. POC:

Assoc. Regional Director/Kansas State Director

1-800-438-6851 or mdiderrich@mptt.org

Some of the valuable services that are provided through Troops to Teachers are:

- Assessment of academic qualifications
- Direct coordination with the Department of Education
- Personalized action plan to obtain a teacher's license
- Exam preparation
- Employment Assistance

If eligible for the program, Troops to Teachers program can provide up to \$10,000 in financial assistance. You may also be eligible for stipends and bonuses, which include; tuition, books and materials, fees, childcare, transportation, and other expenses. Please inquire with the point of contact listed.

English as a Second Language (ESL):

Barton Community College is now offering ESL classes for Active Duty Soldiers and Family Members. The class will provide beginning English language learners with an integrated English communication experience. Students will develop skills in speaking, listening, reading and writing. Areas of study and practice will include commonly-used sounds; essential academic and social vocabulary; simple sentence structure; simple paragraphing; conversation; reading aloud; and public speaking. The class will also address cultural differences, coping skills, and study skills.

As student language skills improve, students will work to improve their pronunciation, listening and reading comprehension, understanding of progressive and perfect verb tenses, public speaking effectiveness, sentence variety, and paragraph development. Students will work toward greater fluency in Standard English. Areas of concentration will include accent reduction, vocabulary building, use of phrasal verbs, understanding of active and passive voice, and basic essay skills.

The classes will coincide with the regular Leaders Skills Enhancement Courses (LSEC) schedule cycles. The class will be 45 minutes of lecture with practical exercises followed by a one hour lab and practical exercise. Classes will be in a classroom setting where students and instructors will be able to practice their communication skills. The student will be evaluated on communication development and can continue in additional ESL classes

Leader Skills Enhancement Courses (LSEC):

LSEC is designed to assist in the training of Noncommissioned Officers and Soldiers demonstrating leadership potential in the advanced skills needed to perform at higher-level leadership and staff positions. **ALL** Soldiers must enroll in GoArmyEd.

(<https://www.goarmyed.com/Login.aspx>)

Upcoming LSEC Cycles are as follows:

FEBRUARY

- Cycle 3: February 22 – April 8, 2011

Enrollment began on January 5, 2011 for Active Duty Soldiers, and on January 14, 2011 for Family Members and DoD Civilians, at Barton's office in 217 Custer Avenue, Room 105.

Class Schedule: <http://www.riley.army.mil/NewsViewer.aspx?id=2983>

Basic Skills Education Program Classes (BSEP) and GT Improvement:

BSEP is designed to assist Soldiers and Family Members needing instruction or review of basic skills in Math. GT Improvement classes are also available for Soldiers wanting to raise their GT Score. Reviews in math, vocabulary, and reading comprehension prepare the individual to re-take the Armed Forces Classification Test (AFCT).

Upcoming BSEP Classes:

- Cycle 5: February 1 – 24, 2011
- Cycle 6: February 28 – March 22, 2011
- Classes will be held at 8044 Normandy.

To enroll please see an Army Education Counselor.

Barton Community College:

Spring Semester on-post evening college classes: January 10 – March 12, 2011

Online classes begin: January 17 – March 20 (Session 1 for 9 weeks)

January 24 – May 22 (Session 2 for 17 weeks)

Central Michigan University:

Next on-post course will start:

February 18 – March 19, 2011

PSC 711 – Public Personnel Administration Practice

April 1 – 30, 2011

MSA600 – Foundations of Research Methods in Admin.

Central Texas College:

Spring Semester on-post evening college classes: January 10 – March 12, 2011

Online classes begin: January 10 – March 4 (8 week session)

January 10 – April 8 (12 week session)

January 10 – May 6 (16 week session)

Kansas State University:

No current on-post evening classes available

Southwestern College:

Next on-post course will start:

Education courses:

February 15 – May 3, 2011

EDUC 345 – Social Science in the Elementary School

February 17 – May 5, 2011

EDUC 323 – Introduction to Exceptionalities

Homeland Security courses:

February 15 – March 22, 2011

SMGT 311 – Introduction to Security

University of Mary:

Next on-post course will start:

February 9 – March 9, 2011

MGT 576 – Ethical and Legal Decision Making

Upper Iowa University:

Spring Semester on-post evening college classes: January 10 – March 12, 2011

Online classes begin: January 10 – March 6, 2011

Chaplains' Offices:

Please note for all services offering Nursery care, please bring immunization records with you.

Chaplains' Office

(785) 239-3359

Please visit our web-site at <http://www.riley.army.mil/>

Click on services-Fort Riley Services-Chaplain

Main Post Chapel

(785) 239-6597

Protestant Community Worship Service Sunday @ 10:30am

Kapaun Chapel

(785) 239-9608

FEBRUARY

Fort Riley Open Circle meetings are at the Kapaun Chapel Every Saturday at 1500

Contemporary Protestant Service Sunday @ 10:30am
Morris Hill Chapel (785) 239-4060

Gospel Sunday school @ 9:00am
Gospel Worship Service Sunday @ 10:30am
Roman Catholic Mass Sunday @ 9:00am
Roman Catholic Education Sunday @ 10:30am
Saint Mary's Chapel (785) 239-6597

Roman Catholic Mass Saturday @ 4:30 pm
Roman Catholic Mass Sunday @ 11:00am
Wednesday & Friday @ 12:00 pm
Irwin Army Community Hospital Chapel (785) 240-1443

Tuesday & Thursdays Catholic Mass @ 12:00 pm
Religious information:

Jewish information please call (785) 539-8462
Muslim Religious Services please call (785) 776-1033

LDS Services please call:
Single (785) 537-7870
Family (785) 539-1084
Junction City (785) 238-2951
Religious Education Director (785) 239-2979
Catholic Education Director (785) 240-1443
Religious Support Office (785) 239-3359
Morris Hill Chapel (785) 239-4060
Main Post Chapel (785) 239-6597
Saint Mary's Chapel (785) 239-6597
Kapaun Chapel (785) 239-9608
Normandy Chapel (785) 239-9149
Family Life Ministry (785) 239-3436

Boy Scouts:

To join, please contact (785) 238-5684 for more information.

Girl Scouts of Northeast Kansas and Northwest Missouri:

The Kaw Valley Girl Scouts have merged with 2 other councils and our new name is Girl Scouts of Northeast Kansas and Northwest Missouri. Funding for the council comes from the United Way of Geary County. If you are interested in being a Girl Scout leader or a Girl Scout please contact (785) 776-1488. We are always looking for Adult Leaders and volunteers to help out with the Service Unit Team Meetings. We are always looking for adult volunteers to help with special events. If you are interested, please contact (785) 776-1488.

Armed Services YMCA (ASYMCA):

- Take advantage of our childcare programs, while your children are enjoying their day with fun filled learning activities, and socializing with other's you are able to take time for yourself knowing your children are safe and well cared for. Please contact the ASYMCA for more information (785) 238-2972.

** Reservations are required one week in advance for all childcare programs. **

All children must be registered.

- Parent's Work Out:
Monday through Friday 8:30-10:45am

FEBRUARY

- Please provide a snack for your child
- \$4.25 1st child
- \$3.50 Per Additional child
- \$5.00 Children under 2
- \$4.25 Per additional children under 2
- Parent's Day Out:
Monday through Friday 11:00am-3:00pm
 1. You must provide a sack lunch and a snack for your children
 1. \$10.00 1st child
 2. \$9.25 per additional child
 3. \$10.75 for children under 2
 4. \$10.00 per additional child under 2
- Parent's Night Out: Enjoy an evening, go to dinner, or just get your grocery shopping done while your children are being well cared for in a safe environment.

Friday 5:30-10:00pm

2. You must provide a sack lunch and a snack for your children
5. \$10.00 1st child
6. \$9.25 per additional child
7. \$10.75 for children under 2
8. \$10.00 per additional child under 2

***All childcare program prices are for the entire program this is not an hourly rate. ***

Free Childcare: Two Saturdays a month for Families of deployed Soldiers. All children must be registered and we need a copy of deployment records.

Saturday 12:30-4:30pm

- Operation Kid Comfort: Program designed for children of deployed Soldiers to help them through the difficult time of their parent being away. Parents are taught how to make and design a quilt with pictures of the Family, deployed Soldier, or things that bring comfort to them. All supplies are provided. A \$5.00 fee is charged per Family for childcare if needed.

Building Rentals:

- The ASYMCA is available for your FRG Meetings free of charge with the availability for childcare on site for a minimal fee. Call to schedule.
- Need a place to hold a Kid's Birthday Party, Baby Shower, Bridal Shower, Scouts, etc. We offer our building for rentals. \$25.00 for 3hrs, including set-up and cleaning.
- Car Seat Loan Program: Geico insurance has provided us with car seats that we are available to loan for 1 month at no fee. The seats accommodate newborns to children up to 40 pounds.
- Operation Wheels: Free transportation service for activity duty military or their dependents living on Fort Riley or in Junction City. This is available for those that do not have a vehicle or for those who do not drive. We will provide 4 round trips per month at no charge to active duty or their dependents.
- The following locations are available for transportation:
- WIC Bldg. #7264
- ACS Bldg #7264
- Irwin Army Hospital Bldg #600
- Self Help Bldg. #289

- Post Chaplin Services
- Respite Care At ASYMCA
- Geary Community Hospital
- Junction City Health Department
- Appointments: Please call 24 hours in advance at 762-4780 to schedule a pick-up.
- For more information- Please call (785) 238-2972, email asymca@nqks.com, or stop by at 111 East 16th Street, Junction City.

Army Career and Alumni Program (ACAP):

- Transitioning Service Members: Are you a Soldier planning to transition from the military? If so, schedule your mandatory Pre-separation Briefing by logging on ACAP Express at <https://www.acapexpress.army.mil> or by calling (785)-2278. Briefings are held Monday, Tuesday, Thursday, and Friday at 9:00am, 10:30am, 1:00pm and 2:30pm. Soldiers reporting for their initial Pre-separation Briefing without a valid AKO account/password and/or arriving late will be re-scheduled.
- You may start the ACAP process up to 12 months prior to separation for ETSing Soldiers and up to 24 months prior to anticipated retirement date for Retiring Soldiers. In no event should the process begin later than 90 days prior to separation. All Soldiers regardless of reason being separated are required to complete this briefing. You do not need orders to begin the ACAP process. ACAP is here to assist Soldiers in determining whether to "get out" or "stay in".
- In addition to the Pre-separation Briefing, all Soldiers are required to attend a 4-hour VA Benefits Briefing prior to separating. This briefing is held Thursdays 9:00am-2:00pm. For those Soldiers injured while in service or want more information on the Vocational Rehabilitation program are welcome to attend the DTAP VA Briefing, Thursdays 2:00-4:00pm.
- Interested in Resume Writing? Interviewing Skills? ACAP offers a 2.5 day Job Workshop (TAP) weekly. The workshop also focuses on assessing skills, defining career goals, researching employment opportunities, and planning effective job searches. Completion of the TAP Workshop is required for further ACAP Counselor resume assistance.
- Our main office is located at 210 Custer Avenue, Room 006. In addition, we offer ACAP services for eligible Soldiers and Families assigned to the WTB and/or pending an MEB/PEB at the Soldier and Family Assistance Center (SFAC) 674 Warrior Road, Room 113, (785)-8368.
- Other seminars offered as scheduled: Pre-Business Seminar, Personality Assessment, and How to Work a Job Fair. Please visit <http://www.acap.army.mil> for calendar of events and more information.
- Spouses are welcome and encouraged to attend ACAP services. Briefings/seminars are by appointment only! Soldiers and spouses must have a valid AKO account to utilize ACAP services.
- Our main office is located at 210 Custer Avenue, Room 006. In addition, we offer ACAP services for eligible Soldiers and Families assigned to the WTB and/or pending an MEB/PEB at the Soldier and Family Assistance Center (SFAC) 671A 3 Street, (785) 239-8368.
- ACAP will be offering the D.A. Federal Resume Seminar. This seminar is open to all ACAPing Soldiers that have completed their Pre-separation Briefing. This class is offered monthly. Please call (785)-2278 for specific dates and times.
- Spouses are welcome and encouraged to attend ACAP services. Briefings/seminars are by appointment only! Soldiers and spouses must have a valid AKO account to utilize ACAP services. Please visit <https://www.acap.army.mil> for more information.

FEBRUARY

Civil Air Patrol (CAP) USAF Auxiliary:

Would you like to honor and serve America? Do you want to prepare for your future while making new friends? Then rise to the challenge of cadet membership in the CAP. Cadets fly, hike, camp, get in shape, learn to lead and push themselves to new limits. If you are dreaming about a career in aviation, space or the military, CAP's Cadet Program is for you. An average of 10% of the cadets at the U.S. Air Force Academy got their start in CAP. To become a cadet you must be aged 12-18. Cadets meet two (2) hours per week and for some Saturday activities and have opportunities to attend leadership encampments, career academies and international exchanges during the summer. We meet every Tuesday at Freeman Field Airport, Junction City from 7:00-9:00pm or call 209-8223 for more information. If you need more information please go to our website www.gocivilairpatrol.com.

Fort Riley, Kansas
"Home of the Big Red One"

